



COL Kevin P. Brown
Garrison Commander
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Garrison CSM



******NOTE: Announcements for the SEPTEMBER 2010 "Riley Bugle Call" are due by COB 13 August, 2010. If you have questions or would like to add something to The Riley Bugle Call please call 239-9433****.**

Kansas State Research and Extension (KSRE)

Who: Military Families

What: The Book Club

When: 2nd Wednesday of the month (morning & evening)
9:30am – 11:00am and 6:00pm – 7:30pm

Why: Reading group for parents to discuss Family relationships, parenting, and child development topics in an informal social setting.

Who: Given to Military Families who have special needs Family members.

What: EFMP Support Group

When: August 24th, 2010, 6:00pm – 7:30 pm

Where: Army Community Service, 7264 Normandy Dr.

Who: Spouses of Wounded Warriors

What: WSOS Support Group

Where: Soldier and Family Assistance Center (SFAC)

When: August 19th (3rd Thursday of every month), 6:30pm – 8:00pm

Why: Support for Spouses of Wounded Warriors

Who: General Public

What: Yard Sales 101

When: Friday, August 20th
9:00am – 10:00am

Where: ACS RELO Room

Why: Inform the public about yard sales. Attention to: How to have a successful yard sale as well as the flip side; how to map out your yard sale day, what to look for and how to find the bargains

Who: Military teens enrolled in "Hired!" workforce preparation program
What: "Hired!" Time Management Workshop
Where: ACS Annex – lower level
When: Friday, August 27th 6:00-7:30 p.m.
Why: To prepare teens for the workforce

Who: Parents with baby's Birth to 6 months.
What: Infant Massage
When: Thursday, Aug. 8th & 12th
10:00am – 12:00pm
Where: ACS, Bldg 7264 Normandy Dr.
Why: This two session course is designed to guide parents on how to massage their own babies (birth to 6 months only please). Parents are asked to bring a soft comfortable blanket, special toy for baby, dress infant in easy to remove clothing and to be prepared to feed baby if necessary and to sit on the floor. Infants Massage benefits are as follows: Strengthens loving, intimate communication and bond between parent and child, Strengthens and regulates baby's primary systems, Reduces gas and colic, Helps baby sleep well.

Who: Women of all ages
What: Women & Money
When: 1st Tuesday's, August 3rd, September 7th, October 5th, November 2nd, & December 7th
Afternoon session: 11:30am – 1:00pm
Evening session: 7:00pm – 8:30pm
Where: ACS bldg, room 30
Why: Women have unique financial needs. On average, women live longer than men, earn less than men, and may have gaps in our employment history due to Family care giving. All of these factors will affect future retirement benefits. This series of five classes will provide you with information that you need to take charge of your financial future. Topics covered will include Financial, Insurance and Investing Basics, Retirement and Planning for Future Life Events as well as other topics as directed by participants.

Contact Information:
K-State Research and Extension, Ft. Riley
7264 Normandy Drive, Custer Hill
Fort Riley, Kansas 66442
785-239-9991
friley@ksu.edu
www.fortriley.ksu.edu

Irwin Army Community Hospital (IACH):

- **School, sports and camp physical examinations**

Students who are new to the school district or those who anticipate participating in school or child youth school sports, extracurricular activities or summer camps require participation physicals.

Throughout the summer, school physical examinations will be scheduled every 15 minutes Monday through Friday to offer optimal access to care. Nearly 3000 appointments will be offered.

Students must be accompanied by a parent or guardian. A completed pre-participation physical evaluation form and a copy of shot records will be required at the appointment. The physical

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evaluation document can be obtained by visiting the IACH website at <http://iach.amedd.army.mil> under the "quick links" tab.

To schedule an appointment, call 785-239-3627 (DOCS).

- **IACH introduces patient-centered medical home concept**

The bottom line patients will see in the opening of the new Farrelly Health Clinic is an increase in the continuity of care and improved overall satisfaction with health care services.

The premier facility will formally introduce a patient-centered medical home model to Fort Riley, treating Soldiers and Family members under one roof.

FHC will provide outpatient healthcare to Soldier's and Family Members from 1st and 4th Brigade Combat Teams, 1st Engineer Battalion and 1st Infantry Division Headquarters and Headquarters Battalion. Family members assigned to these units will continue to receive outpatient care at the FHC throughout deployments.

When the medical home teams are put into place, Soldiers and Families will be assigned to a medical home team and clinic according to their unit. This will make it easier to keep track of which providers are seeing which units and their Families and will allow better relationships between patient and caregiver.

Patients have services available to them in the disciplines of radiology, physical therapy, occupational therapy, behavioral health, optometry and radiology at the clinic. Other available services include patient administration, pharmacy and laboratory.

Chiropractic care also will be accessible only active duty service members.

The program will allow patients to be seen by the same provider in the same medical home team each time they make an appointment.

The facility was named in honor of PFC Hubert Farrelly, who was awarded the Distinguished Service Cross for his exceptionally valorous actions as a medical aid man in an armored ambulance during military operations involving conflict with an armed hostile force in the Republic of Vietnam in 1966. Farrelly served with Troop C, 1st Squadron, 4th Cavalry Regiment, and 1st Infantry Division and died March 22, 2009.

FHC started seeing patients June 14, 2010. Hours of operations are 7 a.m. to 6 p.m. Monday through Friday.

To reach the clinic from Custer Hill, simply follow Trooper Road past Burger King until you reach its end at the roundabout. Head north and the clinic will be the first building on your left.

If coming from main post, begin your travel on Caisson Hill Road. Make a right on 1st Division Road until you reach its end at the roundabout. Go straight and the clinic will be the first building on your left.

For additional information about the Farrelly Health Clinic and the patient-centered medical home concept, call 239-8341.

Thrift Shop:

- The Fort Riley Thrift Shop is open Tuesday through Thursday and the 1st and 3rd Saturdays of the month from 9:30 a.m. to 2:30 p.m. with consignments from 9:30 a.m. to 1:00 p.m. The Dollar Bag Room will be open Wednesdays and Saturdays from 9:30 a.m. to 1:00 p.m.
- The Thrift Shop continues to seek energetic volunteers. Childcare reimbursement for volunteers is available. Please inquire at the shop.
- The Fort Riley Thrift Shop continues to run the "Eyes for Education" program. This program is designed to assist military Families on Fort Riley. Applications can be picked up at all the local schools, the PX optical shop, IACH Optometry Clinic and at the Thrift Shop. There are several criteria to be met before receiving financial assistance; however, ALL applications will be considered on a case-by-case basis if one or more of the criteria are not fully met.

Directorate of Plans, Training, Mobilization & Security

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The Security Office offers **FREE** fingerprinting for Fort Riley Soldiers and Family members. For more information, please call 239-6348.
Location: 500 Huebner Rd, Room 105.
Please call 239-6348 to make an appointment.

COMMISSARY:

- Our hours of operation are:
Monday-Saturday 9:00AM-8:00PM
Sunday-10:00AM-6:00PM
Early bird shopping hours are 7:00-9:00AM
- We have 4 self checkouts for your shopping convenience
40 items or less, there is a customer service personnel here to assist you if you need help.
The deli-bakery and produce and meat department can do special order trays with 24 hrs. advance.
- The Commissary, it's worth the trip where you save 30% on your total grocery bill.
Our phone # is 239-6621.
- **We value your service!**

Fort Riley Veterinary Services:

- Building 226 Custer Avenue (down the street from In/Out Processing)
- Operating hours are Monday thru Friday: 8:00-11:00am and 12:00-4:00pm.
- Closed federal holidays and the last business day of the month.

Registration

- All pets residing in on-post housing must be registered with Veterinary Services per Fort Riley Regulation 40-18.
- Registration is free; however, all animals must be registered and micro chipped (done by appointment) within 10 days of arriving on post.
- Registration is walk-in and owners need to bring vaccination history and microchip history if available. If no history is available the owner may make an appointment after registration is complete.

Appointments

- Appointments can be made for vaccinations and minor sick call by calling (785) 239-3886.
- Veterinary Treatment Facilities have been standardized Army-wide to stabilize prices and care given to Patrons and their pets. One of these benefits includes our new Discounted Wellness Packages suited to your pets needs.

Discounted Wellness Packages

- These include basic required vaccinations that are offered yearly or every three years.
- Also included are annual heartworm screenings and stool exams.
- For your new additions we offer puppy and kitten packages as well.
- For more information on Veterinary Services search online www.riley.army.mil

Fort Riley Stray Facility

- Operating hours are Monday thru Friday 12:00 Noon-4:00pm.
- Phone Number is (785) 239-6184.
- Although we are a small facility we just might have the perfect companion for your Family. Come by and adopt a pet today!

American Red Cross:

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Volunteers needed for two programs:

- Volunteer orientations are Mondays at 1:00pm at the Red Cross office in 7264 Normandy Drive, Room 16. Questions call 239-1887.
- Interested in being a local disaster volunteer. Disaster classes are coming with the New Year. Dates will be determined.
- Mother's Outreach Program (on-going program). Volunteers meet and give gift bags to new parents at IACH. Please call 239-1887.

Directorate of Family, and Morale, Welfare, and Recreation (DFMWR):

Automotive Skills Center

Bldg #7753, Apennines Dr

Fort Riley, KS 66442

(785) 239-9764/4028

Wednesday –Friday 11:30AM-8:30 PM

Saturday-Sunday 9AM-5PM

- The Automotive Skills Center will be aligning your vehicles on Wednesday, Thursday and Friday from 12:30-6:00pm starting 7 July 2010 wheels alignment specifications 1987-2009 Passenger Cars, Vans and Lights Trucks.
- Front-end Alignment and AC service available on a first come basis.
- The Automotive Skill Center professional staff mechanics will service your AC at a fraction of the cost compared to downtown dealer and repair shops.
- The Automotive Skills Center body shop is open for business providing technical skills and continuous education. The Patron can attend a Body shop classroom or do hands on training before utilizing the body shop area.
- The Automotive Skills Center has updated their high technical system Mac Mentor with OBD11 Smart Cards, Scope Probe for European and Domestic Cars, Mercedes, Toyota, Volkswagen, BMW, Audi, Land Rover, Porsche, Jaguar, Saab and Volvo 1986-2005. Domestic cars 1984-2006.
- Mitchell on Demand Reference library on DVD has been updated for both European and Domestic cars 1984-2007 with color-coded diagrams, updated repairs and trouble codes.
- Rebuild your engine - the engine rebuild shop has a new hot tank that will clean your manifold, heads and block within thirty minutes.
- Get a free twenty-five-point automotive vehicle check for deployed Soldier's Family members. You must have verification of Soldier or unit deployment, ID card and vehicle registration or title.
- While the Soldiers are deployed, it is time to learn more about the vehicle you are driving. Why not take advantage of the free basic automotive repair class? The classes are scheduled every Thursday from 6-7pm. Basic automotive repairs first and third Thursday of each month, advance automotive repairs second and fourth Thursday of each month. Call for more details.

Introduction to Basic & Advance Auto Mechanics Fundamentals

- Class Room Training:
- Hand Tools & Equipment, qualification card 3031, Safety in the work place
- Basic Auto Repairs: Oil & Air Filters, Tire rotation, and vehicle inspections
- Advance Auto Repairs: Brake system, Brake Fundamentals, suspension system, Battery Maintenance, coolant system and on Hands Vehicle Maintenance.

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Summary: Shop talk & questions/Maintenance Tips:

- Have your vehicle inspected every twelve months as required by most states and military Jurisdiction.
- Regular routine maintenance should also be performed, you can handle many of the routine items yourself and discover early symptoms of what may become major problems
- The driver should be familiar with the different systems of the vehicle and know what to do to keep the vehicle in good working condition
- You do not have to be a pro to learn or take our free automotive classes

Our facility Offers:

- Open bays with a complete tool set and roll-around bench for customer use.
- 15-Suspension lift bays
- 1-12,000lb lift bay for older vehicles that supports the vehicle's tires.
- Trained mechanics available for assistance and advice
- Complete tool room.
- Auto parts store located in facility
- Mitchell on-demand technical information available on DVD
- Body shop providing expert advice and instructions
- Paint booth with drive through capability
- State of the art engine rebuild and Machine shop
- 8-bay car wash with power washers and vacuum cleaners
- In-line fuel filter removal Bay

Our Services Include:

- Overnight Parking
- Tire Mounting, Balancing and Repair
- Engine Computer Monitor
- Air Conditioning Service
- Brake Drums and Rotors Turned
- Hydraulic Press
- Welding Services
- Flywheel Grinding
- McPherson Strut Replacement
- Broken Bolt Removal
- Pack Wheel Bearings
- Engine Rebuilding Services
- Ball Joint Removal/Installation
- Fuel Injector Cleaning
- Valve Grinding

- Automotive Car wash Bldg #7756 next door to the Automotive Skills Center OPEN 24-7; The Automotive Car wash has been updated with new equipment products and services. Eight Bay Car Wash, Change Machine, Wax and drying area. Provides the best value in the area!
- The Automotive Skills Center car club is accepting applications for annual membership. Membership is open to active duty Soldiers, retirees, dependents, Reservist, National Guard, and DA civilians.

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- The club is located at building 7753. Automotive Skills Center meetings are held the second Sunday of each month at Twelve o'clock.
- Automotive Skills Center Car show August 14 with the Boss music and mufflers show!

Child, Youth, & School Services (CYSS) (785) 239-9885:

CYSS Parent Central Bldg. 6620 Normandy Drive

Hours of Operation: Monday–Friday, 8am–6pm

Walk-in registration hours are Monday - Friday, 12:30pm–6pm

Appointments are available beginning at 8 am Monday-Friday.

Spaces are available for all ages, please contact Parent Central for additional information.

- **Play Pals Playgroup**- 6620 Normandy Drive, Every Monday 9am–11am, Reservations recommended but not required (space available without reservations). Call 785-239-9885.
- **WebTrac**- WebTrac is now available for CYSS patrons to make payments, as well as, enroll in Youth Sports programs. Customers currently in our database will receive their WebTrac User ID and password via the e-mail address we have on file. New customers may sign up by going to the WebTrac link located on the Riley DFMWR website.
- **Parent Education Plan**
Parent Education Opportunities: For additional information contact Parent Central 785-239-9885.
*Held in the CYS Services Training Room, Bldg 6620 Normandy Drive unless otherwise stated.
- August 10, 2010, Small Motor Development: Why it's important! 6:30pm–8:30pm, Childcare will be provided at no charge but pre-registration is required. RSVP to 785-240-2822 by August 9th.
- August 17, 2010, Parent Involvement Orientation, 6:30pm–8:30pm, Childcare will be provided at no charge but pre-registration is required. RSVP to 785-240-2822 by August 16th. August 18, 2010, What is Quackery? 12pm–1pm, Bldg. 5800/MST, RSVP to 785-239-9223 by August 11th.

SKIES Unlimited (785) 240-2478

All participants must be registered with Child Youth & School (CYS) Services, Bldg 6620. Space is limited. Classes are subject to change without notice. Sports Physicals are not required to enroll for SKIES classes. \$300 of free classes for children of deployed Soldiers, a copy of orders are needed! Instrument rental, uniforms and testing fees are not covered!

Wanted. Instructors are needed in a variety of areas to include: Art, English, Math, Science, Guitar, and Piano.

Warren East CDC 6981 Warren Rd.

- **Saturday Care:** August 7 and 21 from 9am -1pm. Parents may utilize free 16 hours (deployment entitlement) or an hourly rate. Children ages six weeks up to five years are eligible for the free care at the CDC. Lunch will be served. Children must be registered with CYS Services to participate in this program, and parents must make a reservation by noon Thursday the week care is provided. For additional information please call 785-240-0822.
- **Weekday care:** August 3, 10, 17, 24 and 31st from 6:30pm–8:30pm. Free for parents attending FRG meetings, parent may also utilize free 16 hours (deployment entitlement) or an hourly rate. Contact your FRG leader to reserve your child for FRG care. To attend

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parent training classes, sign up at the front desk of any Child Development Center. Drop off is as early as 6:20pm. For additional information please call 785-240-0822.

School Age Services (SAS) Bldg. 5810 Thomas Ave:

- This elementary school age program is nationally accredited by the National Afterschool Association (NAA) and provides before and after School programs for Kindergarten-5th Grades. Hourly care is also available; however parents must make reservation by noon the day prior to ensure availability. For additional information please call 785-239-9220 or 785-239-9225.
- Saturday Care: August 7 and 21 from 9am -1pm SAS, Bldg. 5810. Parents may utilize free 16 hours (deployment entitlement) or an hourly rate. Reservations are required by noon each Thursday prior to the Saturday opening. This program is subject to cancellation if there are not enough reservations. For additional information please call 785-239-9220 or 785-239-9225.
- Registration for Before and After School Programs: If your child will be attending School Age Services this upcoming school year, registering for these programs begins on August 2, 2010 for those already attending the summer camp. Beginning on August 9, 2010 the registration will begin for all others who wish to use School Age Services for the upcoming school year 2010-2011.

Middle School and Teen (MST) Bldg. 5800 Thomas Ave:

The Middle School and Teen Center is located on Custer Hill at the corner of Thomas and Longstreet. It has a full court gym, a technology lab, art room, a large activity area, a music/dance studio, a homework area, and a newly designed high school lounge. For more information, contact us at 785-239-9222. Hours of operation are as follows:

	<u>Summer Hours</u>	<u>School Hours</u>
Monday – Thursday	1-8pm	3-8pm
Friday	1-11pm	3-11pm
Saturday	2 -11pm	2-11pm

• **MS/T Youth Summer Camp**

Spend the summer with your friends at the Middle-School Teen Center. Youth who sign up for summer camp this year will have the opportunity to receive quality programming and supervision at the teen center, explore various MWR locations on Fort Riley and local museums, recreation facilities, etc. Youth must be registered on a weekly basis for the summer time. A grid has been created to show where the teens will be going each week and can be picked up at the Teen Center upon registration.

Dates / Time: June 1 – Aug 13, 2010 from 05:45am–1pm.

Cost: Cost is calculated based on your fee category for this camp.

*Hourly Care is available with a 24-hour notice. Permission slips must be signed for youth to participate in planned daily activities.

August Events:

- August 2-6, 2010, **Extreme Water Sports Camp**, 9am-3pm. Cost is \$80. Sign up by July 28.
- August 4, 11, 2010, **Swimming**, 2pm-4pm. This event is FREE. Sign up 1 week prior to swimming date.
- August 6, 2010, **Oceans of Fun**, 9am-11pm. Cost is \$25 plus food. Sign up by July 30th.
- August 9-13, 2010, **Fusion Gaming Camp**, 9am-11am. Cost is \$35. Sign up by Aug 2.
- August 21, 2010, **Back to School Bowling Alley Teen Night 5pm-8pm**

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- August 21, 2010, **Back to School Dance at Rally Point 8pm-11pm**
- August 27, 2010, **Movie Night**
- August 28, 2010, **Late Night Basketball**

- Join the Fort Riley Teen Center for our weekly activities which include: Sports, Smart Girls, Girls with a Future (GWAF), Tech Club, D&D Gaming, Millionaire Club, High School specific activities, Power Hour, Photography Club, Arts & Crafts, Passport to Manhood, and Cooking Club. These activities are all provided at no cost to the participating youth. For more details, please see the MST front desk or call 785-239-9222 for additional information.
- MST has a distribution list to help you keep in touch with what is happening here at the teen center. Please let us know if you would like to be added to this list.

Find MST on Facebook

<http://www.facebook.com/ftrileyteen>

or

Follow MST on Twitter

<http://twitter.com/fortrileyteen>

HIRED!

HIRED is a career field exploration for 15-18 year old high school teenagers! Teenagers get the opportunity to explore different career opportunities at facilities on Fort Riley AND attend workforce preparation workshops like resume writing, interview skills, problem solving, effective communication, financial management, college preparation, and a lot more! This is a great experience with lots of benefits for life after high school! For more information please e-mail sandra.e.johnson1@us.army.mil or call 785-240-3261.

The EDGE

Experience, develop, grow and excel in exciting and fun art, fitness, life skills and adventure activities. For July we will offer Hip Hop, Water Sports/Fun in the Pool, Golf and Archery. All activities are FREE and take place on Fort Riley from 3-5pm every day. For more information please e-mail sandra.e.johnson1@us.army.mil or call 785-240-3261.

Youth Sports

- August 9th-27th, Fall Soccer Registration, Grades K-8, \$30 registration fee, register at CYSS Parent Central Office, Bldg. 6620.
- August 9th-27th, Volleyball Registration, Grades 3-6, \$30 registration fee, register at CYSS Parent Central Office, Bldg. 6620.
- August 9th-27th, Flag Football Registration, Grades 2-6, \$30 registration fee, register at CYSS Parent Central Office, Bldg. 6620.
- August 9th-27th, Cheerleading Registration, Grades 1-8, \$40 registration fee, register at CYSS Parent Central Office, Bldg. 6620.
- August 13th, Family Fitness Night. 6-7pm, Ultimate Speed Soccer at MST, 5800 Thomas Avenue. Families with children of all ages are invited to participate. RSVP by August 11th.
- August 23rd-September 3rd, Start Smart Soccer, Ages 3-4, \$20 fee, register at CYSS Parent Central Office, Bldg. 6620.
- August 23rd-September 3rd, Start Smart Flag Football, Grades K-1, \$20 fee, register at CYSS Parent Central Office, Bldg. 6620.

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- Call 785-239-9223 for additional information on youth sports programs. We need volunteer coaches.

School Liaison Services Officers

785-239-1648

785-240-3261

785-240-3260

Youth Sponsorship Program

The Youth Sponsorship Program is available to children of all active, retired and reserve military sponsors in the Fort Riley area. The Youth Sponsorship Program has active volunteers at CYSS School Age Services and the CYSS Middle School Teen Center to welcome incoming youth and assist with their transition. Participation in the Youth Sponsorship Program as a volunteer or a new member of the Fort Riley community will: Promote youth awareness and involvement at Fort Riley, encourage new friendships, gain information about schools in the area, and strengthen youth independence. Youth Sponsorship POC: Sandy Johnson 785-240-3261.

Study Strong (formerly Tutor.com)

Tutors provide real-time homework assistance in all subjects. Service is 24/7, tutoring for grades K-12 and college intro. Log onto: www.myarmyonesource.com/cyss_tutor to register.

Student Online Achievement Resources (SOAR) www.SoarAtHome.org

Soar is a free website providing students and parents with resources to:

1. Identify academic strengths and weaknesses in math and reading
2. Instruct the student in math, reading and language arts through interactive tutorials
3. Involve parent by providing educational resources written specifically for parents

USD 475 Junction City-Geary County Schools:

USD 475 (Geary County-Junction City, Fort Riley, Milford, and Grandview Plaza) website: <http://www.usd475.org/>

Tel: 785-717-4000

USD 383 Manhattan-Ogden Schools:

USD 383 (Manhattan-Ogden) website: <http://www.usd383.org/>

Tel: 785-587-2000

USD 379 Clay County Schools

USD 379 (Clay Center-Wakefield) website: <http://www.usd379.org/>

Tel: 785-632-3176

USD 473 Chapman Schools:

USD 473 website: <http://www.usd473.net>

Tel: 785-922-6521

USD 435 Abilene Schools:

USD 435 website: <http://www.abileneschools.org>

Tel: 785-263-2630

- To receive a listing of all 17 school district websites, calendar and other important school information go to the School Liaison Officer website: <http://www.rileymwr.com/web-content/subpages/cyssschool.html>.

Sports: Bldg. 202, 239-3945

Pools:

Custer Hill Pool

- Bldg 7465, Custer Hill
- 239-5860
- Open Daily 11am – 8pm

Main Post Pool

- Bldg 448, Main Post
- 239-6972
- Mon – Fri 2pm – 6pm

Eyster Pool

- Bldg. 6940, Custer Hill
- Closed until further notice
- Please note all children 12 years and younger as Family members must be accompanied by a parent or guardian 18 years of age or older.

Long Pool

- Bldg. 8069, Custer Hill
- 785-239-4684

Lap Swim

- Mon-Wed-Fri, 5-6:30am
- Mon-Fri, 10am-1pm

Unit Training

- Mon-Wed-Fri, 6:30-9am
- Training (Unit must submit memo of request 2 weeks prior to requesting date with the following information: date, time, number of Soldiers, type of training, requesting POC for memo, OIC or NCOIC responsible for Soldiers the morning of, memo signed by company commander).

For class levels and times call 239-4684 or 239-5860.

- Private and Semi Private Lessons available call 239-4684.

Fitness Center Phone Book

King Field House | Bldg 202, Main Post | (785) 239-3868 0500-2100 Mon-Fri

- 0900-2100 Sat/Sun/Holidays

Leonard Fitness Center | Bldg 7632, Custer Hill | (785) 239-5771 0500-2000

- Mon-Fri 1000-1700 Sat/Sun/Holidays

Craig Fitness Center | Bldg 7024, Custer Hill | (785) 239-5562 0500-2100

- Mon-Fri 1300-2000 Sat/Sun/Holidays

Long Fitness Center | Bldg 8069, Custer Hill | (785) 239-4683 0500-2100

- Mon-Fri 0800-1600 Sat/Sun/Holidays

Robinson Fitness Center | Bldg 7832, Custer Hill | (785) 239-4480 0500-2000

- Mon-Fri 1200-1900 Sat/Sun/Holidays

• Fitness

The fitness department offers fitness classes six days a week, excluding holidays and training holidays on holiday weekends. See the MWR <http://www.rileymwr.com> and click on the calendar for the current schedule, or visit King Field House for a printed copy. Fitness class selection includes SPINNING, AB Force I, Circuit Breaker, Rowbics, Interval Boot Camp, Pico, Ballet Strength and Stretch, and Modern Dance. More yoga classes will be added to the schedule soon! Body composition and fitness assessments are offered by appointment. Please call the fitness office (785)239-3146 or 2813 for more information on the testing services. Register for Fit4Life! Visit <http://fit4life.rileymwr.com> for details on prizes and registration.

• Intramurals

Kickball season begins August 2. Coaches meetings are 14 and 21 Jul at 2 pm. Call 239-2148 for more information.

Community Recreation

Arts & Crafts Center Bldg. 6918 (785) 239-9205

Monday & Tuesday 1:00 – 8:30pm, Wed, Sat, & Sun 9:00 – 4:30pm,

Closed on Thursdays, Fridays and Holidays

- **Classes** – We offer a variety of classes; a specialized wood working area, a matting and framing area, crochet and knitting.
- **Wood safety Class** – Learn power tool safety and general woodshop procedures in this one night class. Patrons are required to take this class before using the woodshop. One Monday evening class, dates to be announced, 6:30pm \$8.00 fee must sign up prior.
- **Matting and Framing class** – Learn the skill to do your own matting and framing, save a bundle! Class covers material selection, matt cutting, frame assembly and glass cutting. The center carries conservation – preservation products to complete your fine art work project. One Tuesday evening class 10 Aug, 24 Aug, \$10.00 fee must sign up prior.
- **Crochet or Knitting**- Learn one or both of these skills this class, class meets every 2nd Saturday from 1:00 – 3:00 take as many classes as needed. Stop by and see what the group is working on, call ahead to be enrolled - or just stop in. August 14. **This class is FREE!!**
- **Coffee Groups, FRGs, and Scouts** come in for a crafts class; we will set up a class just for your group.

Custom Services

- **Professional Matting & Framing:** Our shop has over 500 frame molding choices and only the highest quality conservation, preservation mats for your valuable pieces. Stop in and get a free estimate.
- **Ceramic Shop:** You can drop off your green ware or glaze ware for firing here; there is a minimal charge per inch.
- **Imprint Shop:** We offer computerized engraving for plaques.
- **Laser Engraver:** The engraver is able to cut into wood, plastic, glass, mirror, and limestone.
- Stop in, take a look at our samples and see what we can do!
Leisure Travel Center (ITR), Bldg 6918. Call 239-5614 or 4415 for further information. New Summer Hours of Operation Monday -Friday 10-6, Sat 9-1 Closed Sun & Holidays. Services are available to active duty, National Guard, Reservists, Retired, DOD Civilians and Families.
- Sesame Street Live – “1-2-3 Imagine! With Elmo & Friends is coming to the Kansas Epicenter, Sep 11 & 12. Pre-Order tickets now for best seating. Order deadline is Sep 3.
- Walt Disney World Armed Forces Salute – 2010 – Active and retired US Military, including members of the US Coast Guard, and active members of the National Guard or Reservists, may purchase 4-Day Walt Disney World Armed Forces Salute tickets for themselves and up to five (5) Family members and/or friends for \$99.00. Tickets can be upgraded with Park Hopper Option and Water Park Fun & More Option at an additional charge. Tickets must be purchased prior to Aug 31 and deadline for use is Sep 30, 2010.
- **Kansas City Chiefs Football**
Home game tickets are now available:
August 27 Philadelphia Eagles
September 2 Green Bay Packers
September 13 San Diego Chargers
September 26 San Francisco 49ers

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October 24	Jacksonville Jaguars
October 31	Buffalo Bills
November 21	Arizona Cardinals
December 5	Denver Broncos
December 26	Tennessee Titans
January 2	Oakland Raiders

- **Ringling Bros. and Barnum & Bailey**

The Circus is coming to the Sprint Center in Kansas City, September 8-12. To show appreciation to those who serve our country, the tour is a proud supporter of the Department of Defense's "America Supports You" program, which expresses America's gratitude for U.S. Armed Forces. The tour says thank you with special Military discounts through your Leisure Travel Center.

- **Branson Get-a-Way**

Discover the adventures of a Branson vacation or getaway when you visit Silver Dollar City attractions nestled in Branson, Missouri. Military discount tickets available through Leisure Travel Center (purchase an adult ticket and receive one free child's admission). Numerous hotels and other attraction/shows are also available.

- **Mufflers and Music**

August 14, Car show at 9:00am and Battle of the Bands at 6:00pm, both at Marshall Army Airfield, Hangar 863. Car Show sponsored by the Fort Riley Car Club for bikes, cars and trucks; register through the Auto Skills Center at 239-9764/4028. Battle of the Bands sponsored by BOSS, contact Jason Sansom at 239-BOSS to register. Admission is free to both events.

- **Fort Riley Autocross**

August 15, 9:00, Marshall Army Airfield
Drive your car in an adrenaline pounding Sports Car Club of America (SCCA) race! Learn how to drive at or near your limit and gain skills that translate directly to accident avoidance on the road. Open to active duty Soldiers and members of SCCA. Recommend Soldiers pre-register at www.salinascce.org.

- **Operation Rising Star**

August 16 & 21, 7:00pm, Rally Point
Showcase your vocal skills and support our local talent at the 2010 Operation Rising Star. Participants must be 18 years of age, Soldiers (Active Duty, U.S. Army Reserve, and U.S. Army National Guard) or a Family member with a valid ID. Fort Riley winner will receive \$500 and advance to the Army wide finals with the chance to win an all expense paid trip to LA to record a 3 song CD plus \$500 spending money. There will also be a 2nd & 3rd place monetary prize and a Spirit Award (\$300) for the best supportive unit or FRG.

- **Extreme Outdoor Water Festival**

Aug 21, 8:00am-4:00pm Milford Lake State Park South Boat Ramp
Bring your Family to Milford Lake for a fun day of water activities which showcase water safety sponsored by the Kansas Department of Wildlife and Parks and the U.S. Army Corps of Engineers. Triathlon at 8:00am, exhibits from 10:00 am to 2:00pm, and Float your Boat competition at 2:00pm. Admission to the state park is free on 21 Aug. More information at kdwp.state.ks.us/news/boating

- **U.S. Army Soldier Show**

Aug 31, 7:00pm & Sep 1, 2:00pm & 7:00pm - McCain Auditorium (Kansas State University)
The U.S. Army Soldier Show is a high-energy ensemble production featuring all-star Soldier talent that tours across the globe every summer. The show offers a wide range of popular music and stage spectacle for Soldiers, Families and the local community. Tickets are free and can be obtained at ITR or McCain auditorium. More information at www.armymwr.com.

Custer Hill Golf Course

Bldg. 5205 (785) 784-6000

Pro Shop and Golf Course Hours:

ALL TIMES ARE WEATHER PERMITTING

August 1 – August 8	
Mondays	12:00pm – 8:30pm
Tuesdays-Fridays	8:00am – 8:30pm
Saturdays, Sundays, and Holidays	7:00am – 8:30pm
August 9 – August 22	
Mondays	12:00pm – 8:15pm
Tuesdays-Fridays	8:00am – 8:15pm
Saturdays, Sundays, and Holidays	7:00am – 8:15pm
August 23 – August 31	
Mondays	12:00pm – 8:00pm
Tuesdays-Fridays	8:00am – 8:00pm
Saturdays, Sundays, and Holidays	7:00am – 8:00pm

ALL RENTALS ARE DUE BACK INTO THE PRO SHOP 15 MINUTES PRIOR TO CLOSING.

\$5.00 LATE FEE FOR ALL EQUIPMENT TURNED IN LATE.

- **Snack Bar Hours:**
Monday – Friday 11:00am – 1:00pm
Saturday, Sunday, & Holidays Closed
- **PGA Trade In/Trade Up Network**
Bring your old clubs in and we will assist you in trading in your clubs based on the PGA Value Guide, and we will put that amount towards the purchase of a new set of clubs.
- **Get Golf Ready**
The next session of Get Golf Ready will be from August 2 to August 6. The classes run from 5:30pm to 7:00pm. The cost per person is \$99. This program is designed to teach etiquette, basic stance and grip, as well as putting, chipping, irons and woods. This event concludes with an on course outing. Class is limited to 12 spaces.
- **2010 Custer Hill Golf Course Club Championship**
Custer Hill Golf Course will host its annual Club Championship. This event is a 36-hole individual stroke play event. The cost per person is \$80 for members and \$100 for non-members. Lunch will be served on the second day of the tournament. Cost includes golf carts, greens fees, and range balls.
- **Golf Tournaments**
Let our professional staff book your next golf tournament at Custer Hill Golf Course. We have packages that include food, rentals, and your golf fees. Prices start at \$26 and run to \$33 for our tournament packages. Tournament dates are booked on a first come, first serve basis.
- **Check out our website at <http://www.rileymwr.com> for an updated listing of events and tournaments.**

Army Community Service (ACS): 7264 Normandy Drive, 239-9435

Employment Readiness Program (ERP):

- Frustrated when searching for a job? Do you ask yourself what's out there for me? Can I afford to go to work? Employment Readiness Program wants to help!
- Tell us what you need and/or what's important to you when searching for a job in the Ft Riley and Central Flint Hills Region.

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- Help us make a difference, take this five minute survey.
Job Seeker Survey: <http://www.zoomerang.com/Survey/WEB22AV5DJL79Y>
- For further information or assistance contact us at 239-9435.

Army Family Team Building (AFTB):

- If you are interested in learning about resources that are available to you or find that most are speaking a language that sounds more like alphabet soup than English, then you could benefit from the Army Family Team Building (AFTB) classes. **FREE CHILDCARE!** Will be provided at Armed Services YMCA in Junction City at 111 E. 16th Street for those attending the classes.
- NOTE: You **must** contact the AFTB Program Manager to pre-register your children.
- For more information or to speak to the Program Manager please call 239-9435.
- If you, your unit/battalion, Family Readiness Group or other group would like to schedule separate Level I, II or III classes, please contact the Program Manager. These classes can be held at your location or at ACS 7264 Normandy Drive (room permitting). There is a minimum of five people required to hold a class and two weeks' notice is needed for planning.

Level I - AFTB

ACS Annex Day Time Classes 9:00am-2:30pm

August 3-4 November 9-10

Evening Classes – Room 30 ACS 6:00-8:00pm

1.1 Expectations & Impact of the Mission & 1.2 Military Acronyms & Terms

November 2

1.2 Chain of Command & 1.4 Military Customs & Courtesies

November 9

1.5 Basic Military Benefits & Entitlements & 1.6 Military/Civilian Community Resources

November 16

1.7 Intro to Family Readiness Groups & 1.8 Supporting Your Child's Education

November 23

1.9 Family Financial Readiness & 1.10 Basic Problem Solving

November 30

Level II – AFTB

ACS Annex Day Time Classes 9:00am-2:30pm

August 17-19 November 30-December 2

Level III – AFTB

ACS Annex Day Time Classes 9:00am-2:30pm

August 31–September 2 December 14-16

Army Volunteer Corps (AVC):

- Army Community Service (ACS) is home to the Army Volunteer Corps, which is the center of volunteer recruitment, referral, recognition, and advocacy efforts for Fort Riley. Volunteers can be placed in a wide variety of positions throughout the installation. Through volunteer service, individuals can learn or enhance skills, get to know the community and meet new people, build their resumes, and more. For further information, please call the Army Volunteer Corps office at 239-9435. We look forward to seeing you in our community!
- Become an ACS Volunteer!

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- At ACS our volunteers obtain valuable work experience and opportunities for training to learn new skills, opportunities to increase marketable job skills and to assume responsibility in leadership roles, the enjoyment of meeting and working with a variety of people, the satisfaction of contributing to their community, and recognition for their contributions.
- **FREE CHILDCARE!** ACS volunteers are provided 25 free hours of childcare monthly per Family. We also actively participate in the Fort Riley volunteer awards program to recognize our volunteers. There are volunteer opportunities for everyone whether you want to give your time every week, once a month or once a year.
- The different Volunteer positions that are offered here at the Army Community Service are as follows: Information & Referral (I&R), Exceptional Family Member Program (EFMP), Relocation Readiness Program (RRP), New Parent Support Program (NPSP), and Army Family Team Building (AFTB) programs.
- Getting started as a volunteer is easy: come into the AVC office to discuss what you might be interested in and fill out a registration form.
- For information on volunteer opportunities at ACS, call the AVC office at 239-9435 or stop by to find the perfect volunteer opportunity for you.
- Volunteer Management Information System (VMIS) The Volunteer Management Information System was developed to give the Army a real-time snapshot of volunteer activities at any given time, at any given installation. VMIS provides all of the tools needed to track AVC volunteer hours, manage and track volunteers, post open positions, print reports, and much more. All volunteer hours will be tracked through the VMIS System. You may visit www.myarmylifetoo.com for additional information on this new system. Volunteer Management Information System Classes: Introduction to using the VMIS system. Search and sign up for volunteer positions, track your hours, awards, training, and more!! Call the AVC office to find out about our next class or to schedule a group class for your organization.

Army Family Action Plan (AFAP):

- It is never too late or too early to submit issues to the AFAP Program Manager. As you see or encounter things on our installation or in the Army overall that need changed or implemented, submit the suggestions. Our leaders and directorates cannot make changes if they do not know a problem exists. Issues can be submitted by using the Fort Riley Web page <http://www.riley.army.mil/UnitPage.aspx?unit=ACS.afap&nav=FamSvc>.
- Issues can also be submitted by calling 239-9435.

Hi Mom Hi Dad-DVD Recorded Messages from Home

Have your children record a short message, read a poem or story, perform a song or dance especially for their deployed parent.

Call 239-9435 for appointment

Family Advocacy Program (FAP):

FAP Love & Logic classes:

August 5, 12, 19

September 2, 9, 16

October 7, 14, 21

November 4, 11, 18

All classes are 6:30-8:30pm and held at ACS Bldg. 7264.

Registration for childcare has to be scheduled by calling 239-9435

(up-to-date shot records are required and must be brought in each week).

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Exceptional Family Member Program (EFMP):

- EFMP Respite Care: Funding will be based on EFMP enrollment and exceptional Family member's medical condition. Exceptional Family member must be enrolled in program. The qualifying Family is eligible to receive a maximum of 40 hours of respite care monthly for each certified Exceptional Family Member. Contact Army Community Service, Exceptional Family Member Program at 239-9435.
- Exceptional Family Member Program and New Parent Support Program offers: Oh! Oh Baby it's Your Day. This is a free program to all Military Families who have children from birth to Kindergarten, testing for Vision and Hearing health as well as a developmental assessment entitled Ages and Stages. The upcoming 2010 dates are as follows; September 15, November 17 at the Army Community Service, Normandy Dr., Building 7264 from 1:00 pm to 4:30 pm.

Mobilization & Deployment/Family Readiness:

Free Child Care for all Family Readiness Group (FRG) Classes. * **Pre-registration Required!**

- **Family Readiness Group (FRG) Leader Class** - Instruction and guidance to assist newly appointed FRG Leaders, FRsAs and Commanders.
Each part is a 3-hour course.

Part I:	Part II:
August 11, 6:00 – 9:00 pm	August 12, 6:00 – 9:00 pm
September 11, 9:00 am – 4:30 pm	September 11, 9:00 am – 4:30 pm
October 6, 9:00 am – 12:00 Noon	October 7, 9:00 am – 12:00 Noon
November 3, 6:00 – 9:00 pm	November 4, 6:00 – 9:00 pm
- **Key Caller Class** - This class provides instruction and guidance to assist newly appointed FRG Key Callers.
August 19, 6:00 – 8:30 pm
September 9, 6:00 – 8:30 pm
November 18, 9:30 – 12:00 Noon
- **Funds Custodian Class** - This class provides instruction and guidance to assist newly appointed FRG Funds Custodians.
August 18, 6:00 – 8:00 pm
October 21, 10:00 – 12:00 Noon
- **Care Team Training - Instruction on Care Team's responsibilities and provides guidance on how to handle issues volunteers will face (such as dealing with Family's reactions).**
August 17, 1:00 – 3:00 pm
September 21, 6:00 – 8:00 pm
October 13, 1:00 – 3:00pm
- **Children & Separation Issues of Deployment** - This presentation addresses the positive aspect of separation from the deployed parent and ways to strengthen the relationship long distance. Additionally, it discusses detrimental coping strategies to watch for and signs to recognize that it is time to seek professional help.
September 16 – 10:00 am – 12:00 Noon
November 17, 1:00 – 3:00 pm

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- **Maintaining a Healthy Marriage during Deployment** - Marriage is never a simple undertaking - marriage plus the military lifestyle can seem impossible. In this presentation, participants will learn how to make their marriage work throughout normal challenges and those of the military lifestyle. October 19, 10:00 am – 12:00 Noon
- **Life in Balance: Relaxation & Stress Relief** - Competing demands will be identified, and stress management strategies (stress reduction and relaxation skills) will contribute to an understanding of how to achieve improved work/life balance.
August 19, 10:00 – 12:00 Noon
- **FRG Awards and Recognition Class** - You can't do it all yourself... You need an army of volunteers! This course will give you the tools you need to recognize your volunteers with local, private, and DA level Awards. In addition, you will be provided with all the required forms and information you need to succeed.
August 25, 1:00 – 3:00 pm
September 7, 6:00 – 8:00 pm
November 9, 10:00 am – 12:00 Noon
- **FRG IG Aces** - The training will instruct Commanders, Senior Advisors, FRSAs, and FRG Leaders how to create and manage their FRG binders to comply with regulations and henceforth any pending IG Inspections. The class will go line by line through the Inspection Plan and cover what needs to be in the FRG Binders in order to pass and even "ace" the inspection.
August 24, 1:00 – 3:00 pm
September 23, 6:00 – 8:00 pm
October 5, 10:00 am – 12:00 Noon
- **Deployment: Getting Ready** - The intent of this training is to prepare Family members (to include married and single) for the anticipated deployment of their Soldier. Checklists will be provided and reviewed. Class will identify problems that may arise or persist due to a military separation and offers suggestions on how to best deal with these issues. In addition, participants will receive information on stress-related problems and solutions associated with deployment, particularly pre-deployment.
October 26, 10:00 am – 12:00 Noon
- **Deployment: Coming Home** - The intent of the training is to prepare Family members (to include married and single) for the return home from deployment and the process of transitioning into their previous Family roles and relationships. Class will discuss the anticipation and expectations of Soldiers and Family members, potential concerns or difficulties including stresses, readjustment strategies, problem solving, parenting, PTSD, TBI and other related concerns, and recognizing when and where to get help.
September 21, 10:00 am – 12:00 Noon
- **FRG Leader Forum** - The FRG Forum is a venue for FRG Leaders to discuss current FRG Issues or concerns and to explore solutions. A different topic and guest speaker will be featured each month. Come see what it's all about!
August 26, 9:00 – 10:30 am
September 23, 9:00 – 10:30 am
October 28, 9:00 – 10:30 am
- **First Deployment: Waiting Spouses Support Group** - They say deployment and separation are expected functions of Army life. But if you've never experienced it first-hand how can you know what to expect? Our support group can help you navigate the long road and challenges ahead. Join us and find out how not to let deployment negatively impact your Family stability, individual readiness and, ultimately, the ability to meet the mission.

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September 1, 10:00 am – 12:00 Noon

October 6, 6:00 – 8:00 pm

November 3, 10:00 am – 12:00 Noon

Relocation Readiness:

- Hearts Apart:** This support group is a time when a Family member with a Soldier on an unaccompanied tour, TDY or at present is currently deployed, can come in to learn about resources, gather information and network among one another. Registration is a must and required one week in advance. Children that need childcare will be required to have their current shot records presented the day of the event.

Date: Aug 12th **Take a Dive (Pool Party & BBQ)**
RSVP: Aug 9, 2010
Time: 11:30am – 1:30pm
- Citizenship and Immigration Intake:** These 3 hour sessions provide information and instructions on preparing the application for Citizenship and Immigration. Attendees MUST register with ACS, Relocation Department:

Date(s)	Aug 11, 2010	Aug 25, 2010
RSVP By:	Aug 9, 2010	Aug 23, 2010
Time:	9:00 – 12:00 am	9:00 – 12:00 am
- Citizenship and Immigration Walk-In Clinic:** This Clinic is a session where immigrants, permanent residents and others can come in without an appointment to get answers to their questions on citizenship and immigration processes, sign -up to volunteer as instructors or class assistants, receive application packets for citizenship & Immigration processes or have their applications reviewed.

Date(s) Aug 20, 2010
Location: ACS, Building 7264, Normandy Drive
Time: 9:00 – 3:30 pm
- Permanent Change of Station (PCS) Briefings:** Are you departing Fort Riley and trying to prepare for your new adventure? Come join us as we share information to help make your transition smoother. Enrollment for this required training is mandatory.

<u>South Korea</u>	<u>Germany</u>	<u>Stateside</u>	<u>Overseas</u>
Date(s) Aug 3, 2010	Aug 10, 2010	Aug 17, 2010	Aug 24, 2010
Time: 1:00 – 2:00pm	1:00 – 2:00pm	1:00 – 2:00pm	1:00 – 2:00pm

**Please contact the Relocation Program, 239-9435 to schedule your PCS briefing.
- Reentry Workshop:** As most Families in the military are aware, returning home to the United States from an overseas tour can be exciting, daunting and just outright scary at times. This workshop is for those of you who would like a little cultural integration back into the new and ever changing world of MP3s and more.

Date: Aug 27th, 2010
RSVP By: Aug 23rd, 2010
Time: 8:30am–10:30am

Soldier Family Assistance Center (SFAC):

Fort Riley has established a dedicated Soldier and Family Assistance Center (SFAC) to support the Warrior Transition Battalion (WTB). The purpose of the SFAC is to ensure our Warriors and their Family members receive tailored, integrated, and streamlined services. The SFAC team is here to remove any barriers our injured or ill Warriors may face in support of the healing process. We do this by providing our Warriors and their Families a convenient connection to

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services, a supportive and friendly staff, and a leisure area to connect them to one another – and to a caring community. Located in Bldg 671A/673A, next to Irwin Army Community Hospital. Hours of Operation: 7:30am–4:30pm.

Fort Riley Education Services (ACES):

Education services have switched to the Garrison Resiliency 5-4-9 work schedule, effective **June 7, 2010**. This will mean, our offices and the consortium schools and universities will be closed every other Friday, in accordance with the GC schedule.

August closed dates: August 6th and 20th.

Main Post Learning Center, 217 Custer Avenue (785) 239-6481

Hours: 7:30 am – 5:00 pm

Services: Education Counseling and Testing

Learning Center 1, 7604 Parker Street (785) 239-9485

Hours: 7:30 am – 5:00 pm

Services: Computer Lab

The Computer Lab has 12 computers for Soldier and Family Member use. You will be authorized up to 5 pages of print per day. Also, there are research materials and study guides available to loan out.

Learning Center 2, 7656 Graves Street (785) 239-9824

Hours: 7:30 am – 5:00 pm

Services: Education Counseling, Tutor Center.

Tutoring Center hours will be: Monday, Tuesday, and Thursday: 9:00 am to 5:00 pm,

Wednesday: 9:00 am to 7:00 pm, Friday: 9:00 am to 3:00 pm, and Saturday: 11:00 am to 3:00 pm.

Contact phone number for Tutor Center and CLEP/DSST testing is (785) 240-3617.

Leader Skills Enhancement Courses (LSEC):

LSEC is designed to assist in the training of Noncommissioned Officers and Soldiers demonstrating leadership potential in the advanced skills needed to perform at higher-level leadership and staff positions. **ALL** Soldiers must enroll in GOARMYED

(<https://www.goarmyed.com/Login.aspx>).

Upcoming LSEC Cycles are as follows:

Cycle 6: July 26 – September 9, 2010

LSEC Advisement Day for Cycle 7 – August 9, 2010 for classes starting September 13, 2010

Class Schedule: <http://www.riley.army.mil/NewsViewer.aspx?id=2983>

Basic Skills Education Program Classes (BSEP) and GT Improvement:

BSEP is designed to assist Soldiers and Family Members needing instruction or review of Basic Skills in Math. GT Improvement classes are also available for Soldiers wanting to raise their GT Score. Review in Math, Vocabulary, and Reading Comprehension prepare the individual to re-take the Armed Forces Classification Test (AFCT).

Upcoming BSEP Classes:

- Cycle 12: July 21 – August 13, 2010
- Cycle 13: August 16 – September 8, 2010
- Classes are held at 8044 Normandy.

To enroll please see an Army Education Counselor.

Barton County College:

Fall Semester on-post evening college classes: August 16 – October 9, 2010

Online classes begin: August 16 – October 17 (Session 1 for 9 weeks)

August 23 – December 19 (Session 2 for 17 weeks)

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Central Michigan University:

Next on-post course will start: August 13 – September 11, 2010

MSA 649 Seminar in Organizational Development

Central Texas College:

Fall Semester on-post evening college classes: August 16 – October 9, 2010

Online classes begin: August 30 – October 22, 2010

Kansas State University:

No current on-post evening classes available

Southwestern College:

Next on-post course will start: August 17 – September 21, 2010

Homeland Security/Security Management Program

SMGT 311 Introduction to Security

University of Mary:

Next on-post course will start: August 25 – September 22, 2010

MGT 610 Marketing

Upper Iowa University:

Fall Semester on-post evening college classes: August 16 – October 9, 2010

Online classes begin: August 30 – October 24, 2010

Fort Riley Dental Activity (DENTAC):

- **Oral Health Initiative (OHI):** The OHI Program is underway and is getting rave reviews! Dental Fitness Classification 1 is the goal of this Department of Defense funded program. The Fort Riley DENTAC and local private sector dentists have teamed up together to ensure that all the routine dental needs are taken care of for Fort Riley's Soldiers. This is a no-cost voluntary program for the Soldier, but it does require a referral by the DENTAC. Qualified Soldiers may receive dental care with the same private sector dentist that their Family Members see or any participating dentist in local area. We can refer you to a dentist in Abilene, Junction City, Manhattan, Riley and Topeka if you like—ask your DENTAC OHI Coordinator for your options. Note: The DENTAC must initiate all referrals otherwise the Soldier will incur the monetary responsibility for any fees. Referrals are easy. Stop by your dental clinic today to see if you qualify for the OHI Program!
- **Dental Appointments-Deploying Soldiers:** Deploying Dental Ready Soldiers is our top priority and foremost responsibility! We strongly encourage all deploying Soldiers to get a current dental examination and their dental appointments as soon as possible. When we have enough time we can do almost anything. When it comes to dental care, the "last minute" is a poor course of action. Furthermore, it is imperative that all deploying Soldiers tell the Appointment Desk Staff that they are deploying so that we can ensure timely and properly sequenced dental care to meet all the Soldier's dental readiness needs before deployment.
- **Routine Dental Care:** We are experiencing difficulty in providing routine dental care for all Soldiers. With staffing shortfalls, the increased demand on our providers with the buildup of deployments this summer, we are very busy providing World Class dental health care to those with considerable dental needs. In most cases, dental appointments for routine procedures are not readily available. We ask that those requiring routine dental care be patient or consider the OHI Program described above. Cleaning appointments may be available in about three to four weeks.

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- **Failed Dental Appointments** are very costly not only to the DENTAC but to Soldier/Unit Readiness! Please call to cancel or reschedule your dental appointment as soon as you determine that you cannot make your scheduled appointment. This will allow us to give that appointment time to another Soldier. This will reduce our operating costs (think tax dollars) and allow us to take care of more Soldiers. Your dental clinic phone number is listed below.
- **Commitment:** We are committed to provide the Soldiers of Fort Riley a quality dental health care experience. We will do all that is humanly possible to take care of Soldiers dental needs. Don't wait for the last minute. Be proactive and help us help you by making an appointment with your dentist today.
- **Hours:**

<u>Dental Clinic Info</u>	<u>Phone</u>	<u>Hours</u>
Dental Clinic #1 (Hospital)	239-7955	8:00am-5:00pm
Dental Clinic #3	CLOSED FOR RENOVATION	
Dental Clinic #4	239-4174	8:00am-5:00pm
- **Dental Sick Call:** 8:00-10:00am (after 10:00am please call or you may need to be prepared to wait a while). After hours, weekend or holiday dental emergency: Report to the IACH Emergency Room.

Chaplains' Offices:

Please note for all services offering Nursery care, please bring immunization records with you.

Chaplains' Office 239-3359

Please visit our web-site at <http://www.riley.army.mil/>

Click on Services-Fort Riley Services-Chaplain

WORSHIP SERVICES AND CATHOLIC MASS SCHEDULE

Main Post Chapel 239-6597

Protestant Community Worship Service Sunday @ 10:30am

Kapaun Chapel 239-9608

Contemporary Protestant Service Sunday @ 10:30am

Morris Hill Chapel 239-4060

Gospel Sunday school @ 9:00am

Gospel Worship Service Sunday @ 10:30am

Roman Catholic Mass Sunday @ 9:00am

Roman Catholic Education Sunday @ 10:30am

Saint Mary's Chapel 239-6597

Roman Catholic Mass Saturday @ 4:30 pm

Roman Catholic Mass Sunday @ 11:00am

Wednesday & Friday @ 12:00 pm

Irwin Army Community Hospital Chapel 240-1443

Tuesday & Thursdays Catholic Mass @ 12:00 pm

Religious information

Jewish information please call: 539-8462

Muslim Religious Services please call: 776-1033

LDS Services please call: Single 537-7870

Family 539-1084

JC 238-2951

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Fort Riley offers a wide variety of dynamic worship, study and fellowship opportunities. Please visit our web site or call our chapel offices to obtain further information:

Religious Education Director	239-2979
Catholic Education Director	240-1443
Religious Support Office	239-3359
Morris Hill Chapel	239-4060
Main Post Chapel	239-6597
Saint Mary's Chapel	239-6597
Kapaun Chapel	239-9608
Normandy Chapel	239-9149
Family Life Ministry	239-3436

Public Works:

- **Energy/Water Conservation:**

- Funds saved in the energy account go to improving the quality of life for Soldiers and Families.
- Close exterior doors and windows when the outside temperature drops below the thermostat setting.
- Turn off computer monitors, appliances and lights when not needed.

- **Hunting and Fishing:**

- Rainbow trout stocking in Cameron Spring and Moon Lake began in mid October.
- A Kansas Trout Stamp and Kansas Fishing License (unless exempt) are required for all persons actively pursuing trout at either location.
- Information on Fort Riley's deer seasons is available at the Conservation Office, 1020 Huebner Road. For more information, call 239-6211 or visit the Conservation Office.

- **Household Hazardous Waste Service Available to Residents:** Fort Riley operates a Household Hazardous Waste (HHW) facility for residents to dispose of or pick up, free of charge, common household products. This service is particularly helpful when residents are moving because these items should not be thrown away and they cannot be shipped with household goods. While only active duty military personnel living on the installation may drop-off items, any government ID cardholder may pick-up items.

- Examples of products the facility accepts (and offers for pick up) - cleaning products, paints, disinfectants, drain openers, insecticides, automotive fluids, and mothballs. The HHW facility is located at the Environmental Waste Management Center, Bldg. 1945 in Camp Funston. For more information call 239-6797.

- **Fuel wood:**

- Fort Riley's fuel wood regulation (FR200-4) was updated last spring.
- A permit can be purchased for \$25.00 which now allows the permit holder 90 days to cut up to two cords of wood.
- A cord is a stack of wood 4 feet high x 4 feet wide x 8 feet long.
- Permits can be purchased at the Outdoor Recreation Center (ORC), MWR.

Call for more information to ORC at 239-6368 or to Conservation and Restoration Branch, PW at 239-6211.

- **Restoration Advisory Board:** The Restoration Advisory Board is a group of private citizens, State and Federal Regulatory agency personnel, and Installation personnel, who meet as needed to discuss efforts to clean up areas contaminated by past practices under the Comprehensive Environmental Response, Compensation, and Liabilities Act, or CERCLA. CERCLA is commonly known as "Superfund," and this meeting will include a public comment

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meeting on the proposed plan to address the remaining contamination in the ground water at the former dry cleaning facility on Main Post. The public is welcome to attend. For more information, please call the Conservation and Restoration Branch, at 239-6211.

Boy Scouts:

To join, please contact 238-5684 for more information.

Girl Scouts of Northeast Kansas and Northwest Missouri:

The Kaw Valley Girl Scouts have merged with 2 other councils and our new name is Girl Scouts of Northeast Kansas and Northwest Missouri. Funding for the council comes from the United Way of Geary County. If you are interested in being a Girl Scout leader or a Girl Scout please contact 776-1488. We are always looking for Adult Leaders and volunteers to help out with the Service Unit Team Meetings. We are always looking for adult volunteers to help with special events. If you are interested, please contact 776-1488.

Armed Services YMCA (ASYMCA):

Take advantage of our childcare programs, while your children are enjoying their day with fun filled learning activities, and socializing with others you are able to take time for yourself knowing your children are safe and well cared for. Please contact the ASYMCA for more information 785-238-2972.

**** Reservations are required one week in advance for all childcare programs. ****
All children must be registered.

Parent's Work Out:

Monday through Friday 8:30-10:45am

- Please provide a snack for your children
- \$4.25 1st child
- \$3.50 per additional child
- \$5.00 children under 2
- \$4.25 per additional child under 2

Parent's Day Out:

Monday through Friday 11:00am-3:00pm

- You must provide a sack lunch and a snack for your children
- \$10.00 1st child
- \$9.25 per additional child
- \$10.75 for children under 2
- \$10.00 per additional child under 2

Parent's Night Out: Enjoy an evening, go to dinner, or just get your grocery shopping done while your children are being well cared for in a safe environment.

Friday 5:30-10:00pm

- You must provide a sack lunch and a snack for your children
- \$10.00 1st child
- \$9.25 per additional child
- \$10.75 for children under 2
- \$10.00 per additional child under 2
- Dates Available:

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August 13 and 27
September 10 and 17
October 1 and 22
November 5 and 19
December 10 and 17

*****All childcare program prices are for the entire program this is not an hourly rate.*****

Free Childcare: Two Saturdays a month for Families of deployed Soldiers. All children must be registered and we need a copy of deployment records.

Saturday 12:30-4:30pm

Dates Available:

August 14 and 28
September 11 and 18
October 2 and 23
November 6 and 20
December 11 and 18

Operation Kid Comfort: Program designed for children of deployed Soldiers to help them through the difficult time of their parent being away. Parents are taught how to make and design a quilt with pictures of the Family, deployed Soldier, or things that bring comfort to them. All supplies are provided. A \$5.00 fee is charged per Family for childcare if needed. OKC will not be having classes in July or August.

- **Building Rentals:**
 - The ASYMCA is available for your FRG Meetings free of charge with the availability for childcare on site for a minimal fee. Call to schedule.
 - Need a place to hold a Kid's Birthday Party, Baby Shower, Bridal Shower, Scouts, etc. We offer our building for rentals. \$25.00 for 3hrs, including set-up and cleaning.
- **Car Seat Loan Program:** Geico insurance has provided us with car seats that are available to loan for 1 month at no fee. The seats accommodate newborns to children up to 40 pounds.
- **Operation Wheels:** Free transportation service for activity duty military or their dependents living on Fort Riley or in Junction City. This is available for those that do not have a vehicle or for those who do not drive. We will provide 4 round trips per month at no charge to active duty or their dependents.

The following locations are available for transportation:

1. WIC Bldg. #7264
2. ACS Bldg #7264
3. Irwin Army Hospital Bldg #600
4. Self Help Bldg. #289
5. Post Chaplain Services
6. Respite Care at ASYMCA
7. Geary Community Hospital
8. Junction City Health Department

Appointments: Please call 24 hours in advance at 762-4780 to schedule a pick-up.

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- **For more information-** Please call 238-2972, email asymca@nqks.com, or stop by at 111 East 16th Street, Junction City.

United Way of Junction City-Geary County:

The United Way of Junction City–Geary County (CFC #98013) provides support services for the military community through 15 local not-for-profits. The following list includes the services and contact numbers provided through Fort Riley's nearest United Way. Call United Way at 238-2117, email director@unitedwayjcg.org or get more information on any of these agencies at www.unitedwayjcg.org we are here to help!

- **Operation Wheels at Armed Services YMCA:** transportation for military Family members to medical appointments 238-2972 asymca@nqks.com
- **Fourth Grade Learn to Swim:** program at the Family YMCA 762-4780 ymca@nqks.com
- **Scholarship memberships for Girl Scouts:** 238-2323 www.girlscoutsksmo.org
- **Boy Scout internships:** for KSU students to fill in for deployed troop leaders 238-5684 www.Coronadoscout.org
- **Dental Clinic** at Konza Prairie Community Health Center 238-4711
- **The Crisis Center:** for victims of abuse and sexual assault 762-8835 ccijcks@carrollswab.com
- **Kansas Legal Services:** for victims of domestic violence (800) 723-6953
- **The Open Door:** emergency shelter 238-3599 opendoor@nqks.com
- **The Food Pantry:** emergency food 762-8830 vogelsang@embarqmail.com
- **Smarter Fun in the Sun:** summer activity through Boys and Girls Club 717-4020
- **Transportation for Special Olympics participants:** 209-1996 jtgeh2003@yahoo.com
- **Emergency aid for victims of disasters by the Red Cross:** 238-3163
- **Security checks:** for volunteers with Big Brothers/Big Sisters, adult mentors for at-risk children 238-1650
- **Volunteer Recruitment for CASA:** Court Appointed Special Advocates of the 8th Judicial District 762-3907
- **Habitat for Humanity:** funding for the next home built by Habitat 238-3126

Kansas Children's Service League (KCSL):

- In Kansas alone over 6,000 children each year need the care and support of foster and adoptive Families. People just like you are building brighter futures for these children by serving as foster and adoptive parents, relative caregivers, and advocates. You too can change a life. Help support our state's most vulnerable children so they can realize their full potential. Learn more by calling (877) 530-5275 or by visiting the Kansas Children's Service League Adoption & Foster Care website at www.kcsl.org
- Upcoming classes offered by KCSL:
- MAPP Training: This 10-week preparatory class is offered **free of charge** to individuals and Families interested in fostering and adopting. The classes are Tuesday nights from 6:00-9:00pm. For more information or to enroll call 1-877-530-5275.
- The Oasis program will provide **free and voluntary services to Families** with youth 10-18 who are at-risk to run away or have already run away. The goal of the program is to prevent youth homelessness, out of home placement, and to safely reunite the youth and Family by providing crisis intervention, temporary shelter, and support services. For additional information call 539-3193 ext.1701 or call the Oasis cell phone at 643-6615.

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Army Career and Alumni Program (ACAP):

- **Transitioning Service Members:** Are you a Soldier planning to transition from the military? If so, schedule your mandatory Pre-separation Briefing by logging on ACAP Express at <https://www.acapexpress.army.mil> or by calling 785-239-2278. Briefings are held Monday, Tuesday, Thursday, and Friday at 9:00am and 1:00pm. Soldiers reporting for their initial Pre-separation Briefing without a valid AKO account/password and/or arriving late will be re-scheduled.
- You may start the ACAP process up to 12 months prior to separation for ETSing Soldiers and up to 24 months prior to anticipated retirement date for Retiring Soldiers. In no event should the process begin later than 90 days prior to separation. All Soldiers regardless of reason being separated are required to complete this briefing. You do not need orders to begin the ACAP process. ACAP is here to assist Soldiers in determining whether to "get out" or "stay in".
- In addition to the Pre-separation Briefing, all Soldiers are required to attend a 4-hour VA Benefits Briefing prior to separating. This briefing is held Thursdays 9:00am-2:00pm. For those Soldiers injured while in service or want more information on the Vocational Rehabilitation program are welcome to attend the DTAP VA Briefing, Thursdays 2:00-4:00pm.
- Interested in Resume Writing? Interviewing Skills? ACAP offers a 2.5 day Job Workshop (TAP) weekly. The workshop also focuses on assessing skills, defining career goals, researching employment opportunities, and planning effective job searches. Completion of the TAP Workshop is required for further ACAP Counselor resume assistance.
- Our main office is located at 210 Custer Avenue, Room 006. In addition, we offer ACAP services for eligible Soldiers and Families assigned to the WTB and/or pending an MEB/PEB at the Soldier and Family Assistance Center (SFAC) 671A 3 Street, 785-239-8368.
- Spouses are welcome and encouraged to attend ACAP services. Briefings/seminars are by appointment only! Soldiers and spouses must have a valid AKO account to utilize ACAP services. Please visit <https://www.acap.army.mil> for more information.

Civil Air Patrol (CAP) USAF Auxiliary:

Would you like to honor and serve America? Do you want to prepare for your future while making new friends? Then rise to the challenge of cadet membership in the CAP. Cadets fly, hike, camp, get in shape, learn to lead and push themselves to new limits. If you are dreaming about a career in aviation, space or the military, CAP's Cadet Program is for you. An average of 10% of the cadets at the U.S. Air Force Academy got their start in CAP. To become a cadet you must be aged 12-18. Cadets meet two (2) hours per week and for some Saturday activities and have opportunities to attend leadership encampments, career academies and international exchanges during the summer. We meet every Tuesday at Freeman Field Airport, Junction City from 7:00-9:00pm or call 209-8223 for more information. If you need more information please go to our website www.qocivilairpatrol.com.

**Fort Riley, Kansas
"Home of the Big Red One"**

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