



11D and Fort Riley Monthly News Update



Blue Star Museums and National Parks Free to Military

Museums across the country designated as "Blue Star Museums" will offer free admission to all active duty military personnel and their families from present through Labor Day (September 3). You can find the list of participating museums here: www.arts.gov/bluestarmuseums.



Military members and their Families can visit more than 2,000 national parks, wildlife refuges, national forests, and other public lands around the nation, without paying entry fees. Active-duty and activated Guard and Reserve service members can pick up the new military version of the "America the Beautiful National Parks and Federal Recreation Lands Annual Pass. The pass will be accepted at National Park Service, U.S. Fish and Wildlife Service, Bureau of Reclamation, Bureau of Land Management, U.S. Forest Service and U.S. Army Corps of Engineer recreation sites that charge entrance or standard amenity fees. With the pass, those entry fees will be waived.



For more information on the pass, please visit: <http://store.usgs.gov/pass/>

June 1, 2012

Calendar of Events:

June 4 - 1-63 AR
Change of Command
10:00am

June 5 - 2/11D
Change of Command
10:00am

June 7 -15—Victory Week (check the back calendar for more information)

June 10 - Daughtry Concert at Riley's Conference Center
5:00pm

June 15- 18 - Division Training Holiday

June 21-24 - Country Stampede (Sunday the 24th Military Appreciation Day)

June 25 - Monthly Retirement Ceremony
10:00am

See pages 10 & 11 for more calendar updates.

House Votes to Expand Foreclosure Protections



The House overwhelmingly passed an amendment recently that would expand foreclosure protections for service members, their families and disabled veterans.

The amendment extends existing protections in the Service members Civil Relief Act to troops serving in support of contingency operations, surviving spouses of service members whose deaths are service-related, and veterans who are 100 percent disabled at the time of discharge because of service-connected injuries.

For more on this story please visit : <http://214.14.134.30/ebird2/ebfiles/e20120522889066.html>

(Courtesy of Army OneSource)

To All Our Big Red One Dad's!

Wishing You
A Happy
Father's Day

www.JunioreLayouts.com

Country Stampede, at Tuttle Creek Park, Manhattan, KS, Sunday "Military Appreciation Day" tickets are available at Leisure Travel or check with your units FRSA. Sunday Tickets Can be upgraded at Leisure travel to a 4-day pass for \$85.



EFMP Respite Care Across the Services

The daily routines of taking care of a family member with a severe disability can take a physical and emotional toll on the primary caregiver, especially for family members requiring around-the-clock care. Respite provides a short-term break from care giving activities allowing parents and caregivers to do things such as rest, run errands, spend personal time alone, or spend time with friends. A variety of options are available for respite care services, however the availability varies within the services.

For more information on the various Service respite programs visit the May 2012 Issue of The Exceptional Advocate. The Exceptional Advocate is a monthly publication of The Department of Defense Office of Community Support for Military Families with Special Needs. To subscribe go Military HOMEFRONT (<http://apps.mhf.dod.mil/pls/psgprod/f?p=AMS:SUBSCRIBE:0>) and click "EFMP Newsletter".

(Courtesy National Military Family Association)



Military Family Participants for Penn State Research Needed

Military Families! Dr. Jennifer Sumner and Dr. Danielle Boisvert, Penn State Harrisburg professors, are conducting research about the experiences of military families and they want to hear from you. The research is titled "Experiences of Military Families." They know you face unique challenges as you manage everyday life and they are trying to learn more about these experiences.



Participants need to be a member of the military or a non-service member, such as a partner or spouse of a service member and have a child ages 6 through 18 living at home. The survey will take about 20 minutes to complete, responses are completely anonymous, and cannot be linked back to you in any way. If you are interested in learning more about this study visit , <https://web.survey.psu.edu/mf> .

Their study will look at the experiences of military families in relation to their stress and social support. The findings will provide valuable information that can be used by policy makers to develop and implement recommended changes. The study will be kept confidential and anonymous.

(Courtesy National Military Family Association)

Nutrition Tip - Make Better Beverage Choices

What you drink is as important as what you eat. Many beverages contain added sugars and offer little or no nutrients, while others may provide nutrients but too much fat and too many calories. Here are some tips to help you make better beverage choices:

- **Drink water:** Drink water instead of sugary drinks when you're thirsty. Regular soda, energy or sports drinks, and other sweet drinks usually contain a lot of added sugar, which provides more calories than needed. To maintain a healthy weight, sip water or other drinks with few or no calories.
- **How much water is enough?** Let your thirst be your guide. Water is an important nutrient for the body, but everyone's needs are different. Most of us get enough water from the foods we eat and the beverages we drink. A healthy body can balance water needs throughout the day. Drink plenty of water if you are very active, live or work in hot conditions, or are an older adult.
- **A thrifty option:** Water is usually easy on the wallet. You can save money by drinking water from the tap at home or when eating out.
- **Manage your calories:** Drink water with and between your meals. Adults and children take in about 400 calories per day as beverages; drinking water can help you manage your calories.
- **Kid-friendly drink zone:** Make water, low-fat or fat-free milk, or 100% juice an easy option in your home. Have ready-to-go containers filled with water or healthy drinks available in the refrigerator. Place them in lunch boxes or backpacks for easy access when kids are away from home. Depending on age, children can drink ½ to 1 cup, and adults can drink up to 1 cup of 100% fruit or vegetable juice* each day.

*100% juice is part of the Fruit or Vegetable Group. Juice should make up ½ or less of total recommended fruit or vegetable intake.

(Courtesy Military Homefront)

Social Media and Suicide Prevention



There are now resources in social media to help you reduce the risk for suicidal behavior and to get help. Social media, such as chat rooms, blogs, video sites like YouTube, and social networking sites such as Facebook, Twitter, and Google+, have become important ways in which many people communicate and share information

about a variety of topics, including suicide. Social media can also be used to increase awareness and provide information on suicide prevention programs, crisis help lines, and other educational resources such as Substance Abuse and Mental Health Services Administration (SAMHSA) or the National Suicide Prevention Lifeline. The Department of Defense (DoD) is also using social media to address the problem of suicide. For example, the Afterdeployment.org Facebook and Twitter accounts provide education and prevention information tailored for the military community .

(Courtesy of AUSA)

Green Care for Troops

Military families with loved ones currently deployed in the armed forces are invited to participate in Project EverGreen's GreenCare for Troops program. Please complete this registration form and submit to Project EverGreen. All information asked of you is kept confidential with us for record keeping purposes only. If a volunteer is found in your area, you are notified first and given the contact information of the volunteer.



The volunteers help with lawn work for families. For more information, call Joy Westenberg at 888-611-2955. Volunteers sign up at <http://projectevergreen.com/gcft/volunteer> . Military families requesting help with lawn care register online at http://projectevergreen.com/gcft/get_greenecare.html .

Adults Should Check Their Immunization Status



Immunizations are for everyone!

Just like childhood immunization, adult immunizations are an excellent way to prevent many diseases that can be

harmful or even deadly. The Centers for Disease Control and Prevention (CDC) wants everyone to know that vaccines aren't just for kids.

According to the CDC, things wear down as we get older, such as our vaccinations. They want to remind adults that some of the protection they received from their childhood vaccines may have worn off or need an adult vaccine. For example, beneficiaries that received a chickenpox vaccination as a child may need to get another vaccine. Chickenpox and shingles are caused by the same virus, but shingles is more common among people over 60 years of age. If you're over 60, you may need to get a shingles vaccination. Also, you might want the vaccination against tetanus, diphtheria and pertussis – known as Tdap. The parts containing diphtheria and pertussis vaccine could help you from infecting others, such as your grandchildren. This is a good discussion to have with your Primary Care Manager (PCM).

Beneficiaries can also request their PCM to run a blood test called a vaccine titer. It will tell you what vaccine antibodies are still present in your blood. After the results are received, you can sit down with your PCM and decide what the best course of action is. It is important for TRICARE and TRICARE for Life eligible beneficiaries to remember that vaccines are considered preventive services and are free. Beneficiaries may need to pay a co-payment for the doctor's visit, but not for the vaccine.

(Courtesy National Military Family Association)

2012 Basic Allowance for Housing (BAH) Rates

The overall average military Basic Allowance for Housing rates across the country increased over the last year. The 2 percent increase cannot be tied to any single factor. BAH rates are based on the combination of local costs for rent, utilities and renter's insurance for various housing types. Any fluctuation of one or more of those factors in a given location will affect BAH rates for that location. To view the 2012 BAH rates, please see: <http://mnstr.me/KjfxTU>

(Courtesy of AUSA)

AIR FORCE RESERVE PRESENTS TOUR FOR THE TROOPS

FREE ADMISSION

DAUGHTRY

SUNDAY, JUNE 10TH - FORT RILEY
OUTSIDE RILEY'S CONFERENCE CENTER

GATES OPEN AT 5 PM - OPENING BAND BEGINS AT 6 PM

No outside
food/beverage,
glass, coolers or pets.
No ATM onsite.



AIR FORCE RESERVE

800-237-8279 • AFRreserve.com

1ID FRG's will be providing a wide selection of food items to purchase during the event. So Bring your lawn chair or blanket and come out for a great night of Music !

Care Team Training

4IBCT will be offering a Care Team training on July 12th from 6:00pm -8:00pm. You do not need to be a member of 4IBCT it is open to anyone interested. If you are interested in attending, please contact Linda Mays at 240-3526 or via email at linda.r.mays2.civ@mail.mil.

The purpose of the Care Team is to offer short-term care and support to families of deceased and seriously wounded Soldiers until the family's own support structure is in place. It is important to note that the Care Team will only be utilized at the request of the family and should not be assumed to be needed in all traumatic events

Looking to stay connected with your fellow Sisters in Christ this summer?



Protestant Women of the Chapel
has a great opportunity planned!

Join us for some fantastic summer fun at the
Morris Hill Chapel Playground

Every Tuesday
June 5th-August 14th
beginning at 10am

Come join us for a short devotional while the kids play.
Afterwards, we will split into groups to do a fun activity.
These activities might include: going to the pool, bowling, coffee, lunch, etc.

Out and About the Fort Riley Area



Support United Way of Riley County at DinnerbyDesign, an interactive dinner where tables team up to cook their own dinner under the tutelage of **Chef Howard Hanna**, owner/chef of **The Rieger Hotel Grill & Exchange** in Kansas City.

Interact with area restaurant chef's during cocktail hour and learn about the interactive dining experiences that will be auctioned off between meals. Tickets include the interactive three course dining experience with the option of sommelier paired wines or cash bar.

Tickets @ www.unitedwayrc.org :

\$100 3-Course Interactive Experience w/ Cash Bar

\$140 3-Course Interactive Experience w/ Sommelier Paired Wines



Thursday, May 31 - Sunday, June 3
3JC Freeman Field Junction City, KS
 GRASS RUNWAYS - Tail Dragger Heaven
NO CROSSWINDS
 Aircraft and Pilots of all shapes & sizes **WELCOME!**

CAMP WITH YOUR AIRCRAFT - SHOWERS AND SHELTER AT ARBORY ON THE FIELD
 AIR-CONDITIONED ARMORY BUNK HOUSE AVAILABLE ON FIRST-COME BASIS
 Please check our website for existing jobs available during the National Bidplane Fly In.

www.nationalbidplane.com

REGISTRATION: \$100 per team/runner (open to all) at 5AM Monday for all vendors, pilots and drivers.
 BREAKFAST: 11:30AM-12:00PM at Museum from 10:00AM to 12:00PM (open to all) \$100
 \$100 per team/runner for vendors, pilots and drivers at 5AM 2011 MARCH
 7:00 pm USA Cruise, Radio Meeting (hosted by Jeff Smith)
 SATURDAY: 7:00 am Pancake Feed - Aircraft judging begins
 2:00 pm the Green (Beverly Fly Club to Jim & Debby Clark's Prairie Cottage-Army)
 \$100 per driver and award presentation at Army on the Field.
 SUNDAY: 7:00 am Continental Breakfast & Buffet for departing pilots and crews

Heartland Park Topeka Offers FREE Tickets

Are you a race car junky or just want to get away for a new experience? Check out Heartland Park Topeka.



Heartland Park Topeka provides top-notch entertainment for all types of racing fans. Heartland Park Topeka is a multimillion-dollar complex including a quarter-mile drag strip with 23 luxury suites, a 2.5-mile championship road course and a 3/8-mile dirt oval track. The multipurpose facility hosts a wide variety of entertaining events, including a NHRA Drag Racing National event featuring Top Fuel, Funny Cars and Pro Stocks. Heartland Park Topeka is dedicated to providing fans the best possible experience.

You can experience all the excitement for FREE when you present your military ID at the ticket booth. Every event to include the NHRA Nationals are FREE to military members and dependant ID cardholders.

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23
TITAN
TITANFIGHTING.COM

FRIDAY, JUNE 15
LIVE FROM MARSHALL ARMY AIRFIELD ON FT. RILEY

Briggs Auto.com MWR HDNet Your Home for MMA

2012 Victory Carnival
Open to the public.

7 JUN, 4pm-10pm
8 JUN, 4pm-10pm
9 JUN, 12pm-10pm
10 JUN, 12pm-5pm

Rally Point Field
Free Daughtry concert on Sunday after the carnival closes (Pg. 6).

Victory Carnival brings the carnival experience right here to Fort Riley at Rally Point Field. Fun and entertainment for the entire family. Tickets and wristbands are available on site to purchase for games and rides.

www.rileymwr.com

For more information please call 785.239.2807

SPONSORED BY: FREEDOM DISCOUNTERS, Little Apple Toyota/Honda, QUANTICO TACTICAL, USAA

No outside food, beverages, coolers, or pets allowed.

USO No Dough Dinner and Fort Riley Recycling Open House

USO is hosting its regular No Dough Dinner in conjunction with the Fort Riley Recycle Center Open House. Free dinner for all troops and families on June 28 from 5:00pm - 6:30pm. Event location will be at Bldg 1980 G Street on Camp Funston. Enjoy games for the kids, bouncy castle, tours of the recycle center will be given and lots of prizes to be given away. Some gifts that will be given away are 2- \$50 gift certificates to the Commissary, 2- \$25 gift certificates to the Exchange and a Chill N Grill set.

Contest information: children's coloring contest—the top 2 winners will receive a \$25 gift card to the Exchange, all contestants will receive a small token for entering. Kids will color a picture relating to recycling that will need to be submitted NLT June 22nd to one of the following locations: MWR (Bldg 253), USO, or the Recycle Center. Pictures will be displayed during open house and voted on by attendees. Winner's will be notified the following day. Pictures that can be used for contest are at the back of the newsletter.

1 VICTORY WEEK JUNE 7-15
VICTORY CARNIVAL - DAUGHTRY CONCERT - UNIT SPORTING EVENTS
CEREMONY OF REMEMBRANCE - TITAN FIGHT - ARMY BIRTHDAY

2012 SCHEDULE OF EVENTS

VICTORY CARNIVAL ----- 785-239-2807
Thu-Sun, Jun 7-8, 4-10pm, Jun 9, Noon-10pm, & Jun 10, Noon-5pm - Rally Point

DAUGHTRY CONCERT ----- 785-239-6398
Sun, Jun 10, Gates Open at 5pm, Opening Band at 6pm - Riley's Conference Center

SPORTING EVENTS FOR SPECTATORS ----- 785-240-2700

VICTORY RUN: Mon, Jun 11, 6:30am - Custer Hill
PAINTBALL TOURNAMENT: Mon, Jun 11, 9am - Outdoor Recreation Center
CALL OF DUTY COMPETITION: Mon, Jun 11, 9am - Warrior Zone
BILLIARDS COMPETITION: Mon, Jun 11, 9am - Warrior Zone
SAND VOLLEYBALL: Mon, Jun 11, 9am - Next to building 7001c
5X5 BASKETBALL: Mon-Wed, Jun 11-13, 9am - Long Fitness Center
COMBATIVES: Mon-Wed, Jun 11-13, 8am - King Field House
VICTORY 10 MILLER: Tue, Jun 12, 6am - Vintage School Road
VICTORY WARRIOR COMPETITION: Tue, Jun 12, 6am - Begins at Long Gym
GOLF SCRAMBLE: Tue, Jun 12, 8am & 1pm - Custer Hill Golf Course
WEIGHT LIFTING: Tue, Jun 12, 9am - Robinson Fitness Center
WATER POLO: Tue, Jun 12, 9am - Custer Hill Pool
COLOR GUARD COMPETITION: Tue, Jun 12, 9am - Division Headquarters (580)
FLAG FOOTBALL: Tue, Jun 12, 9am - Recreation Fields behind Kapaun Chapel
SOFTBALL: Tue & Wed, Jun 12-13, 9am - Sacco Field Complex
ARM WRESTLING: Wed, Jun 13, 9am - Warrior Zone
TUG OF WAR: Wed, Jun 13, 9am - Long Fitness Center
SKEET SHOOTING: Wed, Jun 13, 9:30am - Skeet and Trap Range
BOWLING: Wed, Jun 13, 9am - Custer Hill Bowling Center

VICTORY PARK CEREMONY ----- 785-239-5979
Wed, Jun 13, 9am - Victory Park

VICTORY DINNER ----- 785-239-4836
Wed, Jun 13, 6pm - Riley's Conference Center

VICTORY CUP AWARDS CEREMONY ----- 785-239-3863
Thu, Jun 14, 9:30am - Custer Hill Parade Field

U.S. ARMY & BIG RED ONE BIRTHDAY CELEBRATION --- 785-239-3863
Thu, Jun 14, 10:30am - Custer Hill Parade Field

TITAN FIGHTING CHAMPIONSHIP ----- 785-239-5614
Fri, Jun 15, Gates open at 6pm, Fights start at 7pm - Hangar 863, MAAF

FOR UP-TO-DATE INFORMATION, VISIT
FACEBOOK.COM/ISTINFANTRYDIVISION
RILEYMWR.COM | RILEY.ARMY.MIL

Running Technique Clinic

Do you want to learn to run more efficiently and with less strain on your back and knees? Do you need to run faster for your next APFT or race? Are your lungs on fire when you run uphill? Do your joints hurt when you run downhill? This 90 minute clinic will teach you how to position your body and foot strike to maximize your momentum and reduce your injuries. The clinics will be scheduled a few times a month at King Field House and Long Gym. There are only 4-5 minutes of running during the clinic for gait analysis so the clinic is fine for brand new runners. Clinics can also be scheduled for groups (unit PT, FRGs, etc) by contacting Angi. The clinic costs \$15 per person and includes instructional handouts. Please come dressed in running clothes to start the clinic indoors and then move outside for the gait analysis and uphill and downhill running section.



If possible, please sign-up and pay in advance with Vincent Spencer (Fitness Coordinator) upstairs in the Functional Fitness Area at King Field House. For questions or upcoming April and May dates, please contact Angi Buckley at angibuckley@yahoo.com.

Ever wish you could compliment someone for doing a good job or wanted to make a complaint but didn't know where to go? Click on the following link and leave your ICE Comment and it goes to the appropriate personnel to take care of your concern.



http://ice.disa.mil/index.cfm?fa=site&site_id=17



FLAG DAY

June 14, 2012



The Sesame Street/USO Experience for Military Families



Sesame Street and the USO are bringing the furry, fuzzy and friendly muppets to military families around the world.

PROGRAM HIGHLIGHTS:

- » Meet Katie, a military kid on Sesame Street who is moving to a new place
- » Free admission for military families and their children
- » Mini-show and giveaways
- » For tour information visit www.sesamestreet.org/TLC and www.uso.org



DATE: TIME: PLACE: TO SIGN UP:

June 18, 2pm, 6pm & June 19, 6pm

Long Fitness Center

Tickets available at the Leisure Travel Center, 785-239-5614.



Hands On Kansas to host Furniture Amnesty Day

Every year on the last Friday of July (July 27, 2012), Hands On Kansas hosts a Furniture Amnesty Day. Furniture Amnesty Day is open to Manhattan, Fort Riley and other surrounding communities where people can drop-off and pick-up used furniture. They are hoping that they might get some Soldiers with trucks who would like to volunteer their time to help pick-up and drop-off furniture. Great opportunity to gain volunteer hours for the MOVSM. Furniture Amnesty Day is a huge event and provides furniture to hundreds of homes in need. Having Fort Riley soldiers apart of Furniture Amnesty Day is very important because it gives soldiers a chance to bond with community members and see their benefits first hand. Any soldiers or family members willing to participate, please contact HandsOn by email handson@k-state.edu or by phone at (785)532-3670.



FREE Child Care for FRG Meetings!!!



Fort Riley Child & Youth Services now provides free childcare for Family Readiness Group Meetings. This is open to all units on Fort Riley. Contact your FRG leader or Family Readiness Support Assistant (FRSA) to make your childcare reservation once CYS registration has been completed. CYS registration of your child or children is mandatory!

Location of childcare will be determined by the age of child/children; the sites of childcare are Warren Road Child Development Center, Bldg. 6950 and/or School Age Services, Bldg. 5810. Time of childcare offered is from 6:30pm to 8:30pm. Reservations for care will be taken up to three days prior to scheduled childcare opening!

Future dates of childcare are as follows:

June - 12th & 26th

July - 10th & 24th

For more information, please contact the Central Registration office at (785)239-9885 or stop by Bldg. 6620 Normandy Dr.



Sundown Salute Activities:

Parade
10 & 5 K Race
1 Mile Fun Run
Carnival
Fireworks

Entertainment on the Main Stage 2012:

Uncle Kracker Hometown Tour
Landslide – Tribute to Fleetwood Mac
Double Vision – Tribute to Foreigner
Think Floyd – Tribute to Pink Floyd
Hells Bells – Tribute to AC/DC
Houses of the Holy – Tribute to Led Zeppelin
Blackwater – Tribute to The Doobie Brothers
Dead or Alive – Tribute to Bon Jovi
Silver Bullet – Tribute to Bob Seger
Edge of Forever – Tribute to Lynyrd Skynyrd
Mark Schultz

For more information on Sundown Salute visit:
<http://www.sundownsalute.org/home.html>

Fathers, Families, & Fun All Month Long

Father's and Family Picnic & Field Day

June 2, 11am-2pm - Rally Point Sports Field

24/7 Dad Workshop

June 11 & 12, 9:30am-4:30pm - ACS

Dad's Tea Party

June 16, 10am-Noon - Parent Central

Dad's Boot Camp

June 25, 6pm-7:30pm - IACH

**Prizes will be given away at all classes.*

**Come out and celebrate the Father's
in your lives because Dads truly
Make A Difference.**

Call 785-239-9435 for
more information.

Join us at Day Camp

Thursday, June 21, 2012
9 a.m. to 3 p.m.
Pottorf Hall
Riley County Fairgrounds
Manhattan, Kansas

Spend the day with us making new friends, learning new things and most of all having a ton of fun! Lunch and snacks will be provided.

Day Camp is open to all military connected youth, ages 7 to 12 years of age. Military connected is any child whose parent is Active Duty, National Guard, Army Reserve, Air Guard or any other branch of the military.

There is no registration fee to attend, but we ask that you pre-register by June 14 by sending an e-mail to Corrine Huse, chuse@ksu.edu including:

Date and Site of Day Camp
Child Participant's Name and Age

Corrine will send confirmation of registration along with a participation form that must be completed and returned prior to the day of camp.

For more information contact:

Ann Domsch, OMK Project Coordinator
adomsch@ksu.edu
785-532-2276



School and Sports Physicals 2012



- Projected Needs 2012 School Physicals: over 4,000
- Saturday Offerings:
 - 14 July - IACH Primary Care
 - 21 July - FHC
 - 11 Aug - CHHC, FHC, and IACH PC Clinics
- Weekday Offerings throughout the summer
- Appointments available now!
- Total Projected School Physical Offerings: 4,400

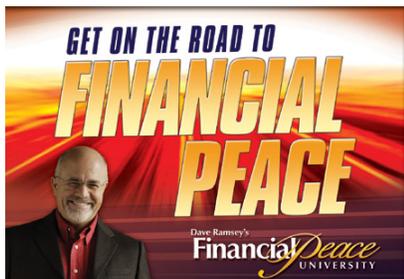


• Call 239-DOCS (3627) for your appt



Financial Peace University Classes Scheduled

Get on the Road to Financial Peace with Dave Ramsey's Financial Peace University. This is a 13 session weekly class covering budgeting, debt reduction, saving and other



financial topics. Sessions start June 6th, this is an evening class from 6:00pm - 8:00pm located at the Resiliency Center on Custer Hill or June 14th from 9:00am - 11:00am at the SFAC located in the WTB Compound. For more information or to sign up for the classes, please call (785)239-5032.

More classes begin in August. Great class for those whose Soldier's are deployed!!!

Manhattan Military Relations Committee (MRC) June Luncheon Scheduled

The monthly Military Relations Luncheon is on June 6th at the Clarion Hotel in Manhattan at 11:00am. Please make time in your schedule to come and hear a wonderful presentation. Guest speaker is COL John Morgan from the Combat Aviation Brigade.



Manhattan Area Chamber of Commerce
Military Relations Committee

To RSVP: call the Chamber of Commerce at 785-776-8829 or register online under Upcoming Events at www.manhattan.org under the MRC Luncheon.

Alison Pulcher is the new Military Community Liaison so please feel free to register through her by contacting her through email: Alison@manhattan.org, or by calling (785) 776-8829.

Military Spouses are Free, when attending this event.

June

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 - 1-7 FA Change of Command 10:00am - Network Meeting 10:30am	2 - Dads Make A Difference Picnic - Wine in the Wild at Sunset Zoo - National Bi-Plane Fly in Junction City at Freeman Airport - SCCA Racing
3 SCCA Racing Event	4 1-63 AR Change of Command 10:00am	5 - 2/1 ID Change of Command 1:00pm	6 - 3-13 FA Change of Command (Sill) 9:00am - 1001MP (CID) Deactivation Ceremony 10:00am - Manhattan MRC Luncheon 11:30am	7 - 100 BSB Change of Command (Sill) 9:00am - Dr. Mary E. Walker Ceremony 4:00pm	8 11D Birthday	9 - Family Canoe Trip with Outdoor Rec
				Victory Carnival June 7-10		
10 - Daughtry Concert 5:00pm	11 - Victory Run 6:30am	12 - Remembrance Ceremony 5:00pm	13 Victory Park Ceremony 9:00am	14 Army's Birthday - Victory Cup Ceremony 9:30am - Eisenhower Wreath laying Ceremony 10:00am - Army and 11D Birthday Celebration 10:30am	15 - Titan Fighting Championship 7:00pm	16 - Dad & Me Tea Party 10:00am
	Victory Week Competition and Ceremonies June 11- 14				Division Training Holiday June 15-18	
17 Father's Day	18	19 Juneteenth - Yellow Ribbon Social Special Edition "The Art of Love Letters" (TBD)	20 First Day of Summer	21	22 - Softball Tournament - Midnight Madness 6:00pm - 12:00am	23 - Softball Tournament- Midnight Madness 12:00am -6:00am - Governor's Day @ First Capital Building
	Sesame Street/USO Experience 18-19 June					
Division Training Holiday June 15-18				Country Stampede June 21-24 (Military App Day June 24)		
24	25 - Monthly Retirement Ceremony 10:00am	26	27	28 - USO "No Dough Dinner" and Recycling Open House 5:00pm	29	30 - Commissary Farmers Market
						

July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 Independence Day	5	6 - MLB All Star Fan-fest 8:30am	7
			Division Training Holiday		Division Training Holiday July 6-8	
8	9	10	11	12	13 - Fort Riley Network Meeting 10:30am - 2012 Soldier Show @ McCain Auditorium 6:00pm	14 - Little Apple Jazz Festival 5:30pm
15	16	17	18 - 4 MEB Change of Command/Change of Responsibility Ceremony 10:00am	19	20 - MEDDAC Change of Command 10:00am - FRG Lottery Meeting for Fall Apple Day Festival 1:00pm	21 - 10-5-2 Mile Prairie Run - Special Needs Rodeo at Geary County Fairgrounds
22	23	24 - Volunteer of the Quarter Ceremony 6:00pm	25 - Monthly Retirement Ceremony 10:00am 	26 - Military Appreciation Night at Kaw Valley Rodeo 8:00pm	27	28 - Riley Round Up - LT. Dan Band Concert
				Kaw Valley Rodeo 26 - 28 July		
29	30	31				

Send your events, news, contact information, etc., to:

Stacie Dumas
1st Inf. Div. FRSA Building
580, Room 333

All information needs to be received by June 25, 2012 for the next monthly newsletter.

Phone: (785)240-1251
Fax: (785)239-0416

E-mail:
stacie.r.dumas.civ@mail.mil
or
stacie.dumas@us.army.mil

GOT NEWS!!!



On the Web!

1st Infantry Division & Fort Riley Homepage - www.riley.army.mil

Fort Riley MWR - www.rileymwr.com

Army vFRG - www.armyfrg.org

Fort Riley Religious Support - www.riley.army.mil/UnitPage.aspx

US Army Homepage - www.army.mil

MyPay - <https://mypay.dfas.mil>

Irwin Army Community Hospital - <http://iach.amedd.army.mil>

Ready Army - www.riley.army.mil/areainfo/readyarmy.aspx

Fort Riley MWR Twitter Page - <http://twitter.com/rileyfmwrbear>

1ID Facebook Page - <http://www.facebook.com/1stInfantryDivision>

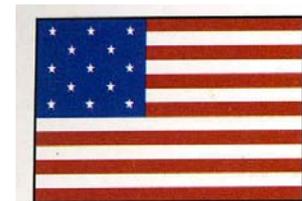
Fort Riley Facebook Page - <http://www.facebook.com/FortRiley>

1ID Flickr Page - <http://www.flickr.com/photos/firstinfantrydivision/>



Did You Know?

- Secretary of State George C. Marshall described the Marshall Plan, June 5, 1947.
- U.S. Senator Robert F. Kennedy shot by an assassin June 5, 1968. Died the following day, 1968.
- Benjamin Franklin discovered electricity on June 15, 1752.
- Charles Goodyear was granted a patent for rubber vulcanization, June 15, 1844.
- George Washington appointed commander in chief of the Continental Army, June 15, 1775.
- Ford Motor Company founded, June 16, 1903.
- Burglary of Democratic Party headquarters in Washington, D.C., touched off Watergate political scandal, June 17, 1972.
- United States declared war on Great Britain, June 18, 1812.
- The very first baseball game was played on June 19, 1845, across the Hudson River in Hoboken, New York.
- Congress adopted the design for the Great Seal of the United States, June 20, 1782.
- Allied forces captured Okinawa during World War II, June 21, 1945.
- The Pledge of Allegiance was recognized by Congress on June 22, 1942
- Sioux Indians massacred Little Bighorn, Montana, June 25, 1876.



13 STARS
1777-1795

Continental Congress adopted the Flag of the United States, June 14, 1777.

- The Korean War began on June 25, 1950
- Federal Food and Drugs Act of the United States became law, June 30, 1906



Updated: 6/01/2012

Army Community Service
239-9435

I Need Assistance With....

Military & Family Life Consultants
239-1883/250-9057

MMR Website
www.rileymwr.com

1st ID Website
www.1id.army.mil

Newcomers Sponsorship
www.riley.army.mil/newcomers/Sponsorship.aspx

Military One Source
1-800-342-9647
www.militaryonesource.com

My Soldier is in _____ CO _____ BN _____ BDE _____ ID.

My FRG Leader is _____

Her in all address is _____

Her phone number is _____

My Company Commander or PDC is _____

Office #: _____

Email: _____

EMERGENCY

Post Operator
785-239-3911
Military Operator

Inn Air Community Hospital
Emergency Room
239-7777 / 7778
Military Police
785-239-6767

Fire Department
911
785-239-4257

American Red Cross
785-239-1887
1-877-272-7337

Poison Control
1-800-222-1222

Suicide & Crisis Hotline
1-800-784-2433
1-800-273-8255 (TALK)

Victim Advocate Page
24 Hour Response
785-307-1373

Abuse/Neglect

Family Advocacy Program
AFIACH
785-239-7060
Sexual Assault
Prevention / Response
785-239-2391 / 6086 / 9435

Kansas Social and
Rehabilitation Services (SRS)
Junction City 785-762-6445
Manhattan 785-776-7722

Parenting / Child Care

New Parent Support Program
785-239-5893
ACS Parenting Skills Classes

Family Advocacy Program
Victim Advocate Program
785-239-5777

CYS Central Registration Office
785-239-9885
Child Development Centers
785-239-9935
Family Child Care and Day Care
785-239-4313

Middle School at Teen Center
785-239-9222

School Age Service Center
785-239-9220 / 9225

Exceptional Family
Member Program
785-239-9435 / 1861

ASYMCA
785-238-2972

IMC
785-239-5730

Basic Needs

DEERS
ID Cards and AG ID Cards
785-239-3654

Military Tax
785-239-2636

Health Care

Inn Air Community Hospital
(IACH) Information Line
785-239-7000

IACH
Appointment Line
785-239-3627 (DOCS)

IACH
Nurse Advice Line
785-239-3627 (DOCS)

IACH
Patient Representative
785-239-7739 / 7103

IACH
Chaplain
785-239-7872 / 7871

Dental Care
United Concordia
www.uccd.com

Immunization Clinic
785-239-7972

Family Advocacy in IACH
785-239-7060

Mental Health
785-239-7208

Social Work Services (SWS)
785-240-7471 / 7472

Alcohol Substance Abuse Program
(ASAP)
785-239-7311

TRICARE
1-888-874-9378 (TRIREST)

Outpatient Pharmacy
785-239-7619
Inpatient Pharmacy
785-239-7948 / 7949

Financial

Army Emergency Relief (AER)
785-239-9450

Financial Questions
ACS
785-239-5775
Financial Resilience Education
Enrichment Program
785-239-5744

Thrift Savings Plan F&Q
877-968-3778

Finance Office
Defense Military Pay Office
785-239-6189

Pets

Veterinary Needs
785-239-3886 / 2732

Animal Poison Control Center
1-888-426-4435

Legal

Legal Assistance
785-239-3117

Staff Judge Advocate
785-239-2217

Tax Assistance Office
785-239-1040

Immigration and Naturalization
Claims
785-239-3117

Administration
785-239-2217

Housing

Picome Military Housing
785-717-2258
www.rileyvillage.com

Household Goods
(Personal Property)
785-239-6683
(MOVE)

Schools

Collyer Manor
717-2255
Ellis Heights
717-2252
Forsyth
717-2260
Historic Main Post
717-2240
McClellan Place
717-2243
Peterson Place
717-2249
Wlamer Heights
717-2246

Geary County USD 475
785-717-4000

Manhattan USD 383
785-567-2000

School Liaison Officer
785-239-1648 / 240-3261

Fort Riley Education Services
785-239-6481

Mental / Family

Soldier and Family Assistance Center (SFAFAC)
785-239-8430 / 240-7192
24/7 Response
307-1373

Military and Family Life Consultants
Confidential (except in case of danger to self or others)
785-239-1883 / 9435 or 250-9057

Soldier Assistance Center
785-239-9435

Deployment Readiness
785-239-9435

Installation Chaplain
785-239-3359

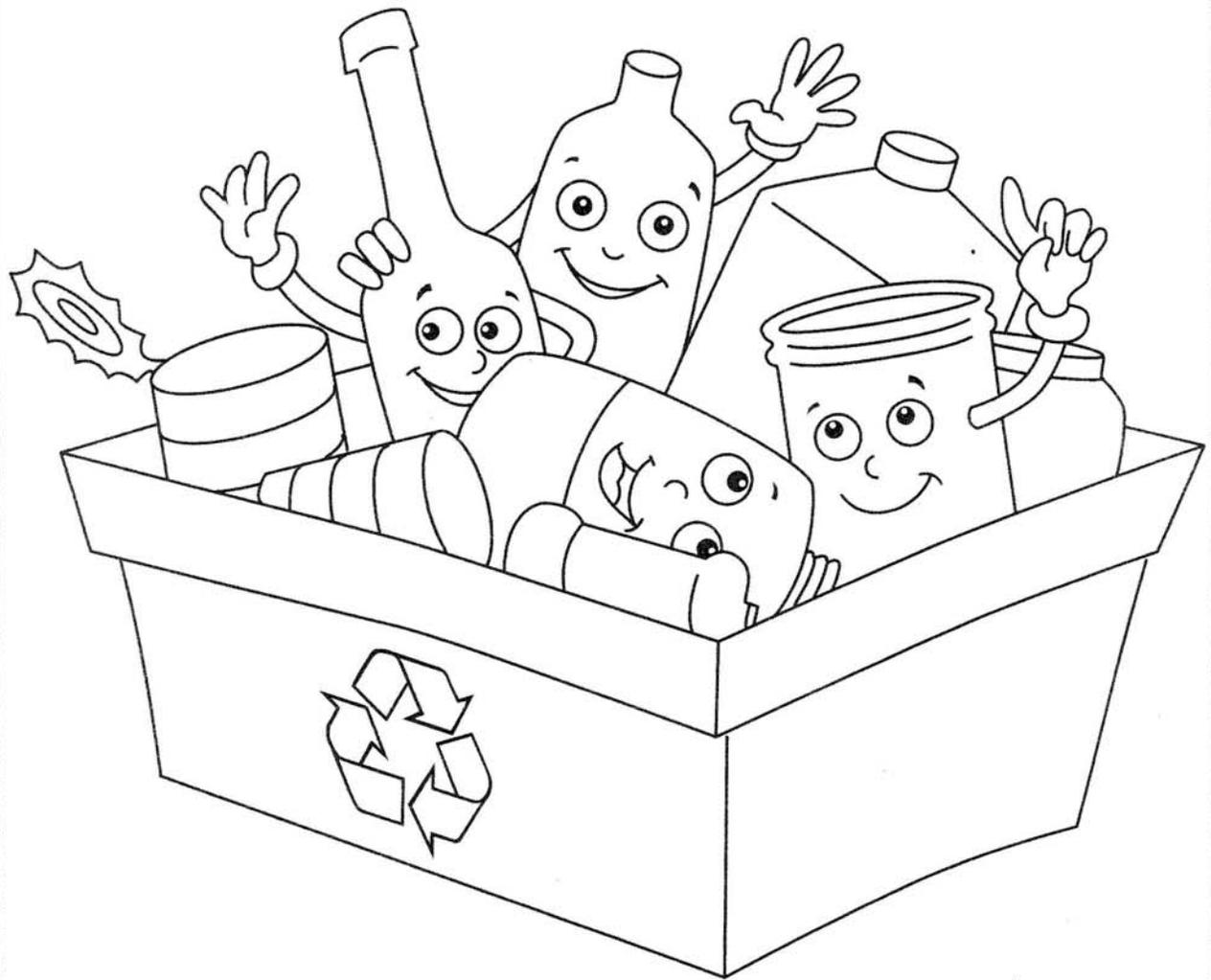
Family Life Ministries Center
785-239-3436

After Duty Hours Chaplain
785-239-4357

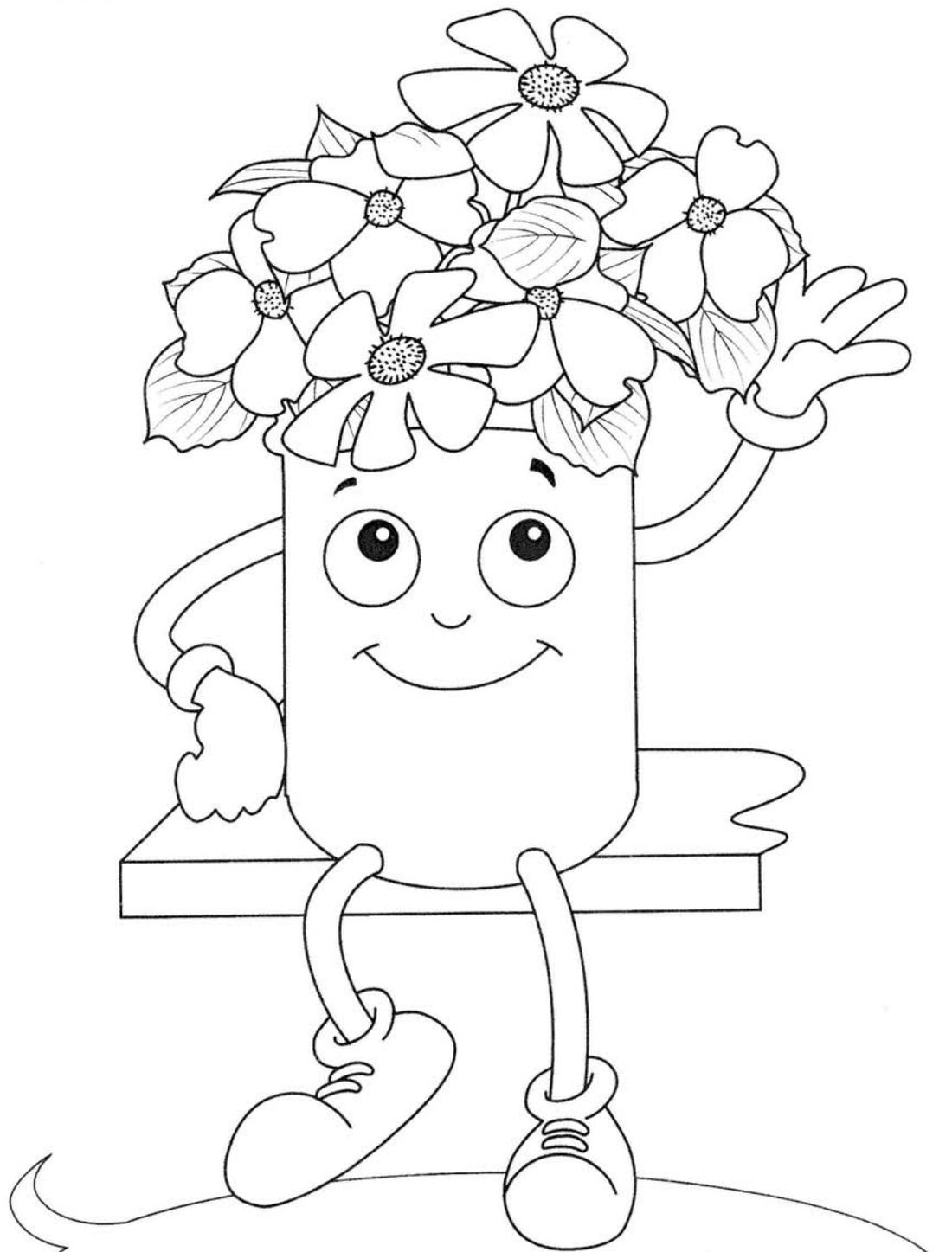
Military OneSource
1-800-342-9647

Family Employment
Readiness Program
785-239-9435

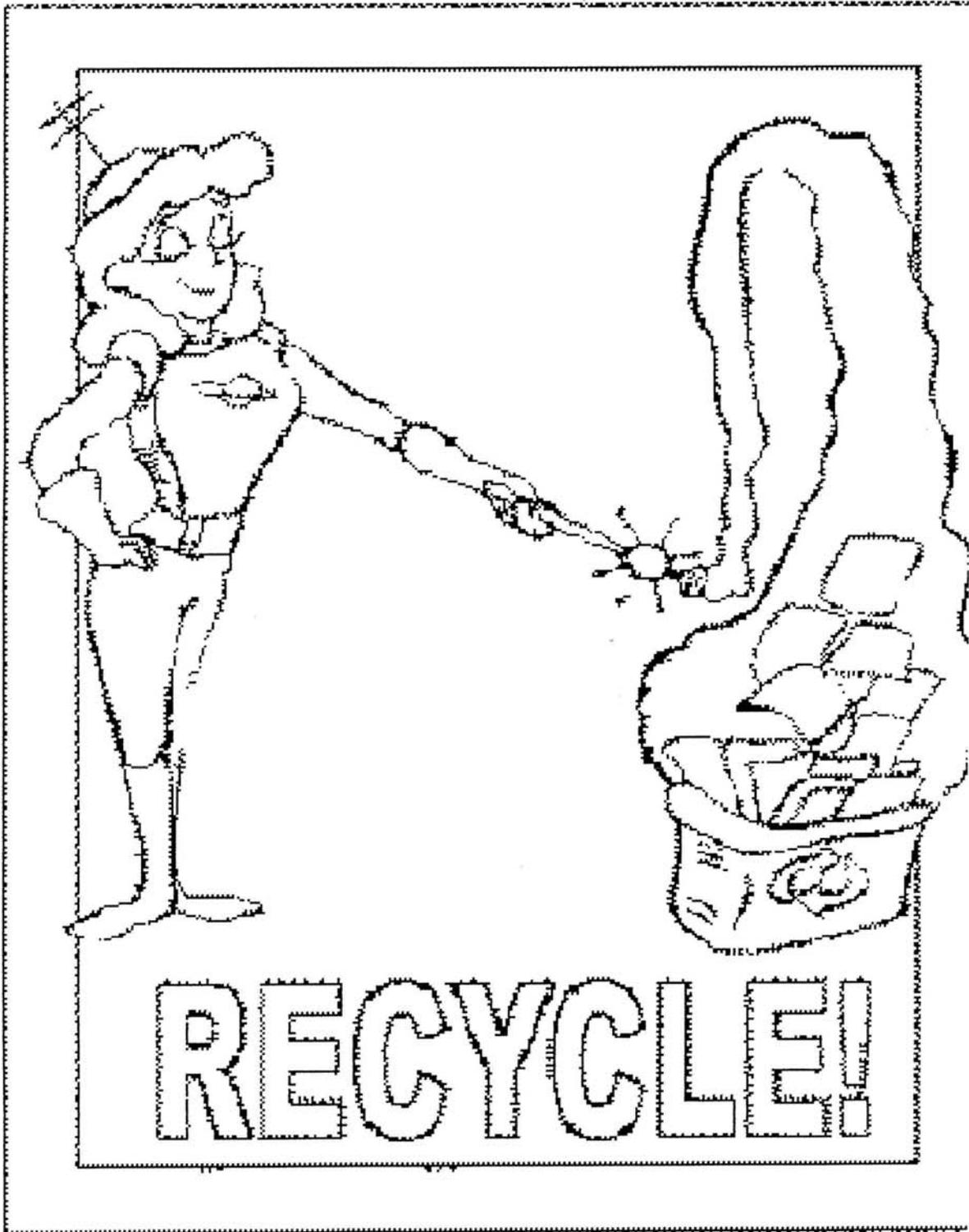
St. Mary's Chapel 239-6597
Normandy Chapel 239-5313
Momms Hill Chapel 239-4815
Kaplan Chapel 239-4818
IACH Chapel 239-7871



When you run out of jobs
for me, recycle me.



Fill me with freshly picked flowers
or use me to water them.



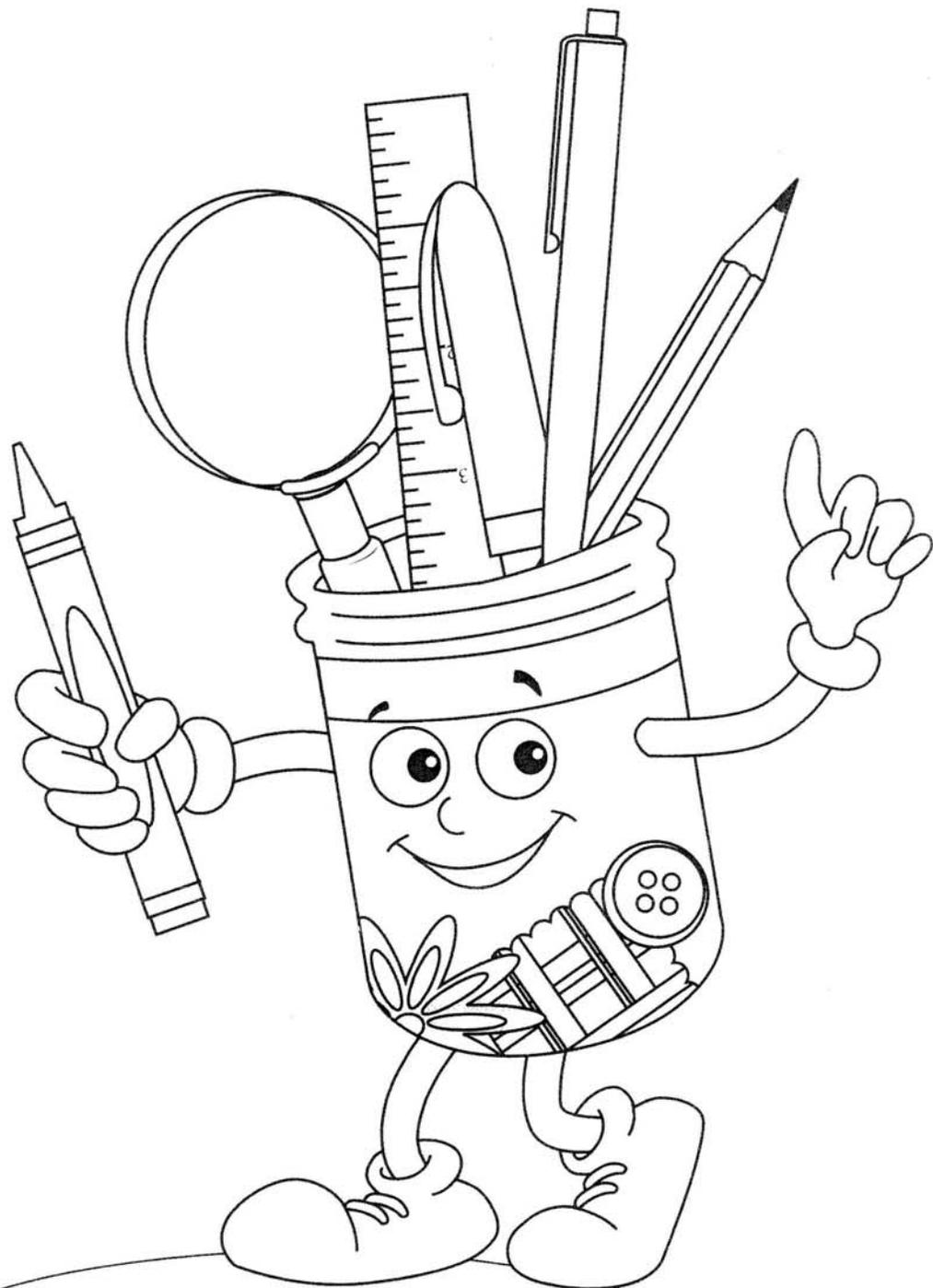
Name: _____
Age: _____
Phone: _____



Name: _____
Age: _____
Phone: _____



Name: _____
Age: _____
Phone: _____



Decorate me with your favorite things and use me to store pens and pencils.



RECYCLING
IS GOOD FOR
THE ENVIRONMENT

IT SAVES RESOURCES
LIKE TREES AND ENERGY
MAKING OLD THINGS INTO NEW THINGS!

A drawing of two trees and a deer standing in a field. The deer is facing right.

Name: _____
Age: _____
Phone: _____

Display a prized marble collection.

