

**Course  
Graduation  
Requirements**

1. Students must score 70 percent or higher on the following graduation requirements:
  - a. Conduct Army Physical Readiness Training
  - b. Conduct Individual Training
  - c. Conduct Squad Drill
  - d. Communicate in Writing
  - e. Oral History Briefing
  - f. Two demonstrated Leadership Evaluations (garrison and tactical environment)
  - g. Leadership Exam
  - h. Training Exam
  - i. Warfighting Exam
  - j. Land Navigation Evaluation (75%)
2. Students must pass the APFT, and meet the Height/Weight requirements. Commandants will arrange for students to take the APFT and screen Height/Weight requirements while allowing for one retest. Students who fail to pass a final APFT or Height/Weight standards will be dismissed from WLC.  
(REF: AR 350-1; TR 350-18; TR 350-10; and WLC CMP), and SECARMY Memorandum Subject: Army Directive 2012-20 (Physical Fitness and Height and Weight Requirements for Professional Military Education, dated 17 September, 2012).
3. APFT / HT/WEIGHT IAW SECARMY Memorandum 2012-20 (Physical Fitness and Height and Weight Requirements for Professional Military Education) EFFECTIVE 01 November 2012.
4. Soldiers flagged for weight control failure will not be selected, scheduled or attend institutional training. Once soldiers meet standards, they will be considered eligible for military schools and institutional training courses.
5. Soldiers attending military schools and institutional training courses, which require preparation of a DA Form 1059 (service school academic evaluation report), will be administered the height/weight screening as a graduation requirement. All students will be administered the initial height/weight on day one and the APFT within three days.
  - (1) One retest and/or screening is allowed. It will be administered no earlier than seven days after the initial APFT - height/weight assessments.
  - (2) Soldiers who meet academic course requirements, but fail to meet the APFT - height/weight standards will be dismissed from the course.
6. Soldiers who fail to meet the body fat composition standards of AR 600-9 after a rescreening will be dismissed from the course. If students meet HT/WT standards IAW AR 600-9 no paperwork is required.
7. NCOA Commandants will not add to the standards of AR 600-9 or the SECARMY Directive by imposing any arbitrary percentages to the body fat composition.
8. NCOA Commandants will arrange for students who fail the body fat composition and deem them to be a potential health risk, to be seen at the post Medical Center or Troop Medical Clinic for medical clearance. This is also a requirement for students who look unhealthy or unfit for meeting WLC physical requirements. If medical clearance is denied, student is disenrolled.
9. Soldiers attending NCOES (WLC) under a Temporary Underlying Medical Condition, (for example: a metabolic disorder) or who fails to meet the body fat composition standards IAW AR 600-9, as diagnosed by a Healthcare provider and is being treated by the Healthcare provider for

an underlying condition, can still attend the course. This condition will not limit the Soldier's physical limitations to complete the course and has the appropriate/approved paperwork IAW AR 40-501 and AR 600-9 and will be exempt from receiving a Marginal 1059, upon completion of the course. The Soldier must present a memorandum during enrollment that states he/she is "Not medically cleared to participate in a weight control and exercise program" and "The Soldier has an underlying medical condition requiring treatment. The estimated time before Soldier can participate in the Army Weight Control Program (AWCP) is \_\_\_\_ months." This memorandum must be IAW AR 600-9, Fig 3-1 and signed by the appropriate personnel.  
(REF: Army Directive 2012-20, AR 40-501, and AR 600-9)