



### Softball teams end fifth week

Battalion teams win duos  
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# Fort Riley Post



### Campers clean up center

Children attending camp perform G.R.E.A.T. deed  
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Friday, June 25, 2004

America's Warfighting Center

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## Around The Army

### Camp Zama:

The Pacific Stars and Stripes reported June 24 that U.S. Soldiers and Japan Ground Self-Defense Force members participated in a joint exercise against mock terrorists who broke through an installation gate.

Over two days, both sides practiced a series of drills, including the hostage crisis, a break-in on post, a bombing and chemical attack.

For more on this story and other U.S. military news in the Pacific and Europe, visit [www.estripes.com](http://www.estripes.com) on the Internet.

### Fort Belvoir:

The Eagle reported June 17 that Fort Belvoir residents are poised to jump into the world of the high-speed Internet. It's just a question of working out a few kinks, said Cheri Thompson of the Residential Communities Liaison Office.

Verizon is working with the post to solve the "hardware concerns" while AAFES is helping with IT solutions, Thompson said.

"They are running a test in Belvoir Village now," she said of the pilot program that has had a few residents speedily online since May 26.

If all goes well with the Belvoir Village experiment, the first residents could be running at top speed by the fall, Thompson said.

For more on this story and other Fort Belvoir news, visit [www.belvoireagle.com](http://www.belvoireagle.com) on the Internet.

### Aberdeen PG:

The Aberdeen Proving Ground News reported June 10 that the post's fire department and Harford County increased their capabilities tenfold. More than \$40,000 in equipment that will enable the simultaneous treatment of 50 casualties was purchased by the county and is being maintained by APG firefighters.

Harford County had the equipment but lacked the method to store it or transport it to the scene. The APG fire department volunteered to provide a trailer to store the equipment.

For more about this story and other news at Aberdeen Proving Ground, visit [www.apgnews.apg.army.mil/](http://www.apgnews.apg.army.mil/) on the Internet.

### Fort Bliss:

The Monitor reported June 17 that 3rd Battalion, 43rd Air Defense Artillery, Soldiers built a new convoy live fire range so they could train more effectively.

They built the convoy live fire range in what some termed the perfect location for a range, complete with the dull orange debris of Ballistic Aerial Targets resting in the desert. The area at McGregor Range where the Marines and Army train with STINGER missiles is littered with the husks of these crushed BATs, which were shot down from the sky and now line both sides of the road, sticking out of the sand every which way.

For more about this story and more news about Fort Bliss, visit [www.lavenpublishing.com/fortblissmonitor.html](http://www.lavenpublishing.com/fortblissmonitor.html) on the Internet.



The new Army Combat Uniform features velcro-mounted tags, rank and badges.

## Army fields new uniform

By Marcia Triggs  
Army News Service

WASHINGTON - The Army will be fielding a new combat uniform designed by noncommissioned officers and tested by Striker Brigade Soldiers in Iraq since October.

On the Army's 229th birthday, senior leadership introduced the Army Combat Uniform during a Pentagon cake-cutting ceremony. Soldiers were on display, suited-up in the wrinkle-free uniform with a

digitized camouflage pattern.

Three different versions of the ACU have been developed. More than 10,000 uniforms have been produced and dragged through the sand in Iraq and at Army training centers. Even more are on American production lines to be issued to Soldiers in deploying units by April 2005.

Fielding to the total Army should be complete by December 2007, said officials from the Program Executive Office, known as PEO Soldier.

The Army made 20 changes to

the uniform, to include removing the color black and adapting the digital print from the Marine Corps uniform to meet the needs of the Army, said Sgt. 1st Class Jeff Myhre, the noncommissioned officer in charge of Clothing and Individual Equipment.

Black is no longer useful on the uniform because it is not a color commonly found in nature. The drawback to black is that color immediately catches the eye, he added.

"The color scheme in the ACU capitalizes on the environments that

we operate in," Myhre said. "The current colors on the ACU are green-woodland, gray-urban environments and sand-brown-desert. The pattern is not a 100-percent solution in every environment, but a good solution across the board."

"This isn't about a cosmetic redesign of the uniform," said Col. John Norwood, project manager for Clothing and Individual Equipment.

"It's a functionality change of the uniform that will improve the

See Uniform, Page 3

## Next, please



Soldiers of Headquarters and Headquarters Company, 1st Battalion, 41st Infantry, go through final checks in Craig Fitness Center before boarding a bus for the ride to Forbes Field in Topeka and a flight to Iraq.

## Task force Soldiers leave for Iraq

By April Blackmon  
Staff writer

"We're ready. We trained for this. We can do a good job and come back safely," Spc. Shamir Taylor said.

Taylor and about 800 other Soldiers of the 1st Battalion, 41st Infantry, task force gathered in Craig Fitness Center last week to finish processing for the flight manifest, board buses for the trip to Forbes Field in Topeka and the subsequent flight to Iraq.

Many of the battalion's Soldiers, like

Taylor, deployed to Iraq for the first time. These rookie Soldiers said they found a great deal of comfort and confidence in the knowledge demonstrated by their more experienced peers.

"They help you out, take some worries off your mind a bit," Taylor said.

Other Soldiers agree that their comrades' support and assistance has been beneficial.

"They squared me away with stuff I needed to know, to look out for," Spc. Keith McKinney said.

The advice and help McKinney received

answered many of his questions and helped ease many of his concerns, he said.

"I'm not really all that nervous about going over there," McKinney insisted.

Some Soldiers, like Pfc. Anthony Sherrod, admitted being "a little excited and nervous" about going to Iraq.

"But it's helpful (talking with the experienced Soldiers) 'cause now I know what to expect," he said.

The experiences from last year's deployment have also benefited the Sol-

See Iraq-bound, Page 3

## Private partner to run quarters

### Riley included in installations to privatize

Army News Service

WASHINGTON — The Army announced this month that 11 more installations will partner with private firms to renovate, build and maintain family quarters under the Residential Communities Initiative.

Fort Riley, with 3,052 units of family housing, is expected to award an RCI contract next year, along with White Sands Missile Range, N.M., and Fort McPherson, Ga. West Point, N.Y., will follow in 2006.

Other installations to enter the program through 2008 include: Aberdeen Proving Ground, Md.; Fort Jackson, S.C.; Fort Huachuca, Ariz.; Yuma Proving Ground, Ariz.; Fort Lee, Va.; Selfridge Army National Guard Base, Mich.; and Fort Richardson, Alaska.

Once all the contracts are approved, 93 percent of all on-post Army family housing will be privatized under RCI.

The Army also announced that all posts can anticipate full execution of planned environmental and force protection programs for the remainder of the fiscal year.

An Army decision May 27 to provide additional funds to the Installation Management Agency will enable IMA to retain environmental and force protection programs at original fiscal year '04 funding levels, enable the agency

See Housing, Page 2

## Command changes Grimes heads dentists serving post

By April Blackmon  
Staff writer

"I have lost the best commander in the Great Plains Region if not in the entire U.S. Army Dental Command," Col. Steven Eikenberg, Great Plains regional dental commander, said June 22 at Fort Riley.

Eikenberg and Fort Riley said farewell to Col. Larry Hanson, commander, Fort Riley Dental Activity, at a ceremony that morning on Ware Parade Field. Hanson will assume command of the Southeast Regional Dental Command at Fort Gordon, Ga.

Lt. Col. (P) Donn Grimes succeeds

Hanson as commander of DENTAC.

Grimes enlisted in the Army in 1975 and served as a medic in the 10th Special Forces Group (Airborne). He was commissioned after completing the Reserve Officer Training Corps program in 1981 as a distinguished graduate.

Grimes earned a bachelor of science degree in microbiology from Brigham Young University in Provo, Utah, in 1983. Four years later he received his doctor of dental surgery degree from the University of Texas Health Science Center at San Antonio.

During his military career, Grimes served as a general dentist in the 90th

See DENTAC, Page 3



Lt. Col. Donn Grimes



Col. Larry Hanson

## Army's top NCO visits Fort Riley

By Jamie Bender  
Staff writer

Sgt. Maj. of the Army Kenneth Preston visited Fort Riley June 21 as part of his tour of Army posts after assuming the Army's top noncommissioned officer post.

Preston visited several sites on post, including the Old Bill statue on Cavalry Parade Field and the Soldier and Family Support Center on Custer Hill. He ate lunch at the Devil's Den dining facility with Fort Riley's command sergeants major and sever-

al other noncommissioned officers and enlisted Soldiers.

During lunch, Preston talked about what is happening in Southwest Asia.

"What you and Soldiers like you are doing in Iraq and Afghanistan is helping to stand up model democratic governments," he said. "President [George W.] Bush says that we are fighting terrorism out there so we don't have to fight it at home, but I think it goes beyond that. It's all about the safety and security of the world for the next

See Preston, Page 2





## Post news in brief

### Mail classes scheduled

An Introduction to Unit Mailroom Operations class will be offered June 30 from 9 a.m. to 4:30 p.m. in building 319. Another class will be held on July 14 at the same time and location. Pre-enrollment is required. To enroll, call 239-5411.

For more information, call 239-5411. An official mail training class will be offered from 9 a.m. to 2 p.m. June 25 at building 319.

Pre-enrollment is required. To enroll or for more information, call 239-5411 or 239-5200. Other class dates are scheduled for July 29, Sept. 2 and Oct. 15.

### Safety classes scheduled

July's Directorate of Environment and Safety class schedule includes:

Environmental Team Training, July 7-8 and 19-20 beginning at 9 a.m. in room 6, building 407.

Environmental Team Training Refresher July 6 and 23 beginning at 9 a.m. in room 6, building 407.

HAZCOM Train the Trainer Course beginning at 9 a.m. July 23 in room 6, building 407.

To enroll or for more information about these classes, call 239-0446 or 239-2334.

### Drinking water report available

Fort Riley's Directorate of Environment and Safety has released the post's annual Consumer Confidence Report.

"Fort Riley's drinking water met or surpassed all federal and state drinking water regulations in 2003 and continues to do so," said Debra Porter, drinking water program coordinator.

The CCR is posted on the Internet at [www.riley.army.mil](http://www.riley.army.mil). "From the Fort Riley Home page, follow the link to Services, Fort Riley Services and then to the Environment page, which will have a link labeled 'Quality of Tap Water Report,'" Porter said.

The CCR provides information on the type and name of the water source; information on contaminants including a

mandatory monitoring list; information on detected regulated and/or unregulated contaminants; any violations associated with monitoring and reporting; and health information for immuno-compromised persons.

Information about CCRs can be obtained from the EPAs Safe Drinking Water Hotline at (800) 426-4791.

For more information about Fort Riley's CCR, consumers can contact Porter at 239-2630.

### Holiday trash collection:

The trash collection schedule for Fort Riley will change July 5-9 because of the July 4 holiday. The schedule will be:

**July 5:** No pick up.  
**July 6:** Coyer Manor, Main Post, Marshall Army Airfield.

**July 7:** Ellis Heights, O'Donnell Heights and Peterson Heights north of Thomas Avenue. Dumpsters at buildings 27, 28, 45, 470, 471, 540, 541, 620, 510 and 5309.

**July 8:** Warner Heights and Burnside Heights. (No change from regular schedule.)

**July 9:** Meade Heights, McClellan Heights, South Warner Heights and Peterson Heights south of Thomas Avenue. (No change from regular schedule.)

For more information, call 239-6274.

### Heat injury training online

Civilian supervisors wanting to provide their employees about "heat injury" can make use of a Power Point presentation on the Web at: <http://chppm-www.apgea.army.mil>.

For more information, call Becky Mabrey R.N., Occupational Health Preventive Medicine Service, Fort Riley, at 239-7042.

### Public Works to celebrate

Public Works will hold its annual organization day with a picnic and award ceremony for employees and their families on June 25. Minimal staffing will be maintained from 11 a.m. to 4 p.m. so that critical functions remain operational.



**Sgt. Maj. of the Army Kenneth Preston (standing) speaks to Fort Riley command sergeants major and other Soldiers at the Devils Den Dining Facility June 21 about the future of Army transformation. Preston stopped at Fort Riley as part of his visit to Army installations after being named sergeant major of the Army.**

## Preston

50 to 100 years." He also spoke to the non-commissioned officers about the importance of leadership positions in the Army.

"This is the busiest the Army has been since World War II," he said. "Your Army and your nation are going to need you for the position you hold. It's going to need you to lead."

After a stop at the Soldier and Family Support Center to speak with the rear detachment leaders, Preston spoke to more Soldiers at Barlow Theater.

Army transformation was one of Preston's main topics. He explained what a Unit of Action is and how it will improve the current organizations of brigade combat teams.

"Right now when you deploy a brigade combat team, you also

have to send with them a company out of a separate signal battalion, a company of air defense artillery, a military intelligence company, a platoon out of a military police company, a portion of division headquarters, a part of the main support battalion. All those systems will be embedded in the Unit of Action."

Preston explained the importance of the transformation into Units of Action.

"It is going to take a lot of pressures off the Army. In the next three years, from now until the end of [fiscal year 2006] we are going to grow the Army from 33 brigade combat teams to 43 brigade Units of Action with the option to go to 48 in FY 07."

"That's a 30 percent increase in the deployable forces that we have on the ground right now," he

said. The transformation is going to mean predictability and stability for Soldiers and their families, Preston said.

"These brigade Units of Action are going to run for a three-year life cycle," he explained. "There will be a small percentage (of Soldiers) that will transition out due to medical reasons, chapters and various other reasons. ... After a life cycle you will have NCOs that will go to be drill sergeants, recruiters or instructors in the schoolhouses."

"Soldiers in the unit will be encouraged to stay for another three-year life cycle. During that three-year life cycle, ideally, we would like to see one or two six-month deployments and get away from the one-year deployments," he said.

## Soldier remains found in Korea

**Special to the Post** Yongsan Military Compound in Seoul May 27.

A joint team operating near the Chosin Reservoir in North Korea recovered 12 sets of remains believed to be those of U.S. Soldiers from the 7th Infantry Division who fought against Chinese forces from November to Decem-

ber 1950.

A second team recovered seven sets of remains in Unsan County, about 60 miles north of Pyongyang. This area was the site of battles between communist forces and the U.S. Army's 1st Cavalry and 25th Infantry Divisions in November 1950.

## Housing

continued from page 1

to retain all temporary employees and fully fund its summer hire/student employment program.

In a message to garrison commanders May 27, Maj. Gen. Anders Aadland, IMA director, announced the Army's decision to fund the programs.

This was good news for garrison commanders following a May 11 message from Aadland that outlined a number of programs that needed to be deferred or reduced in order to decrease IMA expenditures for the remainder of the fiscal year.

The remainder of the actions outlined in the earlier message sent to garrison commanders May 11 remain in effect, according to the updated NETCALL. No. 30 message sent May 27. Those actions include: a hiring freeze for garrison staffs, reduction in supply orders and decrease of funding for conferences, travel and temporary duty for IMA personnel.

"We must reduce expenditures immediately to do our part to get through this challenging year," said Aadland in the original message sent out to garrison commanders.

As a result of candid assessments and ongoing work with the Army Budget Office, IMA was given limited additional funding for critical areas of concern, Aadland said.

The hiring freeze will not affect hiring new individuals who are essential to the global war on terrorism and the Army's move toward modularity, officials said.

IMA, like all agencies in the Department of Defense, is faced with budget challenges related to the increased and extended cost of executing support to GWOT, officials added.

The Army's housing privatization program, Residential Communities Initiative (RCI), is not affected because it is funded by monies from basic allowance housing accounts, which are not subject to this funding shortfall, officials said.

IMA also has aggressively executed sustainment projects for the barracks of Soldiers returning from operations in Iraq and Afghanistan, officials said.

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# Uniform continued from page 1

## Changes

1. Mandarin collar that can be worn up or down
2. Rank insignia centered on the front of the blouse
3. Velcro for wearing unit patch, skill tabs and recognition devices
4. Zippered front closure
5. Elbow pouch for internal elbow pad inserts
6. Knee pouch for internal kneepad inserts
7. Draw string leg cuff
8. Tilted chest pockets with Velcro closure
9. Three-slot pen pocket on bottom of sleeve
10. Velcro sleeve cuff closure
11. Shoulder pockets with Velcro
12. Forward tilted cargo pockets
13. Integrated blouse belows for increased upper body mobility
14. Integrated Friend or Foe Identification Square on both left and right shoulder pocket flap.
15. Bellowed calf storage pocket on left and right leg
16. Moisture-wicking desert tan T-shirt
17. Patrol Cap with double thick bill and internal pocket
18. Improved hot-weather desert boot or temperate-weather desert boot
19. Two-inch, black nylon web belt
20. Moisture-wicking socks

ability of Soldiers to execute their combat mission," he said.  
Every change was made for a reason.

The bottom pockets on the jacket were removed and placed on the shoulder sleeves so Soldiers can have access to them while wearing body armor.

The pockets were also tilted forward so that they are easily accessible.

Buttons were replaced with zippers that open from the top and bottom to provide comfort while wearing armor.

Patches and tabs are affixed to the uniform with Velcro to give the wearer more flexibility and to save the Soldier money, Myhre said.

Soldiers can take the nametapes and patches off their uniforms before laundering, which will add to the life cycle of the patches. Also the cost to get patches sewn on will be eliminated, he added.

The ACU will consist of a jacket, trousers, moisture wicking T-shirt and the brown combat boots. It will replace both versions of the Battle Dress Uniform and the desert camouflage uniform.

The black beret will be the normal headgear for the ACU, but there is a matching patrol cap to be worn at the commander's discretion.

At \$88 per uniform, about \$30 more than the BDU, Soldiers will eventually reap gains in money and time by not having to take uniforms to the cleaners or shine boots.

The life of the ACU began in January 2003 when PEO Soldier teamed with Myhre, Master Sgt. Alex Samoba and Staff Sgt. Matt Goodine - from the 1st Stryker Brigade, Fort Lewis, Wash.

The team looked at a number of uniforms and took the best part

of each uniform and combined it into one. They built their first prototype and delivered 25 uniforms to Stryker squads at the National Training Center. After listening to their comments, the team went back to the lab and created a second prototype.

Twenty-one uniforms were then delivered to Stryker Soldiers at the Joint Training and Readiness Center, Fort Polk, La.

"We watched them as they entered and cleared rooms, as they carried their rucksack and all of the things they had to be able to do in the uniform, and then we came up with prototype three," Myhre said.

Two issues of the third version were given to the Stryker Soldiers deploying to Iraq. Three months ago, Myhre was among a team who visited Iraq to get more feedback from Soldiers.

"We would talk to Soldiers right after they had completed a mission while the benefits of the uniform were still fresh in their minds. We wanted to know how did the uniform help the mission."

Sgt. Maj. of the Army Kenneth Preston is one of the ACUs biggest supporters. He said major command sergeants major had a chance to see the uniform and give advice toward the final version.

"We have not made a major change to our uniforms since the BDUs were introduced in the early 1980s," Preston said.

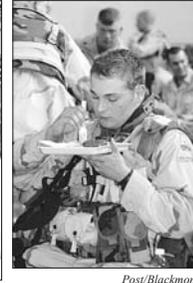
"This new uniform performs well in multiple environments. Its new pockets and color designs are a result of feedback from Soldiers in combat."

"Every modification made on the uniform was designed with a specific purpose and not just for the sake of change," he said.



Post/Blackmon

Col. Russell Gold, commander, 3rd Brigade, reminds a Soldier to take care of his "battle buddy" as he shakes hands with each Soldier deploying.



Post/Blackmon

Pvt. Lucas Rosa, Company C, 2nd Bn., 70th Armor, eats a hot meal while waiting to leave.

## Iraq-bound continued from page 1

diars who deployed.  
Many used their own advice to make this mission easier and more tolerable.

"I brought my Game Boy to

play," said Sgt. Alexander Kraft, who has been deployed to the Middle East twice before in his four years with the Army.

"I got bored a lot the last time I

was there. There was a lot of down time ... I had nothing to do. Not that there's going to be a lot of free time this time ... but I want to have something to do."

## DENTAC continued from page 1

Medical Detachment at Bad Cannstadt, Germany, from 1988 to 1991; as chief of prosthodontic services, U.S. Army Dental Activity, Fort Polk, La., from 1994 to 1998; and as platoon leader and chief of clinical services in the 464th Medical Company (Dental Service) at Landstuhl, Germany, from 1999 to 2001.

He commanded the 561st Medical Company (Dental Service) in Vilseck, Germany, from 2001 to 2003. In early 2003, he led that company into Kuwait in support of Operation Enduring Freedom and then into Iraq in support of

Operation Iraqi Freedom.

Grimes commanded the 93rd Medical Battalion (Rear) in Heidelberg, Germany, until the forward element redeployed.

"These two years at Fort Riley have been everything I've hoped for and more. Debbie and I have had a great time at Fort Riley," Hanson said, mentioning his wife.

While DENTAC commander, Hanson and his team prepared nearly 12,000 reserve Soldiers, as well as active duty Soldiers of the 1st and 3rd Combat Brigade Teams and 937th Engineer Group, for mobilization and deployment.

"Dental readiness increased to a high of 97 percent from a low of 89 percent, and as the 3rd BCT and 937th Grp. get reconstituted, we will be above the DENTCOM standard once again," Hanson said.

"For years, this DENTAC has had an excellent reputation. ... This, of course, is a reputation earned by its excellent and dedicated civilian and military staff. ... Thank you, Col. Hanson, for a job well done." Grimes said. "We will continue to build upon your accomplishments as we face the current challenges."

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POST SERVICE DIRECTORY



# Urban site adds training dimension

By Christopher Selmek  
19th PAD

Construction on what some have called "the most advanced training facility ever available to Fort Riley" is under way in the training area. Post officials expect the \$26 million project will take three years to complete. The Combined Arms Collective Training Facility will offer a state of the art method of learning how to conduct Military Operations in Urban Terrain. The facility was planned for training mechanized units, but any unit can use it. "Light forces can use it,

although it's really designed for tanks to pull up alongside here and mechanized units to conduct the training," Lee Breidenstein, range officer, said. "We're also not going to put a fence around it to isolate it from the rest of the training area," he said, "meaning that any unit conducting training can station OPFOR in the CACF, use it or ignore it as they see fit. "Commo units can practice running lines through it. Logistics guys can move through it. Command units can set up a command post in it. It's really multi-task," Breidenstein said. Planners picked the south end of the training areas for the

MOUT site so it would be available for training year round, Breidenstein said. That location also allows its incorporation into the first or last phase of a training exercise, he pointed out. "There's a great deal of flexibility with what a unit can decide to do with this area," Breidenstein said. "If it fits in with the training, they can even bring in role-players, though they aren't a part of the range or operation." The site is not designed for ball ammunition. Instead, Soldiers will fire blue tip ammo that leaves a blue mark where it hits but causes no injury, paintballs or simunitions.

The structures being built will probably not be visible until later this fall, Breidenstein said. Phase one of the project will make 21 of the site's 26 structures available to units wanting to practice securing and clearing an urban area. That phase should be finished in fall 2006. "The equipment we're expecting includes cameras in every building and speakers and microphones that all feed back to the control center," Breidenstein said. The second phase needs Congressional approval. Breidenstein will review structural plans and schematics with political representatives during the 95 percent design review June 29 through

July 1. Phase two will build the five remaining structures needed for the MOUT site and seven other facilities for training leading up to exercises in the MOUT site. Additional facilities coordinated to add to the overall training are individual trainers, squad/platoon trainers, a breach facility, an underground framer, a shoot house and grenadier gunnery. "When this is done, it's going to look like a real small town," Breidenstein said. "It'll have realistic houses, all different colors, a church with an occupy able steeple, school, farmhouse and a simulated gas station. "We're also working on what

we call a shanty town, which is a walled area with low structures," he said. "The most impressive element, according to Breidenstein, is the Range Operation Center, which will include a 100-person theater for audiovisual after-action reviews and remote controls for the entire site. "The AARs are really impressive because they track not only one time of day, but exactly what was said to happen," Breidenstein said. "Right now we don't have anything nearly this good," he said. "We're finally getting something that can be used by anyone and is specifically designed for MOUT."

# Unit gears up for Iraq

## 300th MPs train with Claymore mines, more

By James Tamez  
19th PAD

Soldiers in the 300th Military Police Company participated in Theater Specific Individual Readiness Training June 16 in preparation for redeployment to Iraq in support of Operation Iraqi Freedom. Their activities included training with the M18A1 Claymore mine, the M136 AT 4 light anti-tank weapon and the M67 hand grenade. "We did the grenade qualification course and threw live grenades," said Sgt. Devon Perrymon, a team leader in 2nd Platoon. "This qualification course is an outstanding course. It provides you with the opportunity to attack bunkers coming from a kneeling position and from a prone position," he said. The MPs also practiced throwing a grenade while lying on their backs, which is difficult, Perrymon said. "Soldiers don't get a lot of practice on it, so it is great." At the Claymore range, the training allowed some Soldiers to fire mines rather than restricting that training to noncommissioned officers, Perrymon said. "That was good. It gives the Soldiers experience and helped to

"We got to aim at the Osama bin Laden target. That was pretty cool."

— Pfc. Heather Brown  
300th MP Co. driver

prepare them for the next level." Nine Soldiers had the opportunity to detonate Claymores, Perrymon said. "The AT4 training was also great," Perrymon said. "Everyone got the chance to fire (9 mm) rounds. We didn't fire actual AT4s, but it is still great training experience." "This training is hands on," Pfc. Heather Brown, a driver, said. "You get a real feel for the things you are doing and the equipment you are using. You will know firsthand out in combat what you are working with and what the maximum limitations are." "The best part of the training is that it is hands on," Pfc. Adam Schlie said. "It brings confidence because I can say that I have done it." "We got to low crawl out to a position," Schlie said. "We set up the Claymore, armed it, low crawled back and then detonated

it when we got the command." "We got to aim at the Osama bin Laden target," Brown said. "That was pretty cool." "It was pretty cool when we got to detonate it," Schlie said. "It's not anything that you normally get to do. It definitely shook the ground." "This training has been awesome," Brown said. "I hope we can do some more hands on stuff so that everyone will know how to handle the equipment." This training is necessary, Perrymon said. "It is beneficial to the type of missions that we run. Whether it's convoy escorts, base security or VIP escorts, we could at any time implement the use of any of these weapons that we are training on," he said. Perrymon said these types of training missions also work to enhance Soldier comradery, something that helps them be successful in future operations. "This type of training helps to bring us closer together," Perrymon said. "We know what to expect from each other the next time that we get deployed. A lot of these Soldiers were together in Iraq before coming back here. Now we're doing some good training and brushing up on the skills we were trying to hone when we were deployed."



19th PAD/Tamez  
Sgt. Chris Tomlinson (right) of the 300 MP Co. observes as Pvt. Sheila Coyne practices arming a Claymore anti-personnel mine.

## 'On Point' shares OIF lessons learned

Army News Service  
WASHINGTON — A little more than a year after the end of major hostilities, the Army released its first major study May 25 on operations that liberated the Iraqi people. Hard copies of "On Point: The United States Army in Iraqi Freedom" are available through regular Army publication channels and an online version can be viewed at onpoint.leavenworth.army.mil. The book is not intended to be a definitive history of what exactly occurred during Operation Iraqi Freedom. Instead, it provides an overview, according to its three co-authors. "On Point" discusses the good and the bad — including the ambush of the 507th Maintenance Company and the deep Apache air attack that went wrong. The Army does a good job of looking at and learning from its failures so that the same mistakes will not be made in the future, co-author Lt. Col. E.J. Degen said. "The Army is a learning organization," co-author Lt. Col. David Tohn said. "The Army is not waiting for a final study to make changes."

# Armor battalion gets new commander

Staff report

Lt. Col. Eric J. Wesley accepted the reins of 1st Battalion, 13th Armor, during a change of command ceremony June 16 on Cavalry Parade Field. The battalion's colors passed from Lt. Col. Francis Sherman, who had commanded the battalion's Soldiers since July 2002. He led the "It Shall Be Done" battalion through several gunnery and gauntlet rotations, a National Training Center rotation and a yearlong tour of duty in Iraq. He led the battalion in combat operations in northwest Baghdad during Operation Iraqi Freedom. Wesley began his career as an Army officer in Erlangen, Germany. After graduating from the U.S. Military Academy at West Point, N.Y., in 1986, he was assigned to 3rd Battalion, 34th Armor. While there he served as a tank platoon leader, scout platoon

leader and the battalion's S4. He first came to Fort Riley in May 1991 after graduating from the Armor Officers Advanced Course at Fort Knox, Ky. He was assigned as 1st Battalion, 34th Armor's, S3 Air, and later commanded Company B, 1st Bn., 34th Armor. After 3 1/2 years at Fort Riley, Wesley moved to U.S. Army Special Operations Command to serve as a detachment commander with the 4th Psychological Operations Group. He deployed with that unit in 1996 to serve eight months in support of operations in Bosnia. Service in Bosnia was followed by attendance at the Command and General Staff College. He served next with the 3rd Infantry Division (Mech) beginning in June 1998. While assigned as the S1 for the division's 2nd Brigade, Wesley deployed to Kuwait in support of Operation Desert Fox.



Lt. Col. Eric Wesley

About a year after joining the 3rd Inf. Div., Wesley became the S3 for 1st Bn, 64th Armor. In June 2000, he was named the division's deputy G3. Wesley rejoined the division's 2nd Bde. in March as the S3 and in May 2002 became the brigade's executive officer. While Wesley served as executive officer, the brigade took part in Operation Desert Spring in Kuwait and would later lead the division's invasion of Iraq until the fall of Baghdad. The brigade was later assigned to counterinsurgency operations in Fallujah. After the division redeployed, Wesley assumed duties as the division G7 until he was reassigned to Fort Riley. Wesley's awards and decorations include the Bronze Star Medal for valor, two Meritorious Service Medals, Joint Service Commendation Medal, two Army Commendation Medals and six Army Achievement Medals. He also wears the Parachutist Badge and Ranger Tab.

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# MP specialist named Soldier of Year

## Fort Carson NCO reaps top honor in Northwest Region

By *Shatara Seymour*  
Fort Leonard Wood PAO

Northwest Region of the Installation Management Agency named Spc. Kellisen Thompson of the 252nd Military Police Detachment at Fort Leonard Wood, Mo., its Soldier of the Year and Sgt. Larry Johnson of Headquarters and Headquarters Company, U.S. Army Garrison, Fort Carson, Colo., as its Noncommissioned Officer of the Year the latter part of May.

Competition took place May 17-21 at Fort Leonard Wood.

"Welcome to the first IMA Soldier and NCO awards dinner," said Northwest Region Command Sgt. Maj. Jeffrey Michels, after competition ended. "This has been a fun, interesting, wet and challenging competition."

Many of the Soldiers agreed.

Johnson said his greatest challenge was adjusting to the thick, dense forest. He came from a post where land navigation is done in open areas, not in wooded terrain.

The weather proved to be the most challenging factor for Thompson. "Trying to find points in the rain while it was thundering and lightning made land navigation the greatest challenge of the competition," she said.

Though one Soldier and one NCO walked away with the individual titles, teamwork played a role in the competition.

"We worked together as a team to accomplish one thing," said Spc. Jacqueline Griffis of the 107th Maintenance Company at Fort McCoy, Wis. "I have learned a lot, and this competition is not all about individualism. You are not out there by yourself; you are out there with your buddies."

The competition measured Sol-

diers' physical fitness levels, common task skills knowledge, operation of the M16 rifle and writing and intellectual abilities.

Johnson said the first thing he thought when given the essay topic of "How does IMA and my daily activities support the global war on terrorism?" was, "Oh, God, help me."

Retired Sgt. Maj. of the Army Richard Kidd praised each Soldier competing.

"All of you are hooah Soldiers," he said. "To be picked from your command to be the representative for this ultimate competition should make you feel fantastic. You are all precious assets to our nation and to our Army."

The competition went great and the Soldiers enjoyed it, said Fort Riley Garrison Command Sgt. Maj. James Noble. "It was very competitive and the teamwork, confidence and spirit the

Soldiers put into it helped out a whole lot.

"Hopefully, this competition will boost Soldiers' morale and boost confidence in Soldiers to do their jobs better," Noble said.

Like many of the other Soldiers, Noble agreed that land navigation was the greatest challenge for the Soldiers because of the weather conditions and the different environment they were put in.

"I did not expect to win, but it feels great to be Soldier of the Year. I am proud of myself," Thompson said.

"This is a blessing and an honor," Johnson said. "I didn't think I was going to win, yet I was fortunate to score a few more points than the other NCOs. Any of us could have won."



LACH/Clark

### Colonel strikes first blow

Col. Julie Martin, former Irwin Army Community Hospital commander, lands the first blow to the third floor walls in the hospital. Before stepping down as commander, Martin used the sledge hammer to officially begin renovations that will turn the third floor into a Women's Health Center with OB/GYN clinic and eight labor and delivery suites. The louder noise level caused by the renovation should last about three months, according to Frank Harrison, Health Facility Agency project manager. Expected completion date for the center is August 2005.

Check out past issues of the Post in the online archives at [www.riley.army.mil](http://www.riley.army.mil)

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## Central Command resumes R&R flights

Army News Service

WASHINGTON — About 540 Soldiers were welcomed back to the states by family, friends and media in Atlanta and Dallas-Ft. Worth June 16 as the Army resumed contract rest and recuperation flights.

Soldiers from the Central Command area of operations flew to the United States on contract R&R flights for the first time since the flights were suspended Feb. 1.

The first two flights carried about 270 Soldiers each. They took off from Kuwait City on June 15 and landed the next morning at ATL and DFW, respective-

ly. For now, one flight is landing every day at each of the two airports.

When the first group of Soldiers returns from leave, there also will be a return flight leaving every day from the two airports.

R&R leave is awarded to Soldiers who have been deployed to CENTCOM for a 12-month tour and are at least three months but not more than 11 months into that tour.

They must also have received approval from their commander.

At ATL and DFW airports, Soldiers exited the planes to find crowds of people cheering their arrival.

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STATEMENT OF OWNERSHIP





Soldiers of the 1st Bn., 161st FA, from Garden City and Liberal Kan., line up their M109A5 howitzers for movement. The Soldiers recently spent two weeks at Fort Riley for their annual training.

Post/Bender

# Kansas, Chicago artillerymen train

By Jamie Bender  
Staff writer

The 1st Battalion, 161st Field Artillery, from Garden City and Liberal, Kan., returned to Fort Riley for their annual training this summer. The battalion deployed to Fort Riley in support of Operation Noble Eagle II last year.

The battalion, part of the 35th Infantry Division (Mech), Kansas National Guard, included members of the 122nd Field Artillery Battalion from Chicago and the 174th Ordnance Battalion.

The added Soldiers joined the 1st Battalion for annual training because Soldier deployments left too few at home for the units to train on their own.

Annual training included familiarization on crew-served

weapons, lanes training and a supply and maintenance inspection. Lanes training puts Soldiers through different scenarios to test their tactical military knowledge and responses.

"We took crews out on the [50 caliber machine gun], the M9 pistol, M249 squad automatic weapon and the 'Mark 19.' We got everyone qualified on those weapons, which was above standard," said 1st Lt. Darby Prine, executive officer for Battery A, 1st Bn., 161st FA. The "Mark 19" is a belt-fed automatic grenade launcher that operates similarly to a machine gun.

After the ranges, Soldiers moved to the field for lanes training.

"We had three lanes: a fight lane, a survive lane and a move lane," Prine said. "The fight lane

involved getting our howitzer battery in place and receiving firing missions. The survive lane involved reacting to blocked ambush, reacting to unblocked ambush and reacting to any type of contact you might have while en route to your next firing position."

In the move lane, Soldiers were required to take part in the movement of the Howitzer battery.

"We would receive a movement order and then plan the movement, brief the movement and then execute the movement to get into the next firing position and be ready to fire by a certain time," Prine said.

"Most times are within 15 minutes of the release time. That means, from the time we clear the last release point we have 15 minutes to occupy the next point," he

said.

Prine said he felt the annual training went exceptionally well because of the unit's recent deployment.

"The training that they accomplished [at Fort Riley] during the deployment [for Operation Noble Eagle] reflected in their performance in this annual training. We passed our inspection," Prine said. "We not only familiarized with crew-served weapons, we qualified, which was above the standard. Their performance in the different lanes was outstanding."

Staff Sgt. Travis Bachman, section chief for Battery A, agreed that the Soldiers' performance was outstanding.

"I didn't have to ask them to do anything," he said. "They did their jobs above standard. I didn't have worry one."

Bachman said the most important thing he wanted his Soldiers to learn was safety.

"Things like keeping Soldiers hydrated and watching out for each other using the buddy system and making sure everyone is safe around the equipment is important," he said.

Mobilization of National Guard and Reserve units has affected training, in Prine's opinion.

"The deployment experience has an odd effect," he said. "Our recruitment and retention goes up. When I first got in the reserve component, you kind of felt like a second-stringer. Now we are right in the thick of things. That relevance helps us out. Soldiers are more focused. When you know you are going to be deployed or could be deployed, you are more

focused on what your job is."

The Guard and Reserve components bring another aspect to the regular Army during training and deployments. They bring a lot of civilian experience to the job, Prine said.

The unit's mechanics provide a good example of that. One mechanic has about 30 years of experience and another is a civilian employee at a depot. "His sole job was to work on Humvees," Prine said. "There isn't anything he doesn't know about Humvees."

"I am a police officer by trade. There were nine units in the Guard that were transitioned over into provisional MPs and were deployed. That could happen to us, so those of us who are police officers bring that kind of experience to the regular Army," Prine said.

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# Commentary

## Legally speaking

### Contract basics offer some protection

By Juan Garcia  
Legal Assistance Office

How often do you get involved with the law? Rarely? Think again.

The fact is you probably enter into legally enforceable transactions every day. Every time you buy something in the store, get your oil changed, use a toll road or bridge, or order a pay-per-view event, you enter into a binding contract.

Remember all those papers the recruiter had you sign before you went to basic training? Virtually all those papers were individual contracts or parts of your enlistment contract.

Think of contracts as promises to do something in exchange for something of value, or another promise. Contracts are the building blocks of our economy. Without them, it would be very awkward to exchange goods and services. People would not be as motivated to start their own businesses. Without this entrepreneurial spirit, our economy would not be as strong and as developed as it is today.

Therefore, the ability to hold people accountable for the promises they make is a vital ingredient of any market economy.

#### Who can enter into contracts?

Anyone over 18 years old who is physically and mentally able may enter into a contract. A physically and mentally able person means a person who can read and understand the subject matter of the contract he or she is entering into.

Agents also enter contracts on behalf of their principals. When you give someone a power of attorney that person becomes your agent and he or she can enter into contracts in your name.

Many types of contracts exist. In some cases, a written contract

is not required. For example, when you sit at a restaurant, it is implied that you are promising to pay after you have eaten your meal.

For these types of contracts, there are really no parts other than your conduct and the other party's conduct. Your conduct signals something to him or her that originates the transaction. The delivery of his or her services or goods signals to you that it is time to pay for those services or goods.

It is always a good idea to put a contract in writing. Contracts for the sale of real estate and contracts worth more than \$500 for the sale of goods are invalid if they are not in writing. If you are not sure whether you should, put it in writing anyway.

All written contracts contain at least four basic substantive parts: the subject matter of the contract, the time of performance, the quantity or service (of the subject matter), and the consideration. Procedurally, a written contract needs to identify the parties entering into the contract and their signatures.

The most important part of a contract is consideration. Consideration is the promise that you will either do something or that you will agree to not do something in exchange for the other party's promise to do or not do something.

In other words, consideration is what you are trading. It could be money, a service, merchandise or even abstaining from exercising a right, which is called a detriment.

For instance, if you get into a car wreck and it was the other driver's fault, you could sue the other driver. However, if you contract with the other driver that he will pay you a certain amount of money if you agree not to sue him, you are forfeiting your right to sue.

Consideration is sometimes replaced by reliance. Reliance is the detriment that a person suffers as a result of what he was promised to receive.

For instance, think of a person who is promised a job out of town. Relying in this promise, he or she quits his existing job, terminates his lease and spends money preparing for the move. However, before taking the new job the promise is withdrawn.

Should this person be entitled to relief? Yes. This person should be entitled to recover what he or she spent and what he or she suffered by relying on that promise.

Why do we sign contracts? Your signature on a document means that you are vouching for that document's validity. For example, if a document states that you will pay a sum of money as rent every month, your signature in such document tells the world that your promise is valid. Conversely, the landlord's promise to give you access to a house is validated by his or her signature. Both of these promises are good "consideration" that once exchanged, creates a valid contract.

A contract bearing your signature tells the world that you will do everything that you promise in that piece of paper. The same applies to the other party to the contract.

**A presumption of law**  
The law presumes that you understand what you have promised and what you expect in return.

This legal presumption may affect the validity of a contract. If both parties have a mistaken belief about the meaning of the contract, a court is likely to rule that the contract is no good.

If only one party is mistaken, the other party is not responsible for the mistaken party's fault and the contract will still be enforceable.

Exceptions to the rule exist when the non-mistaken party either knew about or caused the mistake or when enforcement of the contract would be unconscionable (significantly unfair to

one of the parties). An example of a one-sided mistake is when the contract contains a cooling-off period or a time sensitive right or benefit. If you forget to exercise this right or benefit, the other party does not have to give you any extra time.

You must understand the contract and know what you need to do and when you need to do it. If you make a mistake, due to your own fault, the contract is still good and you must carry out your obligations under it.

It is important to pay attention to what you sign. Many people still sign contracts without understanding the effect of their actions.

Contracts entered for the buying of a car provide great examples. Many car buyers want a car so badly that they will enter a contract where the price, the interest rate and other terms of the contract are so excessive that, if the buyers had known what they were getting into, they would not have signed these contracts.

The buyer may not be at fault, considering that the language written in the contract, the small print, the salesperson's pressure and other factors make it difficult even for an experienced and educated person.

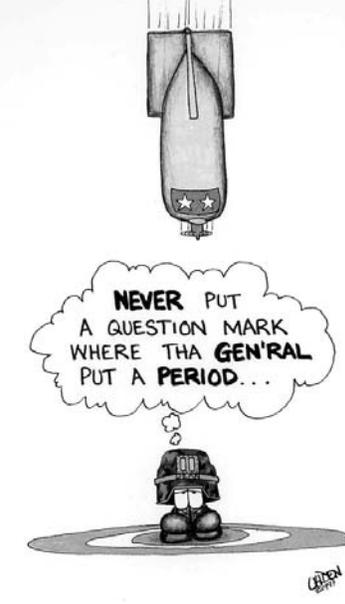
What can you do the next time you sign a contract? First of all, read everything you sign at least twice. Do not be rushed.

Ask questions about what you do not understand. You can ask the other party, a friend, or you can seek the services of an attorney.

The latter option is one of the services the legal assistance office provides to Soldiers, and it doesn't cost you a thing.

Next time you are thinking about buying a big-ticket item, bring a copy of the contract to the legal assistance office before signing it. An attorney can walk you through what you are promising in the contract so you will not be surprised or disappointed later.

### Grunt By Wayne Udden



### Army One Source Q's & A's

**Q: What about pay-related issues and other Army administrative issues?**

**A:** The Army One Source staff will not provide information on pay related or other Army administrative issues, but can and will provide referrals to appropriate resources and depending on the callers' desires and timing of the call, provide a "warm transfer."

**Q: How do I access AOS?**

**A:** Simply call the following telephone numbers: (800) 464-8107 in the continental United States or the country access code followed by (800) 464-81077 if outside the continental United States.

## For your health

### Depression deserves appropriate medical attention, too

By Carolyn Comer  
Moncrief Army Hospital

Have you noticed changes in the pattern of your sleep or appetite? Either unable to sleep or find yourself sleeping too much and still feeling tired?

Do you have no appetite with

weight loss, or an increased appetite for no reason?

Have you lost interest in activities you once enjoyed? Do you feel restless or agitated?

Do you have thoughts of feeling that life isn't worth living?

If you can identify at least two of these symptoms lasting two

weeks or greater, you may be suffering from depression.

Depression is a very common illness that often goes unrecognized or undiagnosed. One in six Americans will suffer major depression sometime during life.

About 7 to 10 percent of adults experience depression needing treatment in any given year.

Symptoms include inability to work or concentrate, sleep and appetite changes, and loss of interest in activities previously enjoyed. Among those suffering from depression, about 35 work-days a year are lost per individual.

Women experience depression two times more than men. Hormonal changes such as pregnancy,

miscarriage and menopause may contribute.

Symptoms in men include those mentioned and often are displayed as irritability, anger and drug and alcohol abuse.

Factors that may trigger depression include grief and role changes, such as moves, retirement and interpersonal conflicts.

Often there is no trigger for depression.

If you show symptoms of depression, don't be afraid to inform your primary health-care manager. Encourage others to do the same. Don't feel embarrassed to ask for help. Mind and body are interactive and mental health issues deserve to be addressed.

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# The good war

## City to get new clinic

### 1st Battalion, 34th Armor, aids community

By Mark Oliva  
1st Marine Division

KHALIDIYAH, Iraq — What is now an empty dirt lot in the middle of a maze of brick and concrete homes will soon be the key to a small Iraqi community's promise of health care.

Marines of the 1st Marine Division and Soldiers of the Army's 1st Battalion, 34th Armor, recently broke ground on a new medical clinic in the Abu Fleis district of Khalidiyah, a city wedged between Fallujah and Ar Ramadi.

Marines and Soldiers working in the area learned from local leaders that "the area was underserved as far as medical capabilities," said Navy Capt. John M. Williams Sr., a public health officer for the 1st Marine Division. "The people needed a clinic now, so this was more of a cooperative effort between us and the locals."

Williams said that medical clinics in Iraq are normally built and administered by the Ministry of Health in Baghdad, Iraq's capital.

"The need was so great in Khalidiyah, though, that doctors, local leaders and a sheik came together with Marines and Soldiers to solve the problem."

The local district manager, Thaar Hulu Hamdala, coordinated the effort and Sheik Khalil Hardan Suleiman donated the plot of land where the clinic will be built. Iraqi Dr. Rami Barko Aeyoos already has volunteered to work at the clinic.

"It's a novel approach to building a clinic," Williams said. "It's

"We've already put money into other health clinics and schools. This is another example of local communities identifying their needs."

— Lt. Col. Jeff Swisher  
Commander

going to be up and operating much faster. The hope is that in a year the Ministry of Health will pick it up."

The project is slated to cost \$39,800 for construction and another \$7,500 for furnishings. It is estimated the project will be complete Aug. 24. When it's completed, the clinic will serve nearly 4,000 Iraqis from about 700 different families.

Army Lt. Col. Jeff Swisher, commander of the Army's 1st Battalion, 34th Armor, said the clinic groundbreaking was a step forward in improving life.

"This is part of a continuing partnership," Swisher said. "We've already put money into other health clinics and schools. This is another example of local communities identifying their needs."

Suleiman said the clinic will be a leap forward in the local community's ability to care for themselves. The area is traditionally underserved in municipal projects and only recently, with coalition help, were improvements made.

"Health is always a concern," the sheik said. "After that, then we can think about wealth. Through this, they can build good relations as much as they serve the people."

The shortage of health care in the Abu Fleis region of Khalidiyah was apparent. Iraqis draw water straight from the Euphrates River. They have sporadic electricity and most health clinics in the area have no way of storing vaccines and antibiotics that need to be refrigerated.

"Simple things like X-ray machines are needed here," Williams said. "If someone has a broken arm, they have to travel to Ramadi, which is half a day's travel."

To start relieving the problem, Marines and Soldiers delivered medical stocks to other nearby clinics, including gauze and medicine to treat diabetes. More efforts are being made to keep the shelves full.

"We're trying to assist with direct donations of medical supplies," Williams said. "We anticipate in the next four to six weeks we'll see a direct shipment of donated medical supplies we can surge to these clinics."

The idea of Iraqis from Khalidiyah working with coalition forces is a positive step, forward, Williams said. The region is known for not being friendly toward Soldiers and Marines patrolling the area.

"The clinic sends a positive message that the coalition does care," Williams said. "Out of all the clinics, I've got the best feeling that this one will succeed. This is truly a community effort."



USMC/Oliva

Army Lt. Col. Mike Cambrey, commanding officer for the Army's 1st Battalion, 5th Field Artillery, speaks with Iraqi officials about the new medical clinic his Soldiers and Marines from 3rd Civil Affairs Group, helped build. The medical facility replaced an old one in Ar Ramadi, giving the doctors a modern facility to treat an average of 200 patients each week.

## Joint project improves care

### 1st Battalion, 5th Field Artillery, lends hand

By Mark Oliva  
1st Marine Division

CAMP RAMADI, Iraq — Iraqi citizens in one borough of Ar Ramadi recently got a boost in the availability of medical care, thanks to Soldiers and Marines serving in the area.

Soldiers of the 1st Brigade Combat Team, 1st Infantry Division, and Marines of the 3rd Civil Affairs Group celebrated the opening of a medical clinic in the city's 5K district.

It was a project the Soldiers — who are serving with the 1st Marine Division — identified as a community need months ago.

"When we first met with the leadership of the community, the No. 1 thing they needed was a new medical clinic," said Army 1st Lt. Greg MacMillon, a civil

affairs officer with 1st BCT.

"When we saw the clinic they were using, we could see it was in pretty bad shape."

The community's old medical clinic was a tin-roofed structure. The facility was old and lacked electricity. An oil lantern stood on a table in an examining room.

The back room pharmacy was a series of aluminum lockers. Arabic posters extolling proper health measures and proper infant care covered the walls.

By contrast, the new medical clinic is built of concrete with carpeting on the floors. A fresh coat of paint was applied inside and out.

Modern plumbing was installed and a refrigerator keeps medicines cool.

New furniture for the waiting area and examining tables were

bought.

The Imam from the mosque next to the facility donated the land where the clinic was built.

The entire project cost \$71,000, MacMillon said. The cost to build the new facility was roughly the same as it would have been to renovate the old.

Army Lt. Col. Mike Cabrey, commanding officer of 1st Battalion, 5th Field Artillery, helped the clinic's doctors cut the ribbon to the new facility and commented that the event was a step forward in the relationship between the Iraqis in the community and coalition forces.

"This is a reflection of the support and the kindness this community has shown us," Cabrey said. "I'd like to come by here and see people being cared for, Iraqis taking care of Iraqis."



USMC/Oliva

Navy Capt. John M. Williams Sr. (left), a public health officer with 1st Marine Division, and Army Lt. Col. Jeff Swisher, commander of 1st Battalion, 34th Armor, join Iraqi leaders in breaking ground on a new clinic in the Abu Fleis community of Khalidiyah, Iraq. The clinic project is a cooperative effort between the local Iraqi leaders and coalition forces.

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What's The News?





# Staff seeks resumes for temp jobs

By April Blackmon  
Staff writer

The Civilian Personnel Advisory Center is sponsoring a job and information fair from 8 a.m. to 4 p.m. June 28, in building 319.

The job and information fair is mainly for individuals interested in employment in temporary positions that will directly support Fort Riley's role in the global war on terrorism.

"These are temporary emergency hires to replace the outgo-

ing GSU (Garrison Support Unit reserve Soldiers) from the 6025th," said Cindy Colson, CPAC director.

The 6025th GSU Soldiers left Fort Riley this month after spending 18 months processing Soldiers for deployment and upon redeployment.

The 648th Area Support Group, a 38-member Reserve unit, replaced the 6025th GSU.

Fort Riley plans to hire as many as 54 civilians to help offset the difference in Reserve manpower.

CPAC staff will collect resumes, provide information on the available positions and gather information from applicants.

"We're not hiring on-the-spot, but gathering more information to help better identify possible qualified candidates," Colson said.

Positions are open to anyone and employment will begin before Aug. 1.

Positions include personnelists, administrative assistants, administrative management, physical and personnel security, ammunition delivery drivers, motor vehi-

cle operators and chemical materials handlers.

All applicants should bring a resume that includes their name, address, phone number, e-mail address, hours per week worked and work experience.

Applicants are encouraged to access Civilian Personnel Online and fill out a resume in Resumix.

To access Resumix, visit the CPOL homepage at [www.cpol.army.mil](http://www.cpol.army.mil). Go to "Employment" and click on "Army's Resume Builder." Prior employees and veterans

with a secret or higher security clearance should annotate that information on their resumes.

Veterans should also bring a DD Form 214 (member 4 copy) showing all their military service.

Students enrolled in summer or fall college classes should bring proof of enrollment and their latest transcripts.

CPAC also will be taking resumes to put in their database for consideration when future positions become available. For more information, visit [www.riley.army.mil](http://www.riley.army.mil).

## Plan ahead for safe PCS move

By Paul H. Inman  
Chief, Safety Division

A permanent change of station can be a headache whether it's just moving locally or a traveling great distance. Taking a few preventive measures could make this transition easier and safer.

Accidents have become commonplace when moving. Many of these accidents and injuries can be disabling. Some could even be fatal.

Many accidents are attributed to complacency. "All I am doing is packing some boxes." Does this sound familiar? Most accidents are triggered by unsafe behaviors. Because we have not been hurt before, we don't think that it can happen to us.

Practice the pattern of safety.

The best preventive measure is to have a plan; moving is not a haphazard event. Slips, trips and falls do not have to be a part of the package. Even the Do It Yourself move can be very safe. Here are just a few safety tips to keep in mind:

-- Dispose of flammables such

as fireworks, cleaning fluids, matches, acid, chemistry sets, aerosol cans and ammunition with the appropriate agencies on post.

-- Drain mowers and other machinery and discard used cans of oil, paint, thinner or other substances at the Environmental Waste Management Center operated by the Directorate of Environment and Safety.

-- Proper moving accessories should include hand trucks for lifting large appliances and dollies. Back injuries are the No. 1 debilitating injury.

-- Use packing cartons specifically designed and built for moving.

-- Use packing tape. Using masking tape or scotch tape is not a safe idea. Use heavy-duty tape designed for packing as well as for taping things like mop and broom handles together.

-- Wear gloves to protect your hands.

-- Use rope or cord to secure doors on appliances and dressers.

These have a tendency to swing open when not on level ground.

-- Do not allow passengers or pets to travel in the cargo area, no matter what the distance is.

-- Increase the following distance when driving. Trucks take longer to stop than cars do.

-- Remember, do not overload yourself.

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# Fort Riley Sports & Recreation

Friday, June 25, 2004

America's Warfighting Center

Page 11

## Sports news in brief

### Fort Riley Prairie Run

The Fort Riley 10-5-2-mile prairie run will take place July 24 for the military community and the general public. The five- and 10-mile races will begin at 7 a.m. The two-mile race will begin at 7:10 a.m. Starting and finishing points are at King Field House on post.

Awards will be given to the top three finishers in each gender and age category for each race, as well as an overall award to the top male and female finisher of each race.

The 10-mile race will be used to organize an active duty team to represent Fort Riley at the Army 10-Miler in Washington, D.C., in October.

Registration forms are available at the Fort Riley Sports Office, building 202. The entry fee is \$10 if registering before July 16, or \$12 for later registration.

For more information, call 239-2813 or 239-2172.

### Annual Coors Freedom Run

The annual Coors Freedom Run will take entrants over a 10K course in Junction City July 4. The race will start at Heritage Park, Sixth and Washington streets at 7 a.m.

For more information, call 238-6137 or visit [www.jcks.com](http://www.jcks.com) on the Internet.

### 10K run set in Lenexa

The Lenexa Community Days 10K Freedom run will take place during the town's Independence Day celebration. For more information, call (913) 541-8592 or visit [www.lenexa.org](http://www.lenexa.org) on the Internet.

### Elk County Rodeo

The 69th annual Elk County Rodeo is ACRA sanctioned and features nine traditional cowboy events and children's mutton bustin' July 3-4 from 8 to 11 p.m. For more information, call (620) 647-3292 or visit [www.skyways.org/towns/Molaine](http://www.skyways.org/towns/Molaine) on the Internet.

### Arkansas City sets great race

The Great Race of Arkansas City is a unique relay race consisting of 13 events, canoeing, horseback riding, motocross, bicycling and running. It takes place July 4 at Spring Hill Golf Course, 3202 Summit St. For more information, call (620) 441-0641.

### Archers 3-D Bow Shoot

The Byron Walker Wildlife Area near Kingman hosts monthly bow shoots for unlimited, limited, bare bow, open, traditional, women's and youth classifications. The next shoot is 10 a.m. July 4 on Highway 54, eight miles west of Kingman. For more information, (620) 532-3242.

### Lanes start lunch program

Custer Hill Lanes started a new lunch program June 22 to run Monday through Friday from 11 a.m. to 1 p.m.



Sgt. Marquette Whiteside and Jill Colgan enjoy a pit area view of the June 13 NASCAR race at Pocono Raceway.

## NCO, widow bond at race

By Lorie Jewell  
Army News Service

POCONO, Pa. — The first time Sgt. Marquette Whiteside was invited to enjoy an expense-free VIP treatment at a NASCAR race, he turned it down.

Whiteside, one of three Soldiers featured on the cover of Time

magazine's Person of the Year issue, wasn't a NASCAR fan. He was also set to be in his cousin's wedding party the day before the June 13 race at the Pocono Raceway.

But when told in the next call that he would be at the race with Jill Colgan, wife of Whiteside's former platoon leader, Lt. Ben Colgan, he didn't hesitate to accept.

Whiteside was by the lieutenant's side on a Baghdad patrol last year when an ambush took his life.

"There was no doubt," Whiteside said. "I had to be here. I explained to my family and they understood."

Colgan, 30 at the time of his Nov. 2, 2003, death, was beloved by the Survey Platoon, Headquarters Battery, 2nd Battalion, 3rd Field

Artillery, 1st Armored Division.

Eleven years as an enlisted Soldier in Special Forces helped the lieutenant mold his artillery Soldiers into a cohesive combat-ready unit that excelled in missions beyond their normal scope. Under his leadership, the Soldiers came to be known as the "Tomb

See NASCAR, Page 14

## Just for fun



Post/Blackmon

The 300th MPs' third baseman, Robert Galpin (right), tries to throw out Detachment D, 15th PSB, runner Jared Bosman with teammate Trayton Crow waiting on first for the throw June 14. Pitcher Dennis Holliman ducks out of the play.

## Four teams play perfectly

Staff report

Four battalion slow-pitch softball teams played perfectly June 14 and 16. The 24th Infantry Division (Mech) defeated 4th Battalion, 1st Field Artillery, 13-2 and 11-6 June 14.

The 2nd Battalion, 34th Armor, defeated U.S. Army Medical Department Activity 15-4 and 19-6 the same evening.

The 924th Military Police Battalion defeated 70th Engineer Battalion twice on June 16. They won 12-2 in the first game and squeaked by the Engineers 7-6 in the second game.

The 2nd Bn., 34th Armor, players duplicated their double-header wins of June 14 by defeating 125th Forward Support Battalion 21-4 and 11-5 June 16.

### Company games June 14

Headquarters and Headquarters Company, 1st Battalion, 41st Infantry, forfeited all four of its scheduled games June 14. The battalion was in the last phase of preparation for deployment to Iraq and missed all its games.

The 24th Transportation Company, 172nd Chemical Company, 568th CSE and Company A, 1st Battalion, 13th Armor, were credited with the wins.

Headquarters and Headquarters Company, 2nd Bn., 34th Armor, blasted its two opponents. It defeated Headquarters and Headquarters Company, 937th Engineer Battalion 37-5 and 568th CSE 30-9.

The 3rd Brigade, 75th Division (Training Support), split its games. It defeated the 300th Military Police Company 16-12 in its first game but lost to Headquarters and Headquarters Company, 24th Inf. Div., 15-6 in its next game.

In other games: MEDDAC defeated Headquarters and Headquarters Battery, 4th Battalion, 1st Field Artillery, 8-6.

The 523rd Military Police Company defeated Battery C, 4th Bn., 1st FA, 7-2.

The 977th Military Police Company defeated Service Battery, 4th Bn., 1st FA, 23-6.

The 300th MP Co. defeated Detachment

See Softball, Page 12



Post/Blackmon

Jared Bosman, Detachment D, 15th PSB, stretches too far off base to catch the ball for the out against Clayton McKee of the 300th MP Co.

## Injured vets vie for gold

### Wheelchair Games offer renewed time in competition

By Courtney Hickson  
Army News Service

WASHINGTON — An Operation Iraqi Freedom veteran who lost the use of his legs when his Humvee was sideswiped in Iraq took home a gold medal at the 24th National Veterans Wheelchair Games in St. Louis, Mo.

Johnnie Williams won the gold medal in weightlifting and is also competing in air gun shooting, the discus, shot put and javelin, all field events.

Williams had only been in Iraq for four months when he was injured in May 2003. He is undergoing spinal cord therapy and rehabilitation at the Department of Veterans Affairs Medical Center in Tampa, Fla., his hometown.

"Live life to the fullest because you never know if you'll live to see tomorrow," he said.

Williams started his Army service in June 2001 when he went to basic training at Fort Benning, Ga. He followed that with an assignment at Fort Gordon, Ga., where he received training in satellite communications.

These multi-sport games offer veterans of all ages a chance to be athletic while wheelchair-bound. Some of the competitive events include swimming, weightlifting, archery, air guns, track and field, basketball, softball and many others. Though the athletes vary in age and skill level, they compete against others who have similar athletic skills, competitive experience or are the same age. Some participants are recently retired from active duty while others enlisted in the 1960s.

More than 500 veterans compete in the games each year, making it one of the largest wheelchair sport events in the world. Department of Veterans Affairs and the Paralyzed Veterans of America sponsor the games with support from other civil organizations.

The games are open to all military veterans who are wheelchair

See Games, Page 13



Anita Allen

## Two Soldiers earn Pentathlon berths

Competition includes shooting, fencing, riding, swimming, running

By Tim Hips  
Army News Service

ALEXANDRIA, Va. -- Two modern pentathletes from the U.S. Army World Class Athlete Program have been selected to compete in the Olympic Games at Athens, Greece. Chad Senior and Anita Allen are

scheduled to compete Aug. 26 and 27, respectively, for Team USA in the one-day, five-sport event that includes pistol shooting, fencing, swimming, equestrian riding and cross-country running.

Senior, an infantry officer from North Fort Myers, Fla., finished sixth in the 2000 Olympics at Sydney, Australia. He was leading after three

events before a skittish horse refused two jumps in the equestrian event, ruining his golden moment.

"I don't think the same thing can happen now; I'm a much stronger rider than I was in 2000," said Senior, who returned to the sport after 18 months of soul searching following his heartbreaker in Australia. "I just hope I can have the same day I had in

Sydney, aside from the ride. If I have the same fence, I'll feel pretty good about things.

"What sticks out most about Sydney was what might have been," he said. "I was just so close to winning, and then to lose it all so quickly. That will haunt me forever."

See Olympics, Page 13





*Post/Blackmon*  
70th Engineers Shaun Weston (back) and Jack Tresser collide catching the ball.

# Softball

continued from page 11

D, 15th Personnel Service Battalion, 14-8.

## Company games June 16

The 596th Signal Company won both its games. It defeated HHC, 937th Eng. Grp., 30-3 then defeated Company A, 2nd Bn., 34th Armor, 11-9.

HHC, 4th Bn., 1st FA, won two games, defeating Battery B, 4th Bn., 1st FA, 17-10 in the first game of the evening and losing 17-6 to Btry C, 4th Bn., 1st FA, in the second game. It defeated 172nd Chemical Co. 24-7 in its third game.

Det. D, 15th PSB, split its games June 16. It lost 6-5 to Company B, 2nd Bn., 34th Armor, before defeating Battery A, 4th Bn., 1st FA, 13-8.

In other games:  
Battery C, 4th Bn., 1st FA, defeated Service Battery, 4th Bn., 1st FA, 17-7. Service Battery also lost to 24th Trans. Co., 12-3 and HHC 937th Eng. Grp., 13-11.

HHC, 2nd Bn., 34th Armor, defeated Btry. B, 4th Bn., 1st FA, 9-5.

HHC, 2nd Bn., 70th Armor, defeated Co. A, 1st Bn., 13th Armor, 11-9.



*Post/Blackmon*  
Darren Toups, 70th Eng. Bn., watches a ball go by to catcher Michael Walter of the 977th MP Bn. June 16.

KANSAS PRESS  
2 x 2"  
Black Only  
Viaipa/6-22, 6-23 & 6-25

KANSAS PRESS  
2 x 4"  
Black Only  
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SET  
2 x 5.5"  
Black Only  
2x5.5 SET CARMIKE CINEMAS

JIM CLARK - SUZUKI  
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4x12, JIM CLARK INDEPEN SUZUKI





# Olympics continued from page 11

Senior won a silver medal in the 2003 Pan American Games and is ranked seventh in the world by the Union Internationale De Pentathlon Moderne. He recently finished 13th in the World Championships at Moscow, Russia, where he teamed with Scott Christie and three-time Olympian Vakhtang "Vaho" Iagorashvili to win a silver medal in the men's relay.

Senior was an NCAA swimmer at George Washington University in Washington, D.C., where he set five school records. He was named Atlantic 10 freshman swimmer of the year and became a two-time conference champion in the 1,650-yard freestyle before graduating in 1996 with a bachelor's degree in exercise physiology.

Allen, a Medical Services Corps officer from Star City, Ind., was the first woman to qualify for the 2004 U.S. Olympic team with an August victory in the 2003 Pan American Games at Santo Domingo, Dominican Republic.

After taking a six-month break from competition to have surgery on her left ankle in November, she returned to competition March 13 in a World Cup event at Queretaro, Mexico, where she finished 20th and regained her focus on the Olympics.

Allen, ranked 19th in the world, ran cross country and track for the U.S. Military Academy at West Point, N.Y., where she was named most valuable runner and team captain. A 2000 graduate, she joined WCAP in 2001 and

began training for modern pentathlon.

Iagorashvili and his wife, Mary Beth, also will compete for Team USA in Athens, where 32 men and 32 women are entered in modern pentathlon. The United States, Russia and Hungary are the only countries to earn four Olympic berths in the sport.

Vaho won the men's bronze medal in the 1988 Olympics as a member of the Soviet Union. He represented his native Republic of Georgia in the 1996 Atlanta Games and since has acquired U.S. citizenship.

After attending an equestrian riding camp in June, Allen and Senior will be in Poland July 4-19 for a fencing camp.

They have two more trips to San Antonio for a USOC-mandated security briefing and the U.S. National Modern Pentathlon Championships, scheduled for June 28 and 29.

Senior and Allen are attempting to become the first Army representatives to win an Olympic medal in modern pentathlon.

George S. Patton was the first Soldier to compete in the event during the 1912 Games at Stockholm, Germany. Then a lieutenant, he encountered controversy in the shooting competition when one of his shots was ruled a miss - despite his contention the bullet passed through a previous hole in the target.

No evidence supported his case, however, leaving him in 5th place instead of clutching a gold medal.

## Other Olympians

**Fourteen Soldiers will join Allen and Senior to coach or compete in other Olympic sports:**

**Oscar Wood, wrestling; Basheer Abdullah, boxing coach; Shon Lewis, Greco-Roman wrestling coach; Dave Johnson, rifle shooting coach; Michael Anti, 50-meter prone and three-position rifle shooting; Elizabeth "Libby" Callahan, women's sport shooting;**

**Jason Parker, air rifle; Shawn Duloher, skeet; James "Todd" Graves, skeet; Bret Erickson, trap and double-trap; Daryl Szarenski, air rifle; Katie Johnson, women's air rifle; Charles Gartland, gunsmith; and Dan Brown, marathon.**

**Keith Sieracki may also compete in wrestling if Team USA receives a wild-card berth in the Greco-Roman 74-kilogram/163-pound division, a weight class it failed to qualify for the Olympics.**

# Games continued from page 11

bound and who use their chairs for sports competition. For some of the injured veterans, the games offer them their first experience with wheelchair athletics.

Williams, who is participating in his first games, said he found out about the games through another event he attended and his

PVA representative. Williams received funding from the hospital in Tampa so he could attend the games.

"I've been talking to the other vets who have been in a wheelchair and gaining experience from them," Williams said.

Before his accident Williams

was active in football, ran track and lifted weights. He wanted to continue to be involved in athletics. The Games have provided him with that opportunity.

"It has been lots of fun watching events, seeing the people and mingling with them," Williams said.

# Monsters lurk in post waters

*By Gibran Suleiman  
Conservation Division*

## On the Wildside: News About Nature



*Photo by Steve Stanislaw*  
**Monster flatheads like this one can be caught in waters on and around Fort Riley.**

Of all the fish that can be caught on Fort Riley, one is sure to give anglers a fishing story to remember.

The flathead catfish is the largest fish that can be found on Fort Riley and may weigh up to 60 pounds or more in the Kansas River. The scientific name of the flathead is *Pylodictus olivaris*, which translates to "olive colored mud fish." Some colloquial names for the flathead are: yellow cat, shovelhead cat, mud cat and flatbelly.

Kansas is known for producing big flatheads, including one that earned Ken Paulie the current world record.

In 1998, Paulie got the surprise of his life when he yanked a 123-pound flathead from Elk City Reservoir while fishing with a crappie jig tipped with a minnow. His catch shattered the previous world record. Although it is unlikely any of the flatheads on Fort Riley would break Paulie's record anytime soon, the fort and surrounding area does offer some quality flathead fishing.

The Kansas River offers the greatest promise of hooking into one of the fish world's behemoths on Fort Riley. They can be found throughout the river, but logjams in the deeper holes will hold the most fish.

Flatheads do most of their feeding at night, with adult fish primarily being piscivorous, or fish eating. Some of the preferred baits used by flathead fishermen are goldfish, sunfish, bullheads and large minnows.

Many of the river fishermen in Kansas catch flatheads on either trot lines or set lines. Trot lines and set lines can only be used legally in the Kansas, Republican, Smokey Hill Rivers and in Wildcat Creek on Fort Riley. While this method is one of the more effective ways of filling a freezer with fish, it takes away

ities in riverbanks and use them as a nest. Females lay up to 20,000 yellow eggs in the cavity, which is then guarded viscously by the male. This practice can put them at risk from poaching by unscrupulous fisherman that are "noodlers."

Noodling is the practice of feeling for large catfish underwater and grabbing or tying on to their jaw and yanking them from the water.

Needless to say, grabbing the jaw of a 60-pound catfish that is guarding a nest can prove to be a dangerous and harrowing experience. It can, however, be a highly effective way of taking fish and can literally deplete a section of stream or river of all its large catfish. Although noodling is legal in some states, it is not legal in Kansas.

Another method used to illegally take large catfish is by passing an electric current through the water. This method is not near as common as it once was. The most common method of doing so was using the old hand-cranked telephones that would produce enough current to shock fish and bring them to the surface.

The flathead catfish is a unique and formidable opponent to Kansas anglers. They offer anglers a chance of pulling out a fish that might outweigh an average sized child. They are also a prized fish on the table. For those anglers who haven't had the experience of catching a large flathead, their first fish will likely be a memory that will not be forgotten anytime soon.

Before engaging in any type of hunting and fishing, it is important to become familiar with all of the rules and regulations. Fort Riley licenses are available at the Outdoor Recreation Center and more information is available at the Conservation Division, building 1020, or by calling 239-6211.

COUNTRYWIDE HOME LOANS  
6 x 11"  
Other Color  
FULL COLOR 6X11 COUNTRYWIDE HO



# NASCAR continued from page 11

Raiders' for their success in seizing enemy weapons and ammunition during graveyard hunts.

Colgan was a leader unlike any other Whiteside, 25, has ever encountered in the six years he's been in the Army. Words like inspiring, courageous, trustworthy and honorable only tapped the surface of Colgan's persona, Whiteside said.

His Special Forces experience equipped him with exceptional combat skills, but it was his flair for connecting with people that endeared Colgan not just to his Soldiers and his own leadership, but to the Iraqi people he sought out regularly.

"Ordinary people would just come up to him to give him information," Whiteside recalled. "And it was always good information. There was one guy, a businessman, who would come around, but only talk to the L.T. His stuff was always right on."

If Whiteside and other members of the platoon had any doubts about their abilities, Colgan erased them. Before any raid or patrol, he gave his Soldiers a detailed briefing that covered every possible aspect of what could happen and what to do about it. When they arrived at a destination, Colgan was typically first out of the Humvees, Whiteside said.

"He made us all feel more confident about what we were doing that we were the best," said Whiteside, who is now stationed at Fort Hood. "He always helped us find something to laugh about. We were stressed, but we could also have fun sometimes. He created that."

### Duo swaps stories

Whiteside and Jill Colgan swapped stories and recollections as they took in the NASCAR experience - a tour of the garage where drivers and crew members lingered and prepared for the race; meeting Joe Nemecek, driver of the Army-sponsored racecar; cutting a mammoth cake to celebrate the Army's 229th birthday; and watching the race from the pit.

The pair shared a laugh over what they termed the "Mercedes incident." Colgan's vehicle rear-ended a civilian contractor driving a Mercedes one day. By the time the incident was over, the driver was inviting the lieutenant over for dinner.

"He had this way of turning bad situations into good," Jill Colgan said, smiling.

Colgan sought details about her husband's daily life in Iraq, things he didn't want to tell her about for fear of causing more worry. Whiteside described daily attacks on the platoon's quarters that gradually worsened in intensity and higher-powered munitions. He also told her about the lieutenant's last mission.

Whiteside, Colgan, Sgt. Ronald Buxton and Spc. Sky Schermerhorn were in a Humvee that went over an improvised explosive device. Whiteside was knocked unconscious and when

he came to, he checked himself for injuries and immediately went back to the gun he was manning.

### Injury noticed

As Schermerhorn continued to drive, Whiteside said he looked down at the lieutenant. Blood was streaming from his forehead and his eye was seriously damaged.

Whiteside dropped to him immediately, checking for a pulse and simultaneously calling for help. The pulse was weak, but started to strengthen as Whiteside yelled to his commander, urging him to hold on while they headed for an aid station.

Whiteside said he and Schermerhorn carried the lieutenant inside. The pair then headed out again in search of the shooters.

Whiteside said when he returned he thought Colgan was going to make it. He had started coming to, even giving his name when asked. But the next morning the platoon was informed that Colgan was dead.

"I was real down on myself at first, saying if I had done this or done that, maybe he would have made it," Whiteside said. "But I did everything I could. It was out of my hands."

Jill Colgan listened quietly. She had heard most of it before, but not from Whiteside, not face-to-face. Being with Whiteside was a connection to the last chapter of her husband's life, one she couldn't share with him in person.

"I'm just so proud of him and so grateful to hear that the way he was over there was exactly like he was with us," Colgan said of her husband. "We talked by phone and e-mail, but it was mostly about us and the girls, or his Soldiers. He always said he had a really good group of guys."

Jill Colgan, in return, shared an

experience she had shortly after learning of her husband's death - a moment of clarity, of sorts. Family members were gathered at her home, sharing stories about Colgan. She went to their bedroom for a few minutes alone. She talked out loud to her husband, telling him she needed some kind of sign that he was OK and that she, their two daughters and the daughter yet to be born would be OK. Just don't scare me, she told him.

When she returned to the living room, someone touched her shoulder and pointed to the fireplace. There, in the embers of a burning log was the shape of a perfect cross. It was her sign.

As she finished the story, Colgan pulled out a small laminated photo of the fiery image and handed it to Whiteside.

### Special memento

"I carry this with me, it's Ben's cross," she said. "I want you to have one to carry with you."

Whiteside turned his head for a moment, blinking back tears before hugging Colgan.

"I almost lost it," he said later. "I'll cry later when I'm back in my room, alone."

Whiteside left the race feeling more in tune with NASCAR and with a side of his commander he and his fellow Soldiers weren't privy to.

"Talking to her was real good for me. I got a lot of information to pass on to the rest of the team," said Whiteside, who stays in touch with members of the platoon still in Iraq.

"I'll never forget him," Whiteside said. "Even now, when I'm doing something, I think about him and I can hear him telling us never give up. You can do anything."

# Harley employees ride

## Trip honors troops defending freedom

By April Blackmon  
Staff writer



PostBlackmon  
To show their appreciation for the troops, Brian Hargrove of the Harley-Davidson Employee Rider Association, Kansas City, presents a plaque to Col. John Simpson, Fort Riley garrison commander, June 19.

Bikes and leather jackets filled the Main Post Exchange parking lot June 19.

Members of the Harley-Davidson Employee Rider Association brought some 70 bikes and 20 vehicles for the second annual Troop Appreciation Ride. The trip stretched from Kansas City to Fort Riley.

"(This is) a show of our support and patriotism to the men and women that defend the freedom we enjoy every day," said association member Michael Carpenter.

The group presented a plaque to Col. John Simpson, Fort Riley garrison commander.

Following the presentation, the rock band Crisis provided music to entertain Soldiers and families in the PX parking lot.

"We consider it a great honor to play for our troops," said band member Steve Kuker. "This event was an opportunity to say a sincere thank you and a way to give back."



PostBlackmon  
A Harley-Davidson sports the American flag.

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Black Only  
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COLLEGE HEIGHTS BAPTIST CHURCH  
2 x 2"  
Black Only  
2X2 COLLEGE HEIGHTS BAPTIST CH

ACTION TIRE  
2 x 5"  
Black Only  
2X5 ACTION TIRE

MILITARY OUTLET  
3 x 3"  
Black Only  
3X3 MILITARY OUTLET

USA DISCOUNTERS  
3 x 10.5"

BLUE/June 2004



# Fort Riley Community Life

Friday, June 25, 2004

America's Warfighting Center

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## Community news briefly

### BOSS seeks band talent

Better Opportunities for Single Soldiers will sponsor a Battle of the Bands 2004 at 9 p.m. July 16 at Rally Point. Battle of the Bands is a competition among local bands open to all genres of music. A \$5 cover fee will be charged at the door. First prize will be \$600; second prize will be \$300; third prize will be \$100. Bands wishing to compete should submit demos by June 30 to Fort Riley BOSS, building 253, Cameron Avenue, Fort Riley, KS 66442. Seven bands will be selected to compete for prizes. Bands must consist of three or more members with no pre-recorded music. For more information, call the BOSS president at 239-8147.

### BOSS events:

June 27 — Royals baseball trip

### Church women begin program

The Protestant Women of the Chapel Summer Program 2004 will be at Morris Hill Chapel. The program will begin July 6 and run from 9:30 to 11 a.m. every Tuesday in July. Each week will feature a different topic. July 6 will look at marriage and parenting, July 13 will focus on prayer, July 20 will focus on organization and time management, and July 27 will look at the Biblical truth of finances. Childcare will be available. No registration is required. For more information, contact Elizabeth Wilson at 784-6615.

### Family program slates camp

The Exceptional Family Member Program Summer Camp will be July 6 at Rock Springs 4-H Center, 5405 West Kansas Highway 157 in Geary County. The all-day summer camp will begin at 9:30 a.m. and will end at 4:30 p.m. Children must be 6 years and older. Each child needs to be enrolled in the EFMP. Parents need to provide transportation. Scheduled events include canoeing, swimming, horseback riding and archery. While walking to each event, children can enjoy the beautiful Flint Hills scenery and have lots of fun.

For more information or to RSVP for the EFMP Summer Camp, call the EFMP office in the Soldier and Family Support Center at 239-9435.

### SFSC activities:

June 25 — Newcomer's Orientation, 8:30 a.m. to 2:30 p.m.

June 25 — Soldier & Family Member Deployment Preparation Briefings, 1:30 to 3 p.m.

June 28 — Deployed Soldier Spouse Activity Day, noon to 3 p.m.

### Crafts center sets classes

June 27 — Scrapbooking Get-Together, 1 to 4:30 p.m.

June 28 — Matting & Framing Orientation, 6 to 9 p.m.

June 28 — Crochet, Knitting & Cross Stitch, 7 p.m.

## Technology eases separations

### Army families integrate hi-tech communication devices into daily lives

By Kristen Hamilton  
KSU intern

The global war on terrorism awakened many military families to the challenges of long deployments. Close to 200,000 American troops are deployed around

the world. About 11,000 active duty Soldiers and another 10,700 Army Reserve and National Guard Soldiers have deployed from Fort Riley in support of the war on Terrorism since Sept. 11, 2002.

Instead of relying solely on the postal system for communication,

modern technology affords today's military family a myriad of options for staying in touch with their Soldier and building a support network.

The Internet is one communication resource. A quick search reveals endless Web sites for military families to chat in discussion

forums and build a support network. Some Web sites provide ways to support the troops. Many military and government Web sites offer information and assistance to families of deployed soldiers.

Besides the Internet, e-mail is a link to the Soldier serving over-

seas. It provides a way for the Soldier to receive news from the home front almost instantly.

According to the Army Community Service Deployment Readiness Handbook, "E-mail is probably the most popular method

See Families, Page 16

## It was GREAT



(From left): Nadine Wainhouse, T.J. Jones, Mitchell Emerson, Pfc. Ryan Range and Roddrick Hopson pull weeds from around playground equipment at the Fort Riley Child Development Center. The cleanup project was part of the G.R.E.A.T. (Gang Resistance, Education and Training) camp at Fort Riley June 14-18.

## Campers give back to post

By April Blackmon  
Staff writer

Spending a week with the military police may not sound like much fun, but for these Fort Riley youth, it was G.R.E.A.T.

The 27 middle school students were part of the 6th annual Gang Resistance, Education and Training camp, or G.R.E.A.T., conducted on post June 14-18. Members of the Junction City Police Department, Fort Riley military police units and Geary County Unified School District 475 coordinated the camp for Fort Riley Middle School students.

"It was a great week," said Sgt. David Parthemore of the MP Bike Patrol. "This camp was another program, such as D.A.R.E., to help kids in the school district to be aware of gangs and to learn how to avoid and prevent them."

Eight team leader counselors worked with four teams of students. The coun-

selors were Soldiers who volunteered their time and included the MP Bike Patrol, D.A.R.E. officers and Soldiers from the 300th Military Police Battalion.

"The people who are here at the camp are here because they want to be, and that's a great thing," Parthemore said.

Camp activities ranged from playing in the combat simulators at the Post Simulation Center to visiting the Topeka Water Park.

The favorite part of the camp for many was going to the Topeka Water Park. "I got tacked on the slide and swam. It was fun," Roddrick Hopson said.

Others, like Dylan Soper, even learned from their experiences at the water park. "The biggest lesson I learned was to always wear sunscreen. I got sunburned at the Topeka Water Park," he said.

Field trips were only one part of the camp. Group members practiced team-building skills through activities such as

See G.R.E.A.T., Page 16



Dylan Soper takes a break to clean the sand out of his shoes.

## Joint chief named Father of Year

By Doug Sample  
AFPS

NEW YORK -- America's No. 1 military officer became America's No. 1 Dad June 17.

Joint Chiefs Chairman Air Force Gen. Richard B. Myers was honored as the 2004 "National Father of the Year" by the National Father's Day Council during a luncheon in New York that day.

His wife, Mary Jo, daughters Nicole and Erin, and son Richard Jr. accompanied Myers to the award presentation.

The council, a non-profit organization established in 1931, recognizes contemporary male leaders each year.

### Other fathers honored

Also receiving Father of the Year honors in other categories were former NBA player and now New York Knicks' general manager Isiah Thomas, NASCAR racing legend Richard Petty, jazz pianist Ellis Marsalis Jr., and National Baseball Hall of Fame manager Tommy Lasorda.

Lasorda called the general a "great American" and "great leader." Pointing to Myers, he said, "America can feel pretty safe with our military in the hands of that man over there."

Thomas also offered kind words, thanking Myers for "keeping all of us safe" and "allowing my kids to continue to live freely in a country as great as ours."

During his acceptance speech, Myers said being named Father of the Year is a "great honor," but his concern at the moment was for the future security of America's children.

### Future matters

Referring to the events of Sept. 11, 2001, he asked the audience what they want it to be like when their children "wake up tomorrow?" He said that kind of thinking motivates him daily, "not just for my children and grandchildren, but yours as well."

He added that being a father means "thinking about the kind of world you want to leave your children and grandchildren."

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## Commissary shopping offsets milk price hike

By Rick Brink  
DeCA

FORT LEE, Va. -- While grocery shoppers everywhere dig deeper into their pockets to buy milk, double-digit savings over prices in commercial grocery stores give military customers

even more reason to shop their Commissary's dairy section.

Milk prices skyrocketed in May to an average of \$3.43 a gallon for whole milk in 30 of the nation's largest metropolitan areas, according to the U.S. Department of Agriculture's Web site.

Its cause: the law of supply and demand -- not enough milk being produced to meet demand.

"Paying more for milk is unavoidable whether you shop in a commercial grocery store or a commissary."

"The higher milk prices, however, don't affect the overall level

of savings commissary shoppers enjoy, which is more than 30 percent over retail," said Scott Simpson, the Defense Commissary Agency's chief operating officer.

Commissaries stock plenty of milk because it's a staple item with most families.

Consumers are beginning to

see price increases in some dairy products, such as butter, and these may be items on which price will affect purchasing decisions.

However, just as summer is approaching, it appears ice cream prices won't be going up, at least until the end of summer, DeCA officials estimated.



## Community news briefly

### Child car seat checks offered

Anyone wanting a child's car seat checked by a safety expert should call 239-2514 to make an appointment.

Appointments are available from 1 to 3 p.m. Tuesdays and Thursdays at building 407, Pershing Court. Children younger than 4 are required to sit in car seats. Those 4 and older must wear seat belts. Child safety advocates say children 4 to 7 years old should sit in booster seats that allow seat belts to fit them properly.

### Teen Center:

**June 25** — Mouse Trap Skate Park trip, 8 a.m. to 4 p.m.

**June 26** — Worlds of Fun trip, 9 a.m. to 10 p.m.

**July 2** — Topeka Combat Air Museum trip, 8 a.m. to 4 p.m.

For more information, call the Teen Center at 239-9222.

### At the movies:

The Barlow Post Theater Doors open at 6:30 p.m. Admission is \$3 for adults, \$1.50 for Children 5 to 11 years old and free for children under age 5, except during children's matinees or expected sell-outs.

**Jun 25** — Van Helsing (PG-13)

**Jun 26** — Mean Girls (PG-13)

**Jun 27** — Van Helsing (PG-13)

**Jul 1** — New York Minute (PG)

## G.R.E.A.T. continued from page 15

holding a paper bag fashion show and building a spaghetti tower.

Students also took classes about issues such as conflict resolution, teamwork and bullying.

"Each day we had a class about a different situation that they might come into," Parthemore said.

The community service project for the week involved fixing up the playgrounds at the post's Child Development Center.

"I found out that they requested a work order to have their parks leveled. So we came to help level the grounds and help CDC," Parthemore said.

Several camp members said they enjoyed cleaning up the playground area.

"I'm cleaning up the mess I made when I used to come here when I was younger," Hopson said.

"It was fun to help out. I got to shovel and pick up dirt and pick weeds," Reslie Ulorich said.



*Post/Blackmon*  
**Jonathan Alvarez pulls weeds at the Child Development Center's playground.**

## Families continued from page 15

of quick communication. It's very inexpensive and versatile."

Many military families, however, are sending more than just letters via e-mail. Digital photography enables Soldiers to experience some of the events and changes going on at home.

"Having a digital camera and e-mail has made our ability to cope much easier, especially in our unique situation," said Kim Johnson, whose husband deployed in September 2003 with Headquarters and Headquarters Company, 1st Brigade, 1st Infantry Division.

"We decided to get a digital camera because our first child would be born two weeks after Colin left. It helps Colin a lot because this is the first baby and everything is new," Johnson said.

"This is the best way for Colin to be able to see Dalton, our son," she added.

"I can take three-minute videos on the camera and then burn them on a CD and send them to him. That way he can see and hear him move. It helps both of us to know that he can share in Dalton's growth and development," she said.

Johnson said the digital technology has had a big impact on how their family has coped with the deployment.

"If we didn't have this technology it would make me so sad to know that Colin was missing so much. I use the camera to try to capture all those first moments. He feels closer to home and it eases his mind to see what's going on at home," she said.

Johnson said she enjoys the ease and value of having a digital camera. "In the long run, the cost of the camera pays off for a lot of reasons. I can just put the pictures on my computer, choose which ones I want and either e-mail them or put them on a CD and mail them to Colin immediately," she said.

"It's also a lot easier to share pictures," she added. "Being in the military, most of us are away from family and friends, so it's nice to be able to just send out pictures on e-mail and not have to go through making copies from negatives and mailing them out."

E-mail and digital photography are ways that a military family can maintain communication and support. Instant messaging and Web cams have also become pop-

## Myers continued from page 15

Myers said today, more than ever, children need to have "good role models in their fathers, mothers and in the family."

### Thanks other parents

That's why he also thanked parents in the audience for giving the country the "terrific young men and women of the Armed Forces."

"Where they get their values, where they get their motivation, where they get their love of country is from moms and dads," he said. "For those fathers and those mothers, a special thank you."

Myers said sons and daughters make up the 2.4 million members of the armed forces who are "making sure the events of 9/11 never happen again."

Paul Rosengard, vice president for the National Father's Day Council's board of directors, said he nominated Myers for this

"(Being a father) means thinking about the kind of world you want to leave your children and grandchildren."

— Air Force Gen. Richard Myers, Father of the Year

year's honor because many of the "core military values resonate with our board when selecting honorees."

"Honor, integrity, work ethics and commitment to self-improvement, education and family are the cornerstone of a military way of life," he noted.

"Gen. Myers is a great role model for fathers across the nation."

ular methods for increasing morale and communication between families and Soldiers.

Myra Turner's husband, Brice, deployed to Iraq in September with 1st Battalion, 34th Armor, 1st Brigade, 1st Infantry Division.

"Depending on missions, we instant message about four times a week and see each other on Web cams about twice a week," she said.

"It has helped our relationship so much. Since we'd only been married three months before he deployed, I felt like I was forgetting what he's like."

"It's so great to be able to see his mannerisms and see that I am able to make him smile when we talk," she said.

Turner cautions families that the Internet is not always reliable,

so sometimes Soldiers can't get online or the conversation is abruptly interrupted.

Pearl Speer of the Soldier and Family Support Center offered some additional words of caution.

"It's great to keep families in contact, but instant messaging provides an opportunity to make common, everyday problems a distraction for the Soldier on the battlefield."

"Be careful what you're sending forward. Think about the effect it will have on your loved one as he rolls out to go on a mission that requires his full concentration."

"Share the circumstances of a problem after it's been resolved so that you can leave things on a positive note," she said.

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# Travel & Fun in Kansas

## Leisuretime ideas

### Manhattan:

**Country Stampede** — Complimentary tickets will be available at the gate for the Kick-Off party June 24 for valid military ID card holders. Gates open at 4 p.m. The Kick-Off program features Shevy Smith, Rushlow and Mark Willis as well as a karaoke contest.

Special military salute tickets for Sunday, June 27 are also available to valid military and DoD civilian ID card holders for only \$10.50 (\$50 value).

Tickets for all performances are available through ITR in building 6918 (across from the Main Post Exchange).

For more information, call 239-5614 or 239-4415.

### Tuttle Creek:

**Geology walk** — Corps of Engineers park ranger and local geologist take visitors on a fun and educational two-hour walk suitable for all ages; walk is free; visitors will explore the spillway canyon, learn the effects of earthquakes and glaciers and look for fossils; bring drinking water and wear sturdy hiking shoes; Tuttle Creek Lake Visitor Center, 5020 Tuttle Creek Boulevard, three miles north of Manhattan, 9 a.m., June 26.

For more information, call 539-8511, extension 15.

### Leavenworth:

**A Journey Fourth/Discovery Days** — Commemoration of Lewis and Clark's Bicentennial expedition, River Fest, Leavenworth's Sesquicentennial with re-enactments, food, crafts, entertainment, fireworks and keel boat docking; activities at Landing Park and downtown include the Discovery Days Parade, Riverfront Festival/150th Birthday of "First City" of Kansas, old wagon displays, community band presentations, historic games for children, historic theme quilt show and art exhibit, historic crafters, exhibits and displays at Frontier Army Museum and Richard Allen Cultural Center's African-American historical exhibits; afternoon and evenings July 1-2, 10 a.m. to 10 p.m. July 3 and noon to 4 p.m. July 4.

For more information, call (913) 682-2313 or (800) 844-4114 or visit [www.lvarea.com/mainstn](http://www.lvarea.com/mainstn) on the Internet.

### Fort Scott:

**Military Holiday** — Celebrate Independence Day with soldiers and civilians of the garrison; traditional games, 30-gun salute and living history demonstrations; 8 a.m. to 5 p.m. July 3-4; Old Fort Boulevard, Fort Scott National Historic Site.

For more information, call

(620) 223-0310 or visit [www.nps.gov/fosc](http://www.nps.gov/fosc) on the Internet.

### Wichita:

**1870s Independence Days** — Festival and Sesquicentennial Event The town will be decked out in red, white and blue for true celebration; watermelon seed spitting contests, pie-eating contests, schoolyard games, croquet and Professor Farquar's Traveling Medicine Show provide old-fashioned amusements; skits and scenarios by the Cowtown Cowboys; social dancing by the Entre Nous Club Victorian Dancers; tunes by the Harmonica Hombres; saloon performances by the Dixie Lee Dance Troupe & Varieties; 10 a.m. to 5 p.m., July 3 and 5, noon to 5 p.m., July 4; 1871 Sim Park Drive, Old Cowtown Museum.

For more information, call (316) 264-6398 or visit [www.old-cowtown.org](http://www.old-cowtown.org) on the Internet.

### Kingman:

**Freedom Fest** — Fishing derby, car show, games, sand volleyball, pool activities, bull blowout, horseshoe tournament, fast-draw competition and fireworks; 9 a.m., July 3; Riverside Park.

For more information, call (620) 532-1853.

### Cottonwood Falls:

**Prairie Drifter Sunset Tour** — Open air two-hour ride in 1958 grain truck through 20 miles of scenic Flint Hills back roads. Friday and Saturday nights only, through Oct. 31.

For more information, call (620) 273-6763 or visit [www.grandcentralhotel.com](http://www.grandcentralhotel.com) on the Internet.

**Music at the Emma** — Weekly acoustic jam sessions playing country, gospel, bluegrass, and rock and roll. Musicians and audience welcome; Fridays at 7:30 p.m.; 317 Broadway, Emma Chase Cafe.

For more information, call (620) 273-6020 or visit [www.emmachasecafe.com](http://www.emmachasecafe.com) on the Internet.

### Hutchinson:

**IMAX: NASCAR** — Groundbreaking IMAX film "NASCAR: The IMAX Experience" thrusts moviegoers and NASCAR fans into the driver's seat to experience the heart-pounding thrills of stock cars racing at breakneck speeds up to 200 miles per hour, through May 27, hours vary by day, 1100 N. Plum St., Kansas Cosmosphere & Space Center.

For more information, call (620) 662-2305 or visit [www.cosmo.org](http://www.cosmo.org) on the Internet.

# Salute



Maj. Gen. Dennis Hardy (right), commanding general, 24th Infantry Division (Mech) and Fort Riley; Mrs. Diane Hardy; and Garrison Command Sgt. Maj. James Noble, ride in the 2003 Sundown Salute parade in Junction City. *Post/Blackston*

## Committee announces grand marshals

### Special to the Post

The grand marshals for Junction City's Sundown Salute Parade were announced recently by Connie Hall, parade chairwoman.

Medal of Honor Recipient Charles C. Hagemeister and Maj. Gen. Dennis E. Hardy, commanding general, 24th Infantry Division (Mech) and Fort Riley, will serve as grand marshals for the 32nd annual Sundown Salute "Let Freedom Ring" Parade at 9:30 a.m. July 3 in Junction City. Honorary co-grand marshals will be the Soldiers of Fort Riley; 266th Transportation; and 778th National Guard unit from Manhattan.

Fort Riley Soldiers participating in the parade will include the 1st Battalion, 5th Field Artillery, Colonial Color Guard with their Old Thunder cannon; representatives

of the Sergeant Audie Murphy Club; 3rd Bde. Headquarters; 1st Battalion, 13th Armor; 2nd Battalion, 70th Armor; 70th Engineer Battalion, 4th Battalion, 1st Field Artillery; 125th Forward Support Battalion, 937th Eng. Gp. Headquarters; 541st Maintenance Battalion; and the Commanding General's Mounted Color Guard.

"We are utilizing this year's parade as a way for citizens to express their acknowledgement and pride in the job well done for the Soldiers that serve at Fort Riley," said Connie Hall, director of the Geary County Convention and Visitors Bureau. "This parade will serve as a welcome home to all of our troops."

Hagemeister received the Medal of Honor for gallantry in action on March 20, 1967, in Binh Dinh Province, Republic of Vietnam. Soldiers of the 3rd Brigade, 1st Armored Division, and the 937th Engineer

Group recently returned to Fort Riley after being deployed in support of Operation Iraqi Freedom for about one year.

"Honoring Mr. Hagemeister and Maj. Gen. Hardy along with the 3rd Brigade, 1st Armored Division, and the 937th Engineer Group exemplifies what this community and the Independence Day celebration is all about," Hall said. She also serves as chairwoman for the parade. "These Soldiers are an important part of our everyday lives today, as well as historically."

Highlights of the day's activities include a parade fly-over by the U.S. Air Force, with ground support from the 10th ASOS at Fort Riley, and a 50-gun salute to the nation fired during the veterans ceremony.

"We are looking forward to having their support again this year," Hall said. Other military participants in the parade will include the 312th Army Band.

## Travel destinations offer military rates

### Staff report

Several vacation spots offer military families cut rates for their stays. Teresa Mayes at the Fort Riley ITR office, across the parking lot from the Post Exchange, suggests the following for consideration:

**Military Family Days at Celebration City and Silver Dollar City in Branson, Mo.** — Pre-purchase two-day adult tickets from ITR and receive a free Branson Vacation Saver coupon booklet with additional family savings on lodging, dining, attractions and music shows.

Show your military ID at the

Celebration City and Silver Dollar City ticket booth with your pre-purchased tickets to receive free two-day admissions for children ages 4 through 11. ITR can also assist with discount hotel accommodations and numerous other show and attraction tickets in the Branson area.

**Colonial Williamsburg** — Centuries ago, brave men and women came to this new land to establish a way of life built on the cornerstones of liberty, freedom and happiness, but it was not without struggle, battle and opposition.

During its 2004 "Honoring Service to America" tribute, Colo-

nia Williamsburg invites active, retired or reserve military personnel and their family members to visit on Independence Day and Veterans Day. Receive complimentary two-day admission to the historic areas and its museums.

The passes are available only at ticket windows. Servicemembers need not be present; free passes will be given to immediate family members of deployed troops when they show an appropriate ID. Two-day passes must include the actual holiday and one day before or after the holiday.

**Kaw Valley Rodeo Military Appreciation Night** — The 30th annual Kaw Valley Rodeo takes

place July 22, 23 and 24 at Wells Arena in Manhattan. It will offer active duty, reserve, National Guard and retirees in the community 50 percent off general admission for the Thursday night performance. In addition to 50 percent off for the servicemember, they will offer complimentary child tickets with the donation of at least one canned good item per child. The food items will be donated to the Finthills Breadbasket.

**Kansas City Wizards** — See the Wizards in action against Dallas at 7:30 p.m. July 3. Fireworks will follow the game. Discount tickets available through ITR.

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