



# 1ID and Fort Riley Weekly News Update for July 13,2012



Please find attached the weekly news update for this week. For your convenience this will be posted for you to view in the next few days at the following link: [http://www.1id.army.mil/DocumentList.aspx?lib=1ID FRG Updates](http://www.1id.army.mil/DocumentList.aspx?lib=1ID_FRG_Updates). Hope everyone has a wonderful and enjoyable weekend!

**Temperatures are Hot, please stay hydrated if you are going to be outdoors!**

Upcoming Events and information to pass along to our Soldiers and Families:

**Kaw Valley Rodeo** - Believe it or not Kaw Valley Rodeo is just around the corner, July 26-28. Manhattan MRC and sponsors will host a Free BBQ for all Soldiers and their Families prior to actual Rodeo. At this time all of the FREE tickets have been accounted for. However, a discounted rate of \$5.00 will be given at the gate with your Military ID card (For Thursday night only). Children are Free if you bring in a non-perishable food donation to the gate. If you are interested in purchasing tickets for the other two nights, please contact Leisure Travel at (785)239-5614.

**Chaplain** - The Chaplain's is still in need of Volunteers for the Vacation Bible School scheduled for August 6-10. Also, they have summer camps open for Middle School and High School students. Please see the attached flyers.

**Family Life Ministries Center** - Divorce recovery Group- This is a six week group program designed to assist individuals in their adjustments to life after divorce. The group will discuss topics of grief, finances, co-parenting. What got us here, restoring self esteem, and healthy adjustments. Divorce recovery group is every Thursday from 10:00am -11:30am. Please call the FLMC (785) 239-3436 to reserve your seat or for more information.

**Community Life Coed Softball League** – Registration is open until July 18<sup>th</sup> and open to all active-duty Soldiers and DOD ID card holders.. The season runs from July 25<sup>th</sup> – September 12<sup>th</sup>. For more information, please call 785-239-3764.

**Parent Advisory Council** – Here is the opportunity for Fort Riley parents to offer ideas and input. The council will meet on July 19<sup>th</sup> from 4:30pm – 5:45pm at the Child, Youth and School Services Parent Central, Bldg 6620 on Custer Hill. For more information, please call 239- 4723.

**Outdoor Recreation**- The Master Blaster Paintball Tournament will be Aug. 4. Registration is \$35 per person. All equipment and supplies are provided, or individuals may use their own equipment. Participants must be 13 years or older to play. For more information, call [785-239-2363](tel:785-239-2363).



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**Running Technique Clinic** – Do you want to learn to run more efficiently and with less strain on your back and knees? Do you need to run faster for your next APFT or race? Are your lungs on fire when you run uphill? Do your joints hurt when you run downhill? This 90 minute clinic will teach you how to position your body and foot strike to maximize your momentum and reduce your injuries. The clinics will be scheduled a few times a month at King Field House and Long Gym. There are only 4-5 minutes of running during the clinic for gait analysis so the clinic is fine for brand new runners. Clinics can also be scheduled for groups (unit PT, FRGs, etc) by contacting Angi. The clinic costs \$15 per person and includes instructional handouts. Please come dressed in running clothes to start the clinic indoors and then move outside for the gait analysis and uphill and downhill running section. If possible, please sign-up and pay in advance with Vincent Spencer (Fitness Coordinator) upstairs in the Functional Fitness Area at King Field House. The next dates available are **July 14<sup>th</sup> and 28<sup>th</sup> at 11:30am**. To register (registration is required prior to clinic date) please contact Angi Buckley at 785-375-4490 or [angibuckley@yahoo.com](mailto:angibuckley@yahoo.com).

***Make sure to check out all the flyers for any upcoming events that may not be listed.....***

**FOR THOSE INTERESTED IN SUBMITTING INFORMATION FOR YOUR ORGANIZATION TO THE WEEKLY NEWS UPDATE, PLEASE SUBMIT BY July 17, 2012 FOR THE NEXT WEEKLY NEWS UPDATE. SUBMISSIONS NEED TO BE SENT TO [stacie.dumas@us.army.mil](mailto:stacie.dumas@us.army.mil).**

# Riley Bear's Birthday & Family Bingo

July 15  
12:30pm

Rally Point  
Bingo

Play Bingo with the whole Family  
and win great merchandise while  
celebrating Riley Bear's Birthday  
with cupcakes for all!

For More Information Call 785.784.5434



**SATURDAY**  
JULY 14, 2012 6PM-11PM

LARRY NORVELL BAND SHELL, CITY PARK

**FIVE BANDS:**  
PANORAMA  
WATERMELON SLIM  
DOUG TALLEY  
KSU JAZZ COMBO  
FIRST INFANTRY DIVISION FORT RYLEY JAZZ BAND

TWO INFLATABLES, &  
OTHER FAMILY-FRIENDLY AREA EVENTS

- 785-532-6571
- [k-state.edu/upc](http://k-state.edu/upc)
- [union.k-state.edu](http://union.k-state.edu)
- [twitter.com/kstateUPC](https://twitter.com/kstateUPC)
- [facebook.com/kstateUPC](https://facebook.com/kstateUPC)

# FREE EVENT

# Military Family Night at the Kaw Valley Rodeo

5th Annual event  
July 26, 2012

5:30-7pm Free Picnic  
8pm Opening Ceremony

Blue Ribbon Sponsors:  
**Dick Edwards**  
FORD

**McALISTER'S**  
DELI

Sponsors:



HI-TECH  
INTERIORS, INC.



PLANET SUB



# screamfree

Are you a screamer? Or do you employ the "Silent Treatment"? Are you looking for ways to better connect with your children? Come join us for a 4 week study designed to equip you for your most important job...PARENTING!

Bob Clifton, LMFT, a certified ScreamFree leader, will lead you through a DVD and discussion series based on the book *ScreamFree Parenting*, by bestselling author, Hal Runkel. We will discuss such topics as:

Parenting is not about kids; it's about parents.  
Growing up is hard to do, especially for grown-ups.  
If you're not in control, you cannot be in charge.  
Let the consequences do the screaming.



Dates: Tuesdays, July 17, 24, 31 and August 7  
(Attendance at all classes is required for certificate.)  
Time: 10:00 – 11:30 am  
Location: FAP/ IACH, 1801-B Buffalo Soldier Road  
Child care: Available with pre-registration

Register by calling Army Community Service (ACS) at 785-239-9435.

Register by July 9th to be eligible for child care.



screamfree.com



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Manhattan

Yellow

Ribbon

Socials

July 19, 2012

Chili's Grill & Bar

6-9 PM



Manhattan Area Chamber of Commerce

Military Relations  
Committee

Presented By:

# Yellow Ribbon Social Schedule

## 2012

\*\*June: 19th @ Pierre Street Inn

\*\* Yellow Ribbon Special Edition- see additional information on June Yellow Ribbon Flyer

July: 19th @ Chili's Grill & Bar

August: 7 @ Applebee's Bar & Grill

21 @ Local

September: 4 @ Famous Dave's BBQ

18 @ McAlister's

October: 2 @ Houlihan's

16 @ Movie Night!!! TBA

November: 6 @ La Fiesta

20 @ LongHorn Steakhouse

December: 18 @ Holiday Party!! TBA

Is your spouse deployed? Out for FTX? TDY? On a rotation to NTC or JRTC? Not at home with you? Then we want YOU! Come join us at one of the listed Yellow Ribbon Socials! We meet twice monthly at varying locations in the Manhattan community. Join us for great food, make some new friends and build a support team filled with folks who know what you are going through- because they are too!

These events are 'dutch-style', meaning you spend as much or as little as you would like per outing. We do not allow children at these functions.

Have questions? Please feel free to call or email Alison Pulcher! (785-776-8829, [alison@manhattan.org](mailto:alison@manhattan.org)). We hope to meet you soon!

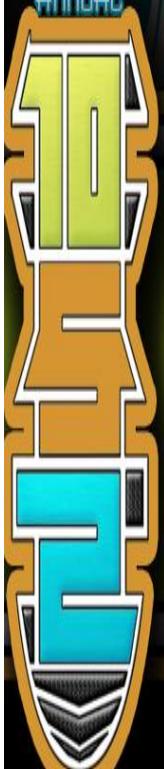
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Manhattan Area Chamber of Commerce  
Military Relations  
Committee

27TH ANNUAL



# PRAIRIE RUN

JULY 21, 2012  
KING FIELD HOUSE  
FORT RILEY, KS

# Hole in 1, The Fundamentals in Golf

Come enjoy an afternoon of friendly Golf and fun with the Hearts Apart Program. Receive prizes for winning various mini-competitions. Use the skills of a trained PGA Professional to help you capture those prizes!

Cost: **FREE**

When: July 26<sup>th</sup>, 1- 4pm

Where: Custer Hill Golf Course

Registration is required by July 24<sup>th</sup> :

ACS 785-239-9435 or

marvin.e.springer4.civ@mail.mil

no children-please

Childcare will be provided.

Please request at time of registration



This program offers support for waiting Families who are left behind due to the sponsor's mission requirements.



# Kids Cooking Classes

\$15 per child

Tuesdays & Thursdays 10 a.m.—1 (or 2) p.m.

July fun!!!

4th—7th graders

July 12, 17, 19, 24, 26



Parents' Party 5-7 p.m. July 26th!

**Pre-registration  
&  
pre-payment is  
required &  
reserves your  
place in the  
class!**



Learn to prepare  
snacks & meals  
that are nutritious  
& fun to make &  
fun to eat.

Class location:  
ACS Building  
7264 Normandy Drive  
Fort Riley

7285 Normandy Dr #9  
Fort Riley, KS 66442  
Phone: 785-239-9991  
E-mail: ftriley@ksu.edu

Website: [www.fortriley.ksu.edu](http://www.fortriley.ksu.edu)



SUMMER

# BOOK IN A BAG

Story & Healthy Snack Time!

For **K-2ND GRADERS** (soon-to-be)

Parents welcome but not required to stay

Kids learn healthy concepts through storybooks,  
hands-on snack experiences, &  
fun activities!

**10-11:30 AM**

**ACS BUILDING**

(7264 Normandy Dr)

Fort Riley

**\*RSVP\***

by the Thursday  
before each class

**JUNE 20**

**JUNE 26**

**JULY 11**

**JULY 18**

**JULY 25**



7285 Normandy Dr #9  
Fort Riley, KS 66442  
Phone: 785-239-9991  
E-mail: ftriley@ksu.edu

Website: [www.fortriley.ksu.edu](http://www.fortriley.ksu.edu)



# Geary County Free Fair

## Pre-Fair Events July 14-22

## Fair July 23-26

SATURDAY, JULY 14

6:00 p.m. 4-H Horse Show

THURSDAY, JULY 19

7:00 p.m. 4-H Public Revue 4-H King and Queen Announcement

FRIDAY, JULY 20

8:00pm Junction City Rodeo- Adults-\$8.00 at Gate Children (6-12)-\$5.00

SATURDAY, JULY 21

2:00 p.m. 4-H Dog Show

8:00pm Junction City Rodeo- Adults-\$8.00 at Gate Children (6-12)-\$5.00

TUESDAY, JULY 24

ALL DAY 4-H Food Sale

3:00 p.m. 4-H Dairy and Goat Show

5:00 p.m. 4-H Bucket Calf - Consultation Judging

7:00 p.m. 4-H Beef Show - Show order - Bucket Calf, Breeding Beef, Showmanship, Market Beef

WEDNESDAY, JULY 25

1:30 p.m. 4-H Cat Show

4:00 p.m. *Shepherd's Lead*

4:30 p.m. 4-H Sheep Show

7:00 p.m. 4-H Swine Show

10:00 p.m. DEADLINE FOR REGISTERING 4-H (or ½ hour LIVESTOCK FOR AUCTION after end of swine show)

THURSDAY, JULY 26

9:00 a.m. 4-H Round Robin (Beef, Sheep, Swine, Horse, Goats, Dairy)

11:30 a.m. 4-H Livestock Judging Contest

4:30-6:30 p.m. 4-H Barbecue and Watermelon Feed



Until Every One Comes Home®



# Gary Sinise

## and the Lieutenant Dan Band



Date: Time: Place: [www.uso.org](http://www.uso.org)

**Jul 28, 7pm - Riley's Conference Center**

Designate 11381 through the CFC. An Entertainment Feature provided by the Armed Forces (DA) and USO in cooperation with your local Morale, Welfare and Recreation Office. The acceptance of corporate sponsorship of this USO/USO tour does not constitute endorsement of the sponsor's product or service by the Department of Defense or the U.S. Armed Forces.

# Riley's ROUND-UP

## JULY 28 4-6:30PM

**Army Community Service (ACS) has ROUNDED-UP vendors from around Kansas to help Fort Riley Families find Family Fun under the hot prairie sun.**

**ENTER TO WIN A WASHER/DRYER SET SPONSORED BY OUR FRIENDS AT THE COMMISSARY. WINNER WILL BE DRAWN AT 6:30PM AND ANNOUNCE ON STAGE DURING LT. DAN BAND CONCERT. MUST BE PRESENT TO WIN**

**Expect to fall in love with Kansas and Fort Riley!**

**RILEY'S CONFERENCE CENTER - Call ACS at 785.239.9435 for more information.**



# Be Army Strong & Financially Sound

## Fort Riley Financial Readiness Day

**Free one-on-one personalized financial advice. Free financial workshops. No strings attached!**

In today's uncertain economy, planning for your financial future is more important than ever. Don't miss this opportunity for a free, private consultation on financial issues that matter to you with highly qualified CERTIFIED FINANCIAL PLANNER™ professionals and Accredited Financial Counselors.

There will also be workshops on a variety of financial topics throughout the day. Stay as little or as long as you'd like.

**It's all free. Bring family and friends!**

Tuesday  
August 7, 2012  
09:00—16:00

Riley's Conference Center  
446 Seitz Drive  
Fort Riley, Kansas

**Enlist now for your FREE personal financial training!**

Register today by calling Army Community Service (ACS) at 785-239-9435.

### Topics

- Budgeting
- Credit & Debt
- Investing
- Retirement
- Taxes
- Homeownership
- Military Benefits
- Insurance
- Education
- Savings
- Estate Planning
- Small business

*and many more!*



Brought to you by:



Kansas State University  
INSTITUTE OF FINANCIAL PLANNING  
Institute for the Health and Security of Military



# High School Summer Camp

When: 22-28 Jul 12

Where: Quaker Ridge in Pikes Peak, CO

Why: To provide an activity for the high school youth to enhance their spiritual well being

POC: Rick Hernandez

Community Youth Director @ 785-712-7287

white-water rafting  
high ropes course  
hiking  
horseback riding  
sand volleyball  
game room  
basketball  
archery

**YFCAMP**  
WHERE EVERYTHING CHANGES

# Middle School Summer Camp

Sunstream is the perfect get away for your middle schooler!!!

When: 2-6 Aug 12

Where: Des Moines, IA

Why: To provide an activity for the middle school youth to enhance their spiritual well being

POC: Rick Hernandez

Community Youth Director @ 785-712-7287

blacklight dodgeball  
go carts  
ziplines  
basketball  
crafts  
Snack Shop

**YFCAMP**  
WHERE EVERYTHING CHANGES

# Vacation Bible School

August 6 - 10

## Morris Hill Chapel

Volunteers needed. Please contact:  
Roxanne Martinez at 240-1443  
or Don Ericson at 239-0979

**EVERYTHING IS POSSIBLE WITH GOD**  
MARK 10:27

Registration begins April 15th



OCSC

# SUPER

SIGN  
UP

Aug 29, 2012  
11am - 3 pm @ RCC

Community Fair &  
Business Showcase

Open to all military spouses!!



All the info you need to get connected in your new community

- Visit with over 100 vendors in a "one stop shop" location
- Local retailers, home based businesses, sports activities, clubs and community organizations will be on hand for your convenience.
- While you are there—join OCSC to be a part of this vital club that provides philanthropic, social and mentoring services on Fort Riley.
- Membership now open to all military spouses regardless of sponsor's rank!
- Put this **MUST ATTEND** event on your back-to-school calendar.

**PRIZES  
GALORE!**

For more information, email [ft.riley.supersignup@gmail.com](mailto:ft.riley.supersignup@gmail.com)  
or find the event on the OCSC Facebook Page