What Can New Parent Support Program Do For Me?

You may have many questions about the needs of infants, toddlers, and young children. This program offers expectant parents, parents of newborns, toddlers, and preschoolers the opportunity to network with other parents, ask questions, and learn new skills. The New Parent Support Program (NPSP) is a reliable source for answers to your questions in the privacy of your own home.

Why Get Involved?

- To understand the ages and stages of development for your child
- To develop a support system, decrease stress and isolation, and increase your parental confidence
- To learn why kids do what they do
- To develop common ground and improved communication with your spouse in co-parenting
- To improve your relationship with your children and enhance parenting skills
- To develop new friendships and make parenting more fun
- To feel more comfortable with the military community that surrounds you

New Parent Support Program

7264 Normandy Drive
(Custer Hill)
Fort Riley, KS 66442
785-239-9435
Who Are We?

New Parent Support Program (NPSP) services are offered by a team of registered nurses and social workers. Services are personalized and tailored to fit your family’s specific needs.

NPSP is a support service, and participation is voluntary. Home visitors are sensitive to the unique challenges and stressors facing military Families.

Services offered include home visits, support groups, parenting classes, and activities. NPSP Services will help you learn ways to manage stress, isolation, deployments, post-deployment reunions, and the daily demands of parenthood.

Who is Eligible?

Military Families (active duty, retirees, and their dependents) expecting a child or with children from birth to three years of age are eligible to participate free of charge in all available services.

How Do We Enroll?

Contact the New Parent Support Program by phone at (785) 239-9435 or stop by to sign-up. We are located in the Army Community Services Building (ACS) at 7264 Normandy Drive on Custer Hill.

Referrals

Assistance with information and referrals can be provided to help you find the appropriate military and community services to meet your Family’s needs.

Home Visits

This service offers military Families the opportunity to receive parenting and services that are tailored to fit your needs in the privacy of your own home.

Parenting Classes & Activities

The activities and classes offered provide “hands on” information and skill building for parents to support informed decision making and problem solving with toddlers and young children.

When Will You Come to Our Home?

Home visits are arranged at your convenience. Visits can range from weekly to monthly, based on the changing needs of your Family. Visits can be scheduled to allow both parents to attend the visit, if desired.