



Painted for pretend war

A youngster gets his face camouflaged before attacking the obstacle course at Fort Riley's open house.

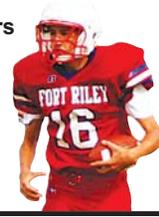
Pages 11 and 13

Fort Riley Post

Troopers even season play

Middle school team defeats Manhattan.

Page 15



Thursday, October 7, 2004

America's Warfighting Center

Vol. 47, No. 40

Around The Army

Fort Knox:

Inside the Turret reported Oct. 6 that a new veterans cemetery will be built west of Dixie Highway off Illinois Road just south of the Bullion Depository. Construction is scheduled to begin in the spring of 2005 on a 93-acre site.

At a pre-design ceremony Sept. 23, the Kentucky Department of Veterans Affairs announced that the \$8.9 million project is scheduled for completion by late 2006.

Although once Fort Knox property, the land was deeded to the state in 2003. Any veteran who has served at least two years and received an honorable or general discharge will be eligible for burial in the cemetery.

For more on this story and other Fort Knox news, visit www.thenewsenquirer.com/turret/ on the Web.

Texas:

The News Leader reported Sept. 30 that a new base operations organization would be in place the following day. The change came after six years of study seeking the most efficient method for handling the tasks required to operate Fort Sam Houston. Hundreds of civilian employees would be affected with establishment of eight new organizations with mission and structural changes.

For more on this story and other Fort Sam Houston News, visit www.cs.amedd.army.mil/pao/ on the Web.

Fort Sill:

The Cannoneer reported Sept. 30 that people driving off from shoppettes without paying for gasoline after pumping it risk paying fines, going to court and losing their driver's licenses. Drive-offs are the same as shoplifting and AAFES officials prosecute them just as they do shoplifters, a post AAFES official said. Some pumps at Fort Sill have been set to accept credit card payments only as a result of recent losses due to drive-offs.

For more on this story and other Fort Sill news, visit www.lawton-constitution.com/cball/cannoneer.htm on the Web.

Leavenworth:

The Lamp reported Sept. 30 that veterans at the Dwight D. Eisenhower Department of Veterans Affairs Medical Center have another transition home ready for residents to move into thanks to a group of students from the Command and General Staff College.

Class group C9 and Dwight D. Eisenhower Reveille Home Inc. performed their Service to the Nation project Sept. 24 at the VA Center, getting Building 46 ready for 14 new residents. All students are required to do four hours of volunteer work prior to graduation.

To prepare the house for its residents, the students set up furniture in the bedrooms, cleaned gutters, scraped old paint and performed general housekeeping.

For more on this story and other Fort Leavenworth news, visit www.fleavenworthlamp.com on the Web.

1st BCT trail party ends mission

Some single Soldiers welcomed home by warm blankets, small treats

By Mike Heronemus
Editor

Inside Hangar 817, wives, children, parents, cousins and friends embraced many of approximately 100 1st Brigade Combat Team Soldiers who had come home Oct.

2 after a year in Iraq. Outside the hangar, on a paved portion of Marshall Army Air-Field, five buses waited for Soldiers who would need a ride to their barracks at Fort Riley. It took only a few minutes after Brig. Gen. Frank Kearney, 24th Infantry Division (Mech) assistant

division commander for maneuver, dismissed the Soldiers standing in formation for family reunions to begin and for the Soldiers not being met by anyone to grab their gear and start boarding the buses. They were all glad to be home, that was obvious. Even the Sol-

diers without families waiting in the hangar to hug and kiss them wore huge smiles. Pic. Jason Clemens of 1st Engineer Battalion said he was very happy to be back. Clemens said he didn't expect to spend the night in a cold empty barracks room. "Hopefully our roommates

are back and they've set it all up for us," he said.

All the returned Soldiers will spend a few days getting settled into their barracks and units and then, "I'm looking forward to celebrating after a year of being

See Home again, Page 2

Handy weapons



Staff Sgt. Kenneth Springfield (left) attacks Spc. Antonio Harrison as part of an on-the-ground defense drill. Several Soldiers from 2nd Bn., 34th Armor, were involved in fighting scenarios during training last week.

Soldiers learn to fight hand-to-hand

By April Blackmon
Staff writer

Several members of 2nd Battalion, 34th Armor, at Fort Riley recently spent time fighting each other.

With the assistance of instructors Av Nardia of Israel and John Castillo of Wichita, the Soldiers learned aspects of

hand-to-hand on-the-ground defense in jujitsu style and in close-quarter battle — Israeli style.

Nardia taught hand-to-hand combat to the Israeli Army for 24 years and has taught U.S. Army personnel and Marines in recent years.

A former major with the Israeli Defense Force, he said knowing how to handle a close-quarters situation is critical, especial-

ly in war zones such as Iraq.

"Sometimes when you're in war and you're in the civilian area, hand-to-hand is the most important weapon because you can control people and do it in a less problematic way. Right now, the Soldiers are doing more police-like work. They're more involved with civilians and they

See Fighting, Page 10

Army adds anthrax shots

More areas will require smallpox vaccinations

By Leah Rubalcaba
Army News Service

WASHINGTON — Anthrax vaccinations have resumed for Soldiers whose series of injections were interrupted during the anthrax vaccine shortages of 2000-2001.

The Army's immunization program has also expanded to include anthrax and smallpox vaccinations for Soldiers assigned to 17 newly designated high-threat areas.

Active-duty Soldiers and members of the Army Reserve and Guard who stopped getting vaccinated in the middle of their six-shot anthrax series have been directed to resume their vaccination schedules at the point where they left off no later than Dec. 31.

The directive specifies that these Soldiers are not to repeat or receive extra doses of the vaccine — all earlier vaccinations count.

The Army's immunization program has expanded to require anthrax and smallpox vaccinations for Soldiers assigned to the Korean peninsula for 15 or more consecutive days.

The directive includes the vaccination of emergency-essential and equivalent civilian employees assigned to Korea and Department of Defense contractor per-

See Anthrax, Page 10

Post dedicates war memorial

Maj. Gen. Hardy: 'Monument will help us remember'

By Jamie Bender
Staff writer

Fort Riley memorialized the ultimate sacrifice of 45 Soldiers Oct. 2, during a mid-morning ceremony that was part of the post open house and Apple Days celebration.

The new Global War on Terrorism Memorial erected beside Cavalry Parade Field includes two black columns standing on a pentagram base representing the twin towers of the World Trade Center and the Pentagon attacked by terrorists and precipitating the U.S. Global War on Terrorism.

Forty-five names are engraved into the two black stones — the names the 42 Fort Riley Soldiers and three Reserve

Inside

More open house stories, photos on Pages 3, 11, 12, 13.

Archibald MacLeish's poem, "The Young Dead Soldiers."

"The memorial is designed to allow us to add more names as the war continues and more American Soldiers put their lives on the line to defend our country and our way of life," said Col. Jay Simpson, garrison commander. "Each year on the 11th of September, the

memorial will be updated until the war on terrorism is won," he said.

After the invocation, Chap. (Col.) Kenneth Sampson, installation chaplain, spoke about the significance of the Soldiers' lives.

"There was a purpose that was articulated by these Soldiers that we remember," he said. "They knew the meaning of camaraderie not only in the jovial sense, but also in that soldierly bond that binds men and women together."

Sampson went on to talk about camaraderie and its definitions. He quoted New York City firefighter Capt. James Gormley, who said that camaraderie is sharing hardship.

See Monument, Page 2



Family members and friends of fallen Fort Riley Soldiers gather at the Global War on Terrorism Memorial dedicated Oct. 2.





Post news in brief

Flu vaccine program begins

The annual influenza vaccination program for 2004-05 has begun at Fort Riley. First priorities for flu shots are deploying Soldiers, followed by high-risk beneficiaries and those in contact with high-risk patients.

Patients should consult with their primary care provider to determine if they have a high-risk condition warranting the flu vaccination.

Non-deploying Fort Riley servicemembers will be given the flu vaccine as soon as it becomes available. Irwin Army Community Hospital officials said that could be in mid-October.

For more information, call the hospital's public affairs officer at 239-7250.

Delays at gates may occur

Motorists entering Fort Riley may experience a delay at the gates due to the recent return of the 1st Brigade Combat Team. Random vehicle inspections will continue to take place. Those entering Fort Riley are reminded to adjust travel times accordingly.

Irwin notifying Vioxx patients

Merk and Co., Inc., makers of Vioxx, have advised discontinuation of the medication. Irwin Army Community Hospital is using its Audiocare system to telephonically notify all those listed as Vioxx prescription holders and advising them to discontinue its use.

Those using Vioxx are being advised to call 239-3627 during duty hours for an appointment. Patients may also leave a telephone consult for their Primary Care Manager, who will decide which medication should replace Vioxx.

Patients notified by the IACH Audiocare message should listen to it entirely and confirmation receipt. Those who do not do so will receive another message.

Car registration office moves

Fort Riley's Vehicle Registration Office moved from Building 210 to the Henry Drive entrance to post Oct. 6. The staff expected to be operational in their new office Oct. 7. With its relocation to Henry Gate, the vehicle registration staff plans to offer its services 24 hours a day, seven days a week, according to Ray Coffey in the Provost Marshal's Office.

Stay In Step with Fort Riley

See what's happening on Fort Riley cable Channel 2 every day at 6:30 a.m., 8 a.m., noon, 6 p.m. and 10 p.m.



Post/Heronemus

Single Soldiers loaded down with their gear board one of five buses used Oct. 2 to take them to their barracks after spending a year in Iraq.



Post/Heronemus

Single Soldiers in the 1st BCT trail party who returned Oct. 2 grab their personal gear immediately after being dismissed from the welcome home ceremony by Brig. Gen. Frank Kearney, 24th Inf. Div. (Mech) assistant division commander for maneuver.

Home again continued from page 1

gone," Clemens said about his immediate plans.

Spc. Louis Good with Headquarters and Headquarters Company, 1st Eng. Bn., said he will be looking forward to a drive back to Pennsylvania where his family and friends and "all the good stuff I've been missing for a year" would be waiting for him.

"I'll take four or five days to complete his return processing, "but we'll get back soon enough," Good said.

The actual welcome home ceremony started about an hour later than expected, with the Soldiers of the brigade's trail party walking into the hangar single file about 9 p.m.

The crowd had arrived before 7 p.m., anxiously waiting to see their loved ones again.

Good took the delay in stride. "I didn't have any control over it, so I just did what I had to do," he said.

Spc. Matthew Magathan of the 1st Eng. Bn.'s S3 staff volunteered to be part of the trail party

that stayed behind to wrap up the 1st BCT's operation in Iraq.

"There were people who needed to come home," he said, explaining his reason for volunteering.

Some of the Soldiers in the trail party were picked to stay the extra couple of weeks, but most of them were volunteers, Magathan said.

Part of the duties performed those final couple of weeks included loading vehicles onto ships for transport back to Fort Riley, he said.

At that moment, however, Magathan said he was looking forward to going back to his barracks and finding a blanket, "I hope. It's cold."

After that, Magathan planned to "catch up, party, and go to the Bahamas for vacation to just give a treat to myself."

Around the corner of the hangar, two members of the 1st Eng. Bn. Family Readiness Group stood in front of a bus and held signs with the battalion's crest so the Soldiers would know which

bus to board.

Magathan would find that warm blanket in his room. He would also find a fresh bagel, orange juice and a small hygiene kit, all placed there earlier in the day by members of the Family Readiness Group.

It was the unit's and the family members' way to show the single Soldiers in the battalion that they were appreciated, said Barbara Brinkley, one of the Family Readiness Group women standing in front of the bus.

Monument continued from page 1

"It is shouts and commands, bruises and cuts. It's not being asleep when it's your turn on watch. It's trust. It is respect. It is acting honorably."

Our Soldiers knew such comradeship, Sampson said.

Sampson also spoke about the Soldiers' love of family and love of country and concluded with a prayer.

"As we reflect upon their noble lives, whose sacrifice we honor, we call upon the God of comfort and so go forward in peace," he said.

Following a moment of silence, Sampson read the names of the Soldiers engraved on the monument while Maj. Gen. Dennis Hardy, commanding general of the 24th Infantry Division (Mech) and Fort Riley, and 24th Inf. Div. Command Sgt. Maj. Gilbert Canuela laid a wreath of flowers

the terrorist attacks of Sept. 11, 2001, and remembered those Americans that were killed in the World Trade Center and Pentagon. He also remembered the 45 Americans who crashed the plane into the Pennsylvania countryside rather than continue the attacks.

"As we gather we realize that we have all been touched by this great loss," Hardy said. "We also realize that this was a war that came to us, that we did not ask for."

He quoted Gen. Tommy Franks, former commander, U.S. Central Command, who was also

asked the question in an interview with CNN.

"I ask people ... How did you feel on the 12th of September? What would you have done on the 12th of September to keep it from happening again?"

Franks replied, "... Whatever the answer is, America, whatever we were willing to do on the 12th of September 2001, to keep it from happening again, let's not get so far away from that that we forget how we felt and what we would have been willing to do then. Those actions are still necessary," he said.

Hardy also recognized the families of Soldiers.

"We will not forget" the Soldiers who have given the ultimate sacrifice for America, he said, but "it is our families who continue the fight, our families who have paid such a dear price already, who continue to support us day after day."

"We remember the price of freedom and we remember the price of carrying on our responsibilities."

**—MG Dennis Hardy
Commanding General
24th Inf. Div. (Mech)
and Fort Riley**

BOX N SHIP
3 x 3"
Black Only
3X3BONSHIP03543456(TP)

GEICO-AFC
3 x 10"
Black Only
#496198 & 496199/We've Stood

NETQUEST
3 x 4.5"
Black Only
3x4.5netquest03543586





Tours to highlight hauntings on post

By Kristen Hamilton
KSKU intern

The stories of Fort Riley's ghosts and hauntings continue to draw bigger crowds to the annual ghost tours conducted by members of the Historical and Archeological Society of Fort Riley.

Diane Buczkowski, coordinator of this year's tour, said the society began with just a few hundred people attending in 1996. This year, the society expects more than 1,000 people to take its ninth annual tour Oct. 24.

While not every story can be included on the ghost tour, most of them have been recorded in two books published by the Historical Society, "Ghosts of Fort Riley Past and Present" and "Ghosts of Fort Riley, The Legends Live On."

The second book contains the story of the ghost on Ray Road. The story begins with the arrival of Dr. John Carey and his family in July 1997. The Careys moved into Quarters 786 and soon experienced some strange incidents that remain unexplainable.

Within the first few days of living in the home, the Careys found a thick, dark red liquid substance

running down their front door and the walls of their dining room. The substance seemed to come from nowhere, and although it seemed odd to the Careys they dismissed the weird circumstances as being part of the high humidity and heat of the Kansas summer.

The television set turned on and off by itself and changed channels seemingly at will. Kitchen cabinets kept closed would all be found standing open first thing in the morning.

The family began to hear someone walking the halls and going up and down the stairs at night. In one bedroom of the house, items were moved around while the occupant slept.

Ray Road is too far away from Main Post to be part of the ghost tour, but guides will have other chilling stories to tell visitors.

The ghost tours begin at the Main Post Chapel. The first tour leaves at 4 p.m. and subsequent tours depart every hour with the last tour leaving at 7 p.m. The 2-mile walking tour takes 60 to 90 minutes. Parents with children in strollers can take a tour at 3 p.m. For more information, call 239-3033.



Post/Bender

Dewayne Jenkins, 1st Bn., 13th Armor, throws the dice at a craps game during the Soldier Celebration. The free celebration included dinner, gambling with 'funny money,' music and an auction.

Riley's center hosts Soldier Celebration

By Jamie Bender
Staff writer

Hundreds of Soldiers turned out to eat and play games at the Soldier Celebration at Riley's Conference Center Oct. 2.

The event began at 7 p.m. with a dinner of bratwurst, hamburgers, chips and beans.

Following dinner, those in attendance were given \$8,000 in play money to spend at tables of black jack, poker and craps.

Many of the Soldiers attending said they felt it was a great event.

"It makes me feel good that they appreciate what we did in

Iraq," said Dewayne Jenkins of 1st Battalion, 13th Armor. Jenkins said he planned to play craps all night.

Mark Sosebee of 1st Engineer Battalion said he thought it was a good event to attend. "It brings us all closer together, I think."

Mark's wife, Bully, agreed. "It lets the Soldiers know they are appreciated."

After gambling with the play money, winnings or remains were spent at an auction featuring a variety of items.

People bid on items including a 27-inch TV, a steam vacuum cleaner, a microwave, \$500 cash and various tools.

"The dinner was good. The brats were the best part."

— Dewayne Jenkins
of 1st Bn., 13th Armor

KANSAS PRESS
2 x 2"
Black Only
#BX4034/10-5, 10-6 & 10-8

CANDLEWOOD HEALTH MART PHARMAC
2 x 2"
Black Only
2X2CANDLEWOODPHARM03543462 (TF)

KANSAS PRESS
2 x 2"
Black Only
Schneider/10-5, 10-6 & 10-8

DAILY UNION
6 x 12"
Black Only
POST SERVICE DIRECTORY





Post/Tamez

Soldiers of HHC, 1st Bn., 13th Armor, position themselves in a dismantled security mode while their 5-ton vehicle is repaired during a convoy live-fire exercise.

Training irons out tasks

Armor Soldiers get refresher on convoy responsibilities

By James Tamez
19th PAD

Soldiers of 1st Battalion, 13th Armor, got some help ironing out their individual and leadership tasks when their convoy was attacked by colored pop-up targets and a five-ton truck some were riding in "broke down."

About 110 Soldiers took part in the live-fire convoy exercise Sept. 28 at the Multi-Purpose Range Complex at Fort Riley. The different colored pop-up targets simulated aggressors and non-combatants that should not be shot at.

After the Soldiers completed their convoy through the myriad targets, no noncombatant targets were shot - just the enemy targets simulating someone wanting to wound or kill American Soldiers.

For Soldiers who have yet to deploy to Iraq, live-fire convoy training could save their lives, according to one officer observing the training.

"The purpose of the convoy live-fire exercise is to train crews

on wheeled vehicles how to perform effective fire both stationary and rolling engagements," said Capt. Justin Burns, operations staff officer for the 3rd Brigade, 1st Armored Division. "The Soldiers will clear a route for allied transports and keep a watchful eye out for the enemy."

Soldiers rode in High Mobility Multipurpose Wheeled Vehicles commonly called humvees and in the back of five-ton trucks. The convoy traveled on dirt roads and across a flooded creek while the Soldiers engaged the colored pop-up targets at differing locations.

The final part of the live-fire exercise called for a five-ton truck carrying Soldiers to break down. When that happened, the Soldiers quickly assumed a 360-degree defensive posture, shooting at enemy targets whenever and wherever they appeared.

Burns said the reason for the convoy training is twofold. First, the Soldiers need to have the confidence of knowing what to do when they find themselves in a convoy. Second, units get the

opportunity to work together in a simulated combat situation.

"It gives first-line leaders the opportunity to conduct operations and work with their units in a live fire situation," Burns said.

"This training is good stuff for inexperienced Soldiers," said Sgt. Shaun Long of Headquarters and Headquarters Company, 1st Bn., 13th Armor. "It is good familiarization training for the guys who haven't deployed yet and acts as a refresher for the guys who have already been to Iraq."

Long explained that this kind of training helps Soldiers adapt and become more fluid in their actions. It also gives them an idea of what it will be like when they get rolling and have to provide security.

"A lot of the Soldiers have not done this type of training," said Spec. Alexander Clutter of HHC,

1st Bn., 13th Armor. "They get to learn about convoys and what their responsibilities are to the convoy. Also, they get used to the commands that are issued and gain experience in how to react."

Burns said that the Soldiers participated in a form of training they don't usually do.

"I hope we get to do it more often," Long said. "This training helps us to adapt and to be more fluid."

"What the Soldiers learn here they will take with them," said Clutter. "It shows us why we need to stay alert. It's good training."

This type of training makes a positive impact on Soldier, Long said. "When you increase a Soldier's familiarization with his equipment, he gains confidence in himself and in his abilities. When his confidence is up, so is his morale."

THE MARTIN AGENCY
4 x 10"
Black Only
Alt1tel/#409232216/Post./Oct.'04



Golden Knights

Golden Knights team members freefall in a geometric pattern.

Knights to host jump

By Marie Schult
Media Relations Specialist

The U.S. Army Parachute Team, "Golden Knights," will be hosting the Sixth Annual Inter-Service Parachute Competition at Laurinburg-Maxton Airport in Laurinburg, N.C., Nov. 5-8.

The competition is open to all active-duty ID card holders not on leave. Participants may be on permissive TDY.

Participants must have at least 150 jumps to compete in the four-way competition and

200 jumps to compete in the eight-way competition. Participants with less than 150 jumps will receive one-on-one coaching from U.S. Army Parachute Team personnel.

The four-way competition will be held Nov. 6 and an eight-way competition will be held on Nov. 7.

For more information or directions to Laurinburg-Maxton airport, contact Sgt. Marie Schult at (910) 396-7203 or visit <http://www.usarcc.army.mil/hq/GoldenKnights/> on the Web.

DJ HICKS PRODUCTION
2 x 3"
Black Only
2X3 DJ HICKS 9/24 SR

FORT RILEY POST

This newspaper is an authorized publication for members of the Army. The contents of the Fort Riley Post are not necessarily the official views of, or endorsed by the U.S. Government, Department of Defense, Department of the Army or Fort Riley. The Fort Riley Post is an unofficial publication authorized by AR 360-1. Editorial content is prepared, edited and provided by the Public Affairs Office and Fort Riley. The Fort Riley Post is published by Montgomery Communications, a private firm in no way connected with the Army, under exclusive written contract with Fort Riley.

Publisher-Maj. Gen. Dennis Hardy
Public Affairs Officer-Maj. Jeffrey Buczkowski
Command Information Officer-Gary Skidmore
Printer-John G. Montgomery
Fort Riley Editorial Staff:
Editor-Mike Heronemus
Staff writers-April Blackmon, Jamie Bender, J.D. Hardesty
Advertising Representatives-
Monica Lloyd, Linda Pearson, Stephanie Simmons

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of the Army or Montgomery Communications of the products or services advertised.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected.

For business or advertising matters, call The Daily Union in Junction City at (785) 762-5000. For news offerings, call the Fort Riley Public Affairs Office at (785) 239-8854 or DSN 856-8854, or write to the Public Affairs Office Bldg. 405, Fort Riley, KS 66442-5016.

Circulation \$800 copies each week
By mail \$20 per year
A licensed newspaper member of the Junction City and Manhattan chambers of commerce



Post news in brief**Spaces available for EO course**

Fort Riley's Equal Opportunity Office will conduct its quarterly Equal Opportunity Representative Course Oct. 18-28 in Building 7656, Learning Center No. 2, Room 11. Space is available for those needing to take the course.

All companies, troops and batteries must have a primary and alternate Equal Opportunity Representative to assist the commander in maintaining a unit climate free of discrimination and sexual harassment.

To enroll, fax an on-post schools request to the EO office at 239-6193. Walk-ins also will be enrolled, providing they have an on-post school request signed by their commander.

Voters reminded to mail ballots

Oct. 11-15 is Absentee Voting Week and Soldiers and family members are reminded to mail in their absentee ballots.

Everyone who sent in a federal voting postcard should be receiving an absentee ballot in the mail soon. Anyone who does not receive a ballot in the near future, or those who are worried about not receiving one, should call their county office or their voting assistance officer at Fort Riley.

Some states' deadlines are the day before. Voting assistance officers have information on exact deadlines.

Soldiers with questions can contact these voting assistance officers for help:

1st Brigade, 1st Infantry Division – Capt. David Newman, 239-9765 or 239-5662

3rd Brigade, 1st Armored Division – Chief Warrant Officer Michael Mather, 239-4049 or 239-4499

937th Engineer Group – Sgt. 1st Class John Williams, 239-5286

24th Infantry Division (Mech) and U.S. Army Garrison – 1st Lt. Kelly Smith, 239-4360

CBS changes 'In Step' times

Programming conflicts with CBS will change the time "In Step with Fort Riley" airs on some Sundays through Dec. 19. Instead of its normally scheduled slot of 7 a.m., the show will air at the following times and dates:

The Oct. 17 show will air at 6:30 a.m. Oct. 16.

The Dec. 5 show will air at 6:30 a.m. Dec. 4.

The Dec. 12 show will air at 6:30 a.m. Dec. 11.

The Dec. 19 show will air at 6:30 a.m. Dec. 18.

10 MPs detonate Claymores

By Christopher Selmek
19th PAD

Performance in earlier training earned 10 Soldiers of the 977th Military Police Company the chance to create a big boom on Fort Riley's Range 15 Sept. 23.

Two Soldiers in each of the company's five platoons set and detonated an M18A1 Claymore mine each.

The MP unit had not trained with Claymores since returning from Iraq nearly a year ago.

"We just wanted to brush up on this kind of training because it's been a while since we've done anything with Claymores," said Sgt. 1st Class Ken Moore.

"No matter what your military occupational specialty, you have to know the basics of defense. Claymores are a simple tool that works really well, and it's good to know," he said.

Knowing how to use the Claymore mine is a basic Soldier defensive task, said 1st Lt. Galen Stone, 977th MP Co. executive officer. "There are a lot of times where a unit would need to provide a base cluster defense for an area, so MPs especially might need to make use of this."

The 977th MPs didn't have to use the mines while they were serving in Iraq, Moore said, adding that one can never be sure what will be necessary given the situation and availability of equipment.

"They probably don't need to use these too much in Iraq, since

everything is mainly snipers and mortars fired from a distance," he said. "Still, it never hurts to know how to use something."

The Soldiers received training in the fundamentals of using Claymores the day before going to the range, but the unit conducted a review the day of the exercise in order to make Soldiers even more confident when dealing with live explosives.

"You just have to make sure you cover all your angles," said Sgt. Norberto Gonzalez, who supervised the practice range. "Once you're actually out there, it's a lot of fun."

Gonzalez ensured the Soldiers were aware of all seven steps used in placing the mine, proceeding from equipment inventory, to testing the charger, to placing the mine on safe and low crawling to an emplacement position, setting the mine levelly on the ground, aiming, retesting the charger and firing the mine.

Once the training was complete, the Soldiers moved to the live-fire area of the range, where real Claymores were deployed three at a time, creating such an explosion that Soldiers ducked down in their foxholes to avoid being hit by back-blast debris.

The 977th MPs seemed to enjoy the opportunity to train with the weapons, said Cpl. Ian King. "Claymore mines are one of the most effective weapons in the Army's arsenal, and it could be imperative to future missions," he said. "Hands-on is the only way to train"



19th PAD/Selmek
Spc. Craig Dearborn of the 977th MP Co. observes the cloud of smoke and debris created by the M18A1 Claymore mine he had just set and fired on Range 15, Sept. 23.

Army seeks qualified Soldiers for Interservice Physician Assistant Program

The U.S. Army is looking for qualified Soldiers to attend the Interservice Physician Assistant Program at the Army Medical Department Center and School, Fort Sam Houston, Texas.

This is an intensive two-year course of study. Graduates of the course receive a commission as a second lieutenant and a master's degree from the University of Nebraska.

Physician assistants are important members of the Army's medical healthcare team and provide a

broad range of medical services. They are the primary medical provider to Soldiers in battalion and division level units and may also provide garrison healthcare to Soldiers, family members and other eligible beneficiaries.

Applicants must be enlisted Soldiers, commissioned or warrant officers with a minimum of three years time in service. Other eligibility criteria include, but are not limited to, a GI score of 110 or greater, 60 semester hours of post secondary

school education of which 30 hours must include six hours of English, six hours of humanities, six hours of chemistry, six hours of anatomy and physiology, three hours of algebra and three hours of psychology.

Applications for this program are accepted until June 1 each year and are reviewed by a board in July each year.

Complete application procedures are found in AR 601-20, The Interservice Physician Assistant

Training Program, and in the yearly message update to the regulation found at <http://www.cs.amedd.army.mil/ipap/> and <http://healthcare.goarmy.com/docs/paqual3.htm> on the Web.

For more information, call Capt. Ronald A. Carden, MPAS, PA-C interservice physician assistant program manager, at (800) 223-3735, ext. 60386, (502) 626-0386 or DSN 536-0386, by Fax at (502) 626-1431 or by e-mail to ipap@usarac.army.mil.

DICK EDWARDS HYUNDAI
6 x 10.5"
Black Only
1/2pp Dick Edwards



Fort Hood troopers help with Iraq horses

By Susan German
Army News Service

BAGHDAD, Iraq — Trading computers and badges for saddles and spurs recently provided a welcome break for troopers of the 1st Cavalry Division's Horse Cavalry Detachment working with Saddam Hussein's former horses at the Baghdad Zoo.

After months of desk duty guarding the division main headquarters building, the Soldiers had the opportunity to get back in the saddle while educating some Iraqi horse handlers about care and training techniques.

Before their deployment to Iraq, detachment Soldiers spent their time performing at parades, rodeos and fairs throughout the United States.

Daily duties included maintaining their herd of horses and mules and the equipment required for their performances. Some of the

Soldiers are trained saddle makers, farriers (horse shoe tradesmen), boot makers and veterinarian technicians.

Staff Sgt. Robert Bussell, headquarters deputy commandant, 1st Cavalry Division, is the platoon sergeant and saddle maker for the detachment based at Fort Hood.

Experience gained while growing up around horses on his grandparents' farm in eastern Texas coupled with his time at Fort Hood lends credence to the advice he passes on to the Iraqi veterinarians and caretakers.

"There's a lack of knowledge on some of the modern equine skills, such as medications, training techniques and doctrine that can be used for the animals," Bussell said.

"We're trying to get them as much information as we can to make a better future for the animals and the people here," he said.

At one time the horses numbered nearly 100, but traumatized by war, their numbers have dwindled. The remaining horses were gathered up after the war was over, according to Bussell, and 19 now reside at the zoo.

Veterinarian Wasseem Wali has worked at the zoo for a year and with the Americans for the past six or seven months. His specialty is caring for the lions that also live at the zoo.

Long-term plans include building a 100-stall stable, an exercise area and an equine education center in Baghdad.

During one visit, the Iraqis pored over several horse-themed magazines that Bussell brought with him, pointing at pictures of horses and equipment that interested them. Pictures are good when a language barrier impedes communication.

Detachment Soldiers make the trip to the zoo several times a

week and are getting to know the horses better. "Because there is a language barrier, it's best sometimes that we just get hands on for ourselves — throw a saddle on them, get on and find out what level they've been put through," Bussell said.

On a smaller scale, but one that will add to the horses' safety and comfort, detachment Soldiers have built one of several planned pens for two stallions previously tied to trees in order to keep them separated.

Maad Amer Mohammad, manager of the original Genetic Arab Horses Generating Center, has worked in the center for more than 10 years and wants to see an increase in the number of horses.

"By doing that, we can help other animal educators have horses with original Arab characteristics, especially the male horses [to pass on the Arabian genes]," Mohammad said.



ANS/Germane Staff Sgt. Robert Bussell, deputy commandant for Fort Hood's Horse Cavalry Detachment, examines the nose of Al-Adul, a 7-year-old stallion which once belonged to Saddam Hussein and his family.

Director outlines emerging battlefield strategy

By Samantha L. Quigley
AFPS

WASHINGTON — Fighting on the new battlefield means a new strategy is in order, according to the Defense Department's director of force transformation.

The military is moving from the old monolithic, bounded Red Zone of the Cold War to a huge, diffuse and diverse Red Zone that is hardly monolithic and defies containment, said retired Navy



Vice Adm. Arthur Cebrowski. This shift requires a change in strategy, Cebrowski added.

"It calls for a ... strategy of connectedness," he said. "So the issue then is not so much how one connects it, as how one, indeed, connects to it."

In this case, "connected" means not only tangibly, but, as

Cebrowski put it, by becoming competent for the age.

The networking of troop communications within and among the services is just one of the ways the director mentioned. Lightening the loads the forces carry and speeding transport abilities were also mentioned as methods to fight more effectively on a chang-

ing battlefield.

Cebrowski said the time has come to turn old models upside-down. The nation always has been strategically defensive and operationally offensive, he said. As problems like the possibility of weapons of mass destruction move in closer to home, he explained, it's becoming obvious that being operationally defensive is more advantageous.

Because the consequences are so grave, strategic offense may be necessary, he added. "This is a

switch. It defies all the thinking

we've had ... for American diplomacy for a long time," he said.

The focus on intelligence has changed, too, he said. Social intelligence — an in-depth knowledge of local culture and customs — is being valued much more over military intelligence.

The issue of national security is all encompassing, Cebrowski said. "It is indeed global. It spans every element of human enterprise," he said. "It is social, it is political, it is technical, it is scientific, it is economic."

There is an increased movement to open up the defense industry to a different kind of international relationship, he said.

These changes in the way wars are being fought are bringing about force transformations as well, Cebrowski said. More small units are becoming the norm, he added, and technology is making it easier and safer for service-

members to do their jobs with greater effectiveness and accuracy.

HOUSE ADS
6 x 12.5"
Black Only
AUSA--IF POSSIBLE





U.S. ARMY RESERVES- ARMED FORC
6 x 21.25"
Black Only
#491751/10-8-04





Beating stress

Battles sometime come home with Soldiers

By Christopher Selmek
19th PAD

The warning signs of Post-Traumatic Stress Disorder are well-known – persistent nightmares, agitation and a greater risk of alcoholism – and effects that any number of Soldiers must deal with.

These symptoms could affect the work of Soldiers at all levels, from private to battalion commander. However, a recent survey by the New England Journal of Medicine discovered that fewer than half of the one in six Iraqi war veterans exhibiting trauma disorder symptoms would seek treatment.

Too often, this affects their careers as well as their overall well-being.

“Post traumatic stress disorder is a very real, official medical disorder categorized by the fact that there has been a trauma and there is a recurrence of the trauma in the form of nightmares, resurfacing memories or flashbacks,” said Maj. William Keppler, officer in charge of the behavioral science section at Irwin Army Community Hospital.

“Seventy-five percent of people exposed to trauma won’t exhibit any symptoms,” he continued. “One quarter of the other 25 percent might go on to have a severe disorder. The determining factor is if

it’s getting in the way of life, either at work or in social relationships.”

Everybody’s going to remember the trauma and may have nightmares, Keppler said, but the ones he is most concerned about are the few who may exhibit permanent damage. Time is the most important factor in healing, and counseling is important if there are any symptoms at all, one doctor suggested.

Dr. Matthew Friedman, executive director of the Department of Veterans Affairs’ National Center for Post-Traumatic Stress Disorder, suggested members of the military are apparently afraid to seek

assistance for fear that it would doom their careers.

Capt. Lyn Rolf, 300th Military Police company commander, returned from a 13-month Iraq deployment in late April and agrees with the statement.

“Soldiers look at it as they might not get opportunities to go to boards, and that it might affect their promotions,” he said. “It’s not, but the fear is still there.”

“This will not impact a Soldier’s career in any way,” Keppler said.

Rolf took the biggest step towards helping his unit when he made it known that he was undergoing treatment.

“I let everybody know that I was having issues, so if they see the commander doing it, they might see that it isn’t so bad,” Rolf said.

“I feel that leaders should always take care of their Soldiers,” he said. “Post-Traumatic Stress Disorder was hurting my job performance, so I talked to some friends and I talked to my dad. Now, going

through the treatment has made it all a lot better.”

Rolf said he noticed that very few of his Soldiers were seeking help, so in addition to having a number specifically targeted for evaluation,

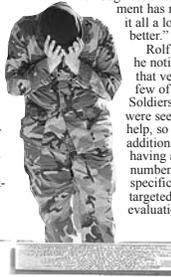
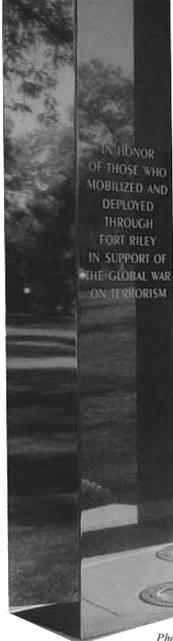


Photo illustration by Christopher Selmek, 19th PAD

Want help?

Any Soldier wishing to make an appointment to talk to a medical specialist, or if they have any questions about PTSD, should call the behavioral science office at 239-7208.

he also increased his attempts to educate the unit on the realities of PTSD.

“Education is very important, just to let them know of all the programs out there,” he said. “I want to make sure they understand that there is no retribution, because I know there is a big fear that if Joe goes and his buddy finds out about it, they’re going to think he’s weak or something like that.”

“There is a stigma to mental health that if you seek it out you are weak, especially in the Army and especially in field units,” Keppler said. “We treat this as we would any medical ailment.”

Rolf enlisted the aid of Ted Freeman from the Family Welfare Center to speak to all his Soldiers. Freeman explained that the Army was willing to spend a lot of good money on helping Soldiers recover and that therapy was based on the individual Soldier and his ways of dealing with issues.

Since increasing his efforts to find Soldiers, Rolf said that nearly 20 percent of his unit has come forward and that non-commissioned officers have expressed concern for a number of others.

Soldiers, civilians end Army careers

By April Blackmon
Staff writer

Other retirees

Sgt. Maj. Vias Williams, 28 years
Sgt. First Class Azelia Sims, 20 years
Sgt. First Class Manuel Sarracino, 20 years
Sgt. First Class Russel D’Andrea, 21 years
Staff Sgt. John M. Dougherty, Jr., 20 years

Thirty-seven Soldiers and civilians retired from military and government service in September. Twelve Soldiers and one civilian opted to attend the Sept. 29 ceremony at Ware Parade Field.

Each Soldier received a Meritorious Service Medal during the ceremony. The medals recognized their outstanding military service.

Retirees’ spouses received certificates of appreciation recognizing their contributions and thanking them for the support they gave to their sponsors’ careers.

Of the 13 retirees, eight plan to stay in the area.

Command Sgt. Maj. David Skidmore of Headquarters and Headquarters Company, 2nd Battalion, 70th Armor, retired after 27 years of service.

He will live in Manhattan and plans to work for the Computer Science Corporation at the Close Combat Tactical Trainer.

First Sgt. Ronald Desjarlais of 924th Military Police Battalion retired after 21 years.

He will live in Manhattan, where he plans to complete a bachelor’s degree, fish and play golf.

Master Sgt. Jeffrey T. Shafer of HHC, 1st Bn., 34th Armor, retired after 20 years of service.

He will live in Manhattan, where he plans to work and spend time with his family.

Sgt. First Class Cynthia Reed of Headquarters and Headquarters Detachment, 101st Forward Support Battalion, retired after 20 years.

She will live in the local area

and plans to open a day care center and complete a master’s degree in Health Care Administration.

Sgt. First Class Mark Martin of Service Battery, 4th Battalion, 1st Field Artillery, retired after 22 years.

He will live in Manhattan, where he plans to ride his motorcycle, build model cars and garden.

Sgt. First Class David Dean of HHD, 101st FSB, retired after 22 years. He will live in Clay Center, where he plans to spend time with his family and hunt.

Staff Sgt. Troy Brocks Smith of Headquarters and Headquarters Company, 24th Infantry Division (Mech) retired after 20 years.

He will live in Junction City and plans to continue his education and work at the Fort Riley Range Division.

James Mitchell, an employee working for G3, retired after 47 years of total federal service.

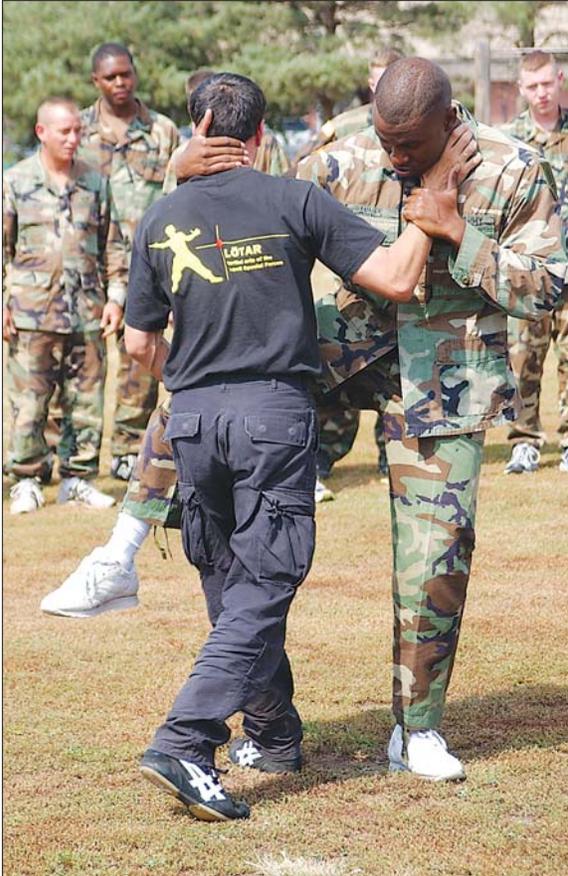
He retired as a sergeant major after 30 years and retires from civil service after 17 years. He lives in the local area and plans to travel, golf, fish, hunt and spend time with his family.

VALASSIS COMMUNICATIONS, INC.
3 x 12"
Black Only
Cellular One/#3817-56

USA DISCOUNTERS
3 x 10.5"

BLUE/October 2004





Post/Blackmon

Instructor Avi Nardia of Israel demonstrates a hand-to-hand combat maneuver on Spc. Joseph Barnes. Nardia and John Castillo of Wichita showed Soldiers of 2nd Bn., 34th Armor, how to engage in hand-to-hand combat and use on-the-ground defense through various tactics last week on Fort Riley.

Fighting continued from page 1

should be using lethal weapons less and hand-to-hand more," he said.

"If you find yourself as a Soldier standing with a weapon in front of kids who throw stones at you and if you use your weapon and kill somebody, you just create more hate and more problems.

"If you get the (hand-to-hand combat) education, you will need to use less lethal techniques," he said.

In addition to hand-to-hand combat training, Castillo, a Brazilian Ju-jitsu instructor from Wichita, said learning to defend oneself while on the ground is important as well.

"A lot of people don't know how to fight when they end up on the ground. Nine of 10 fights end up on the ground. The idea is keeping a dominant position and keeping control of the situation," he said.

The style of defense Castillo teaches - Brazilian and Gracie ju-jitsu - is more realistic training for Soldiers, he said.

"A lot of people know how to punch and hit, but when you're on the ground, that's no good," he said. Many Soldiers receiving the training have never been to Iraq.

"This training helps Soldiers feel more comfortable about handling situations that don't warrant

weapon use, he said.

"It really helps us out, due to the fact that over there, there's a lot of close quarters. Sometimes your weapon could jam up and you have to rely on your body to survive.

"It makes you more secure about yourself and your unit," said Sgt. Lou Rodriguez, assigned to Co. A.

"If I was ever in a situation where I couldn't use my weapon, now I'm confident that they wouldn't get away from me now. I'm able to contain someone and control them and keeping them from getting away," said Spc. Corey Cornett of Co. B.



Post/Blackmon

Pvt. Jesse Pond (left) applies what he learned in training by throwing Pvt. James Bradford to the ground.



Post/Blackmon

Pvt. Jesse Pond (left) prepares to defend himself from an attack by Pvt. James Bradford during training last week.

Anthrax continued from page 1

sonnel hired to carry out mission-essential services in Korea.

The vaccination of adult military family members in Korea is voluntary.

Vaccinations are also voluntary for most Army civilian employees and their families and non-essential contractor personnel assigned to the region.

The immunization program was further expanded to include anthrax and smallpox vaccinations of all Soldiers serving in the

European theater.

The expansion adds Afghanistan, Djibouti, Egypt, Eritrea, Ethiopia, Iran, Kazakhstan, Kenya, Kyrgyzstan, Pakistan, Seychelles, Somalia, Sudan, Tajikistan, Turkmenistan and Uzbekistan to the 15 previously designated high threat areas in CENTCOM and EUCOM.

Emergency-essential and equivalent civilian employees and mission-essential contractors assigned to these areas are included in the expansion.

A policy revision released in August increased the pre-deployment administration window of the anthrax and smallpox vaccinations from 30 to 60 days before departure.

According to medical officials, by beginning the administration of the vaccines 30 days earlier, more injections can be administered before deployment.

This revision applies to any overseas movement to areas covered by the anthrax and smallpox vaccination program.

USAA-ARM FORCES COMM.
3 x 10"
Black Only
#497850/Auto Insurance/Heritag

BRIGGS
3 x 10.5"

PC/ 1/4 PG BRIGGS SUPER





Fort Riley Community Life

Thursday, October 7, 2004

America's Warfighting Center

Page 11

Community news briefly

Church women to host talks

The Protestant Women of the Chapel invite the Fort Riley community to hear stories about "Miracles from Iraq." The talks by Soldiers and spouses will reveal some of the good things that have been done in Iraq. The presentations will begin at 8:30 a.m. Nov. 2 at Morris Hill Chapel on post.

Thrift Shop taking requests

Applications requesting community funds are available at the Thrift Shop until Oct. 15. Groups interested in requesting funds from the Thrift Shop must complete and submit an application. Decisions for funds distribution will be made by Nov. 1 and money will be disbursed by the second week in November. For more information, call 784-3874.

Club offers dance lessons

The Buttons and Bows Square Dance Club will offer square dance lessons Oct. 23 and 30 and Nov. 6 at the 4-H/Senior Citizens Center on Spring Valley Road in Junction City.

Caller Kevin Oveslanger from Lawrence will teach the lessons from 9 a.m. to 4 p.m. each day. A potluck lunch will be served each day.

Cost will be \$60 per couple or \$30 for singles for all three sessions. For more information, call Henry Brackney at 238-5114 or (800) 444-5114 or Connie Stewart at 263-3449.

County slates flu vaccinations

Geary County Health Department will conduct a vaccination clinic as part of its bio-terrorism planning exercise Oct. 9. The shots will be given at Junction City High School, 900 N. Eisenhower Drive, from 7 a.m. to 6 p.m.

Flu shots will be given to Geary County residents, military family members and Department of Defense civilian employees wanting to receive them.

For more information, call Melody Saxton at 762-5788.

Club seeks aid requests

The Officers' and Civilians' Spouses' Club will accept requests for financial assistance until Oct. 29. All requests must be postmarked no later than Oct. 29.

Each request should include the name of organization, a point of contact (name and phone number), specific monetary amount requested, how the donation will be used and the mission of the organization.

Send requests to OCSC, Attn: Community Assistance, PO Box 2482, Fort Riley, KS 66442.

For more information, call Community Assistance Chairperson Brenda Wise at (785) 784-2820.

Stay In Step with Fort Riley

See what's happening on Fort Riley cable Channel 2 every day at 6:30 a.m., 8 a.m., noon, 6 p.m. and 10 p.m.

Post needs more care providers

Deployments cut in-home family child care options for Fort Riley parents

By J.D. Hardesty
Staff writer

Deployments have cut in half the number of family childcare providers on post, leaving a huge, growing need for more providers, according to Child and Youth Ser-

vices officials.

The parents of 20 infants on the childcare waiting were still seeking a provider late in September. And the need for more family childcare providers on post seems to indicate an escalating need with a burgeoning baby population expected with Irwin Army Com-

munity Hospital providing service to more than 600 pregnant women - almost twice last year's figures.

"When a Soldier deploys, a family childcare provider spouse loses half of their support base," said Jana Helton, director of Child and Youth Services. "The stress of deployments on the family means

extra demands of taking care of all the family's needs - cooking, cleaning, shopping, nursing and maintaining the household without a deployed spouse's husband there to lend any support."

Home childcare isn't just babysitting, Helton explained. "Certi-

fied and accredited family child-care providers do much more than just baby-sitting. It's a career. It is a home-based business generating income with most providers operating 12 hours a day from 6 a.m. to 6 p.m."

Family childcare providers

See Child care, Page 14

Public invasion

Crowds swarm Main Post

By April Blackmon
Staff writer

Fort Riley community members showcased the post at the annual Open House and Apple Day Oct. 2.

An estimated 4,000 to 5,000 people turned out to enjoy the various activities and food offered at the site.

"The timing worked out really good. First Brigade just got back and both brigades and 937th Engineer Group were all here this year. Last year, there were many spouses pushing strollers around by themselves because so many Soldiers were deployed. This year, you saw more Soldiers with families. That was nice," said Brad Carlton, chief of garrison operations and Open House event coordinator.

Cavalry Parade Field was covered with historical displays, military vehicles, rides, demonstrations, concessions and vendors from organizations around post.

"There was a steady flow through all the events," Carlton said. "There were large crowds at the CG's Mounted Color Guard demos and working dog demos as well."

Perhaps the highlight of the Open House was the War on Terrorism monument dedication, Carlton said.

"I was surprised at the number of people who turned out," he said. "We had chairs for 200 people, and there were at least twice as many standing. To see the families of Soldiers who were killed at the monument was really moving. Then to see groups go up and visit the monument afterward ... I wasn't pre-

See Open house, Page 12



Spec. Jason Snoyman of Btry. B, 4th Bn., 1st FA, helps his son, Kyle, get off an M109 Paladin howitzer that was part of the static equipment display at the Fort Riley Open House Oct. 2. Kyle's mother waits to help him down while one sister, Alexandra, straddles the howitzer's gun tube and another sister waits on the ground by her mother.

Public aims at pop-ups on range in stadium

By J.D. Hardesty
Staff writer

Sturgis Stadium in the middle of Fort Riley's historic Main Post turned into a laser assault course and weapons qualification range during Open House Oct. 2.

Area residents swarmed onto the course and range for a taste of basic rifle marksmanship and a chance to deliver a special communication to headquarters after successfully completing an obstacle course.

Master Sgt. Timothy J. Jenkins, operations noncommissioned officer-in-charge for Headquarters and Headquarters Company, 125th Forward Support Battalion, and 56 of his fellow Soldiers took 4 1/2 hours to turn Sturgis Stadium's flag football field into a firing range. The range offered 14 firing lanes with three pop-up targets in each lane.

"We loaded up everything Thursday so we would be ready to roll Friday morning," Jenkins said about collecting all of the range control and MILES (laser) equipment. "This is the first time I have set up something like this with such high visibility."

The battalion attached the Multiple Integrated Laser Equipment System sensors to knock-down targets. They provided shooters with a battle dress uniform top, gloves and goggles for safety and placed a range safety officer in each lane to explain the weapons functions and how to engage the targets.

Additionally, the battalion supplied 35,000 rounds of blank ammunition, 10 M-16A2 rifles, two M-240B machine guns and two M-249 machine guns for area residents to get hands-on experience close to Soldier marksmanship requirements.

"Our main focus was on safety," Jenkins said. "Then we showed them how to load, aim and fire the weapons."

Staff Sgt. Gloria A. Porter and Sgt.

See Weapons, Page 13

Kids get day to 'Just Play'

By Mike Heronemus
Editor

A roof-rattling "Yee!" punctuated Ayanne Francis' announcement Oct. 1 that everyone was going to play at School Age Services on Fort Riley, and more than 100 youngsters ran to several locations in two rooms of the building to begin playing.

Some started to jump rope, others formed a group to dance, a few tried their hands at juggling balls and pieces of colored netting, and still others squeezed balls between their legs while trying to run a relay race.

A few unfortunate youngsters dropped the eggs they carried in spoon relays and splattered the cafeteria floor with yolks and shells.

The raucous yells and loud laughter of the first- through fifth-graders proved they

all were having fun.

The Fort Riley event was part of a national "Let's Just Play" campaign sponsored by the National PTA, Boys & Girls Clubs of America and Nickelodeon TV. The campaign seeks to re-establish active, healthy and fun play in the lives of America's youth, that required physical activity on Oct. 2, not watching television or playing video games.

Francis said the theme was also offered as a reward to the children who are enrolled in the after-school program. Children in the program recently wrote and published their first School Age Services newsletter. She plans to continue publication monthly.

Another reason for participating in the national campaign was to qualify for and compete for grant money that could be used for improving physical activity programs for children on post.

"Let's Just Play" will award up to 50 grants ranging from \$5,000 to \$10,000 each. Grants could be used for starting a bowling league, buying a rock-climbing wall, paying for periodic dances or for a multitude of other suggested ideas.

Francis said School Age Services organizes two or three large events each year as ways to get grants. The next activity will probably be a spring festival, she said.

Youth Age Services has been successful getting grants, Francis said. It received a \$1,000 dragonfly grant this summer and used the money to buy gardening supplies and butterflies, ants, tadpoles and hermit crabs to study.

"They actually saw the whole life cycle of the butterfly," said Tina Sheaves, one of the associates at School Age Services.

Right then, however, all the children were more interested in playing.



Post/Heronemus Kendrick Harrison, 8, tries his hand at juggling multi-colored pieces of netting during the "Let's Just Play" event at Fort Riley.





Community news briefly

VFW opens 'Voice' contest

State Commander Larry Graham of Tribune, Kan., has announced the start of this year's Veterans of Foreign Wars and Ladies Auxiliary "Voice of Democracy Program" competition. High School students may compete for scholarships and awards in the 58th annual audio essay program.

The theme for this year's program is "Celebrating Our Veterans." In 2005, VFW National Scholarships will be awarded totaling \$143,500 with a first-place scholarship of \$25,000. Additional scholarship money will be added during the year.

The Voice of Democracy is a script writing program designed to give high school students the opportunity to voice their opinion on a patriotic theme and to express their thoughts to the American people. All ninth-, 10th-, 11th- and 12th-grade students in public, parochial, home study programs or private schools are eligible to participate through the Veterans of Foreign Wars. Exchange students and all past first-place Department (state) winners are not eligible to participate.

The deadline for completing judging on the post level is Nov. 1, 2004. Local VFW posts should receive their entries before that date.

The Department of Kansas program will have scholarships and other awards amounting to \$3,600. First place is \$1000 and paid trips to Washington, D.C., and the Freedom's Foundation at Valley Forge. Second place is \$750, and third place is \$500, given by the Ladies Auxiliary.

For more information, contact the local VFW post or its Ladies Auxiliary.

Child services sets activities

Oct. 14 - 2:30 to 4 p.m., Family Child Care Home Certification. For more information, call 239-9173

Crafts center sets classes

Iraqi Art Contest - Submit entries through Oct. 16
Oct. 9 - 2 to 4 p.m., black and white photography
Oct. 10 - 2 to 4 p.m., black and white photography
Oct. 10 - 1 to 4:30 p.m., scrapbooking get-together
Oct. 12 - 6:30 to 8:30 p.m., stained glass
Oct. 12 - 6:15 to 8:45 p.m., beginning sewing
Oct. 12 - 6 to 9 p.m., intro to matting and framing
For more information, call the Arts and Crafts Center at 239-9205.

Teen Center plans activities

Oct. 8 - 8 to 10:30 p.m., middle school dance
Oct. 9 - 8 p.m. to midnight, midnight basketball

Oct. 15 - 7 to 10 p.m., pool party at Eyster Pool

Oct. 16 - 9 to 11:30 p.m., high school dance

For more information, call the Teen Center at 239-9222.

Holiday prompts refuse change

The trash collection on post will change Oct. 11-15 in observance of Columbus Day. The schedule is:

Oct. 11 - No pick up.
Oct. 12 - Colyer Manor, Main Post, Marshall Field.
Oct. 13 - Ellis Heights, O'Donnell Heights, Montieith Heights and Peterson Heights (north of Thomas Avenue), Dumpsters at Buildings 28, 45, 470, 540, 542 and 5309.

Oct. 14 - Warner Heights and Burnside Heights. (No change from regular schedule.)

Oct. 15 - Meade Heights, McClellan Heights, South Warner Heights, South Peterson Heights (south of Thomas Avenue). (No change from regular schedule.)

Red Cross seeks recipes

The American Red Cross at Fort Riley is collecting recipes for a cookbook. Cooks may submit their favorite recipes in several ways: send e-mail to redcrossrecipes@yahoo.com, fax them to 239-1812, mail to P.O. Box 2305, Fort Riley, KS 66442 or drop them at the office in Building 7264.

Contributors should include their name and organization on each recipe.

At the movies:

The Barlow Post Theater Doors open at 6:30 p.m. Shows begin at 7 p.m., unless otherwise noted. Admission is \$3 for adults, \$1.50 for Children 5 to 11 years old and free for children under age 5, except during children's matinees or expected sell-outs.

Oct. 7 - Open Water (R)

Oct. 8 - Exorcist: The Beginning (R)

Oct. 9 - Suspect Zero (R)

Oct. 10 - Superbabies: Baby Geniuses Son 2 (PG)

Oct. 14 - Exorcist: The Beginning (R)

Oct. 15 - Hero (PG-13)

Oct. 16 - Anacondas: The Hunt for the Blood Orchid (PG-13)

Oct. 17 - The Cookout (PG-13)

Oct. 21 - Hero (PG-13)

Oct. 22 - Cellular (PG-13)

Oct. 23 - Pappazzi (PG-13)

Oct. 24 - Napoleon Dynamite (PG)

For more information, call 784-2226 or 784-2640.

Stay In Step with Fort Riley

See what's happening on Fort Riley cable Channel 2 every day at 6:30 a.m., 8 a.m., noon, 6 p.m. and 10 p.m.



Sgt. Jason Smith of the 523rd MP Co. fights off two military police working dogs during the MPs' K-9 demonstration at the Fort Riley Open House and Apple Day Oct. 2.

Open house

continued from page 11

pared for that emotionally."

Open House is designed to let people from the area see what Fort Riley has to offer and to inform military families, as well, Carlton said.

"There are some families who got here over the summer and may not know what is available on post. It also shows families what we have and some activities on Fort Riley. The expo tent, for example, tells what Outdoor Rec has to rent. They can learn about extreme bowling and even how to preserve history," he said.

The event included Apple Day, a 19-year post tradition. Each year, volunteers help members of the Historical and Archeological Society of Fort Riley make and sell apple pies as the organization's fund-raiser. Proceeds help support HAFSR programs, such as the annual Ghost Tours and home tours during the holiday season.

"It was a wonderful success because we had so many people come out and volunteer, and people got to eat pie and ice cream.

It's just a tradition now 19 years going," said HASFR "pie queen" Jammy Henkley. The "pie queen" is responsible for coordinating the pie making each year.

This year, about 100 volunteers made more than 1,220 pies in four days. Several volunteers spent nine hours baking 196 pies. The rest of the pies were sold frozen. "The volunteers were fantastic. Some came once; some came every night. We had Boy Scouts come out, coffee groups, JROTC cadets from JCHS (Junction City High School) and others.

"We couldn't have done it without our volunteers and without the help of the commissary. Robin Vincent worked with us to get apples, and Jack Field supplies us with everything else we needed," Henkley said.

This year's Apple Day and Open House were a success, Carlton said.

"It was a tremendous event. It exceeded all our expectations. The weather was great and the crowd really responded to the event," he said.



Re-enactors Angela Bates (sitting) and Thomas Wellington of Nicodemus, Kan., explain the Buffalo Soldier's uniforms to people attending Fort Riley's open house Oct. 2.



Nathaniel Zimmerman (left) and Duncan Robinette examine a dummy simulating a medical patient being treated in a field environment.

SET
2 x 5.5"
Black Only
2X5.5SET



Ed Mueller with the Training Support Center helps Jessica Grant hold a gun while she takes aim at a target in the expo tent.

SUNFLOWER REGIONAL IHC
2 x 6"
Black Only
2X6 SUNFLOWER 10/3 03543322 SR

GRANDVIEW AUTOMOTIVE
2 x 5"
Black Only
Post: ad/10-8-04





Post/Blackman
Buckles and Bows square dancer Connie Stewart of Abilene takes a bite of apple served at Custer House.

Post/Hardesty
Caleb Goosey, 5, the son of April and Sgt. Joseph Goosey of HHC, 1st Bn., 13th Armor, grips his command message in hand as he races around the 568th CSE-sponsored obstacle course at the Fort Riley Open House. Each messenger who completed the course received a U.S. flag tag to wear similar to ID tags worn by Soldiers.

Weapons continued from page 11

Erin Thomas, who ran the ammunition site, kept magazines filled and placed on the firing line for the more than 1,000 visitors who tried their hand at the firing range.

Most of the visitors were children, spouses and Junior Reserve Officer Training Corps cadets.

"The rifle was loud and kind of shakes," said Matthew Gallagher, a 7-year-old Fort Riley Elementary School student and the son of Tammy and Chief Warrant Officer Jim Gallagher of the 82nd Medical Company. Oct. 2 Open House was Matthew's third consecutive year to fire weapons.

Zack Smith, 7, and his father, Tim Smith of Junction City, came to the Open House for the second consecutive year.

"Zack wanted to come back," the elder Smith said. "He likes getting his face camouflage painted, the obstacle course and firing the weapons."

Besides safety briefings and marksmanship mentoring, the Soldiers working at the laser assault course expressed their satisfaction hosting the course.

Staff Sgt. Alma E. Sealey-Liggons, Co. A, 125th FSB, and a range safety officer for the event, held Gallagher's safety glasses in place and instructed him on how to engage the targets.

"I think it was great for the kids," she said. "They really like it when one of the targets goes down."

"It's fun to show people what we do," said Staff Sgt. Scott A. Seymour, a shop vehicle maintenance supervisor for 1st Battalion, 13th Armor, and a range safety officer attached for support on the range. "The first group to go through the firing lines was surprised on how loud the weapons were."

"It is just a good feeling to show the community what we do," Jenkins said. "And some of the kids actually knocked down all three targets."



Post/Hardesty
Caleb Goosey, 5, gets ready to swing across a barrier on a rope while running through the 568th CSE-sponsored obstacle course. Soldiers from the 568th CSE were alongside each barrier with safety equipment and guidance to help the little troopers complete the course.



Post/Hardesty
Staff Sgt. Alma E. Sealey-Liggons, Co. A, 125th FSB, holds safety glasses in place for Matthew Gallagher, a 7-year-old Fort Riley Elementary School student, as he positions himself on the M-16A2 firing range during Fort Riley's open house. Matthew is the son of Tammy and Chief Warrant Officer Jim Gallagher of the 82nd Med. Co. It was Matthew's third consecutive year to fire weapons during the post's open house and Apple Day celebration.

GROSS WRECKER
2 x 3"
Black Only
2x3grosswreck03543708

OPHTHALMIC MANAGEMENT
2 x 4.5"
Black Only
2X4.5 PAXLESS OPT/VARILUX AD

KANSAS PRESS
2 x 2"
Black Only
Omaha Home/10-5, 10-6 & 10-8

KANSAS PRESS
2 x 4"
Black Only
Articlepress/10-5, 10-6 & 10-8

CARTER OLIVER
2 x 8"
Black Only
2x8 COMICVIEW COMEDY03542949

EASTSIDE MARKET-MANHATTAN
2 x 8"
Black Only
2x8east.sidenet03543740



'Miss Emma' ends home child care on post

By J.D. Hardesty
Staff writer

Taylor Sheppard, daughter of Sgt. 1st Class Derrick and Tiffany Sheppard, has been going to Miss Emma's for more than a year. The 2-year-old said she likes going to Miss Emma's, but as she crawled up in her lap and buried her face against Miss Emma's side, she was too shy to tell why.

Clarissa Jara, 4-year-old daughter of Sgt. Jose and Claudia Jara, has been going to Miss Emma's house for eight months.

Sheppard and Jara are just two of the more than 100 children who have stepped across Miss Emma's threshold and into her heart during the past 12 years.

Miss Emma, as children and parents alike refer to her, has been a maternal icon for more than a decade on Fort Riley's daycare landscape.

"I've gotten a lot of joy from the children," said Emma Cockrell, a Child and Youth Services' Family Child Care provider on post. "I get close to the children and the parents."

Cockrell toiled with infants and toddlers in her home-based business while living in government quarters and recently decided to close the daycare doors on her family childcare provider career as she and her husband, Sgt. Jerry Cockrell, a 541st Maintenance Battalion Soldier, anticipate his retirement next year.

"It's been so nice to have Miss Emma as a childcare provider," Jara said. "We came here from Hacienda Heights, Calif., and I

was a little anxious to leave Clarissa with someone I didn't know."

Kay Foreman, FCC director, said the post program matches families to providers depending on family needs. "FCC brings a lot to daycare providers, and they bring a lot to the Soldier."

The FCC program helped me get in business and advance my certification and accreditation," Miss Emma said. "I can't thank them enough for giving me the knowledge and assets to succeed."

"Unlike hiring a baby sitter to watch Clarissa," Claudia said she found her daughter developmentally learns things at an FCC provider's home while she's attending college.

Teaching, cooking, cleaning and nurturing are just part of what an FCC provider does. Cockrell said she learned to budget her money for business and to plan meals and activities for the children.

With a self-proclaimed goal of "providing adequate professional care in a loving environment," Cockrell said the children she helped raise during the day have brought a lot of love into her home.

"I have grown personally as a parent, a person and a business owner by being a childcare provider," she said. "I tried to meet the needs of the children and their whole families. I've been there for them through deployments or rough times. And, they have been there for me when my husband was deployed to Iraq for a year."



Post/Hardesty
Emma Cockrell (center), a Child and Youth Services' Family Child Care provider at Fort Riley, teaches Taylor Sheppard, 2, (left) and Clarissa Jara, 4, to design pictures using pre-cut figures. Cockrell has been an FCC provider for 12 years, the past nine on Fort Riley. She recently retired and closed her home-based business as she and her husband start transitioning for his upcoming retirement.

The FCC provider program "has brought so much to both me as a provider and the families of the children," she said. "I felt like they gave me as much as I gave them."

Miss Emma said she was considering retiring as a daycare provider last year, but "one of the sole reasons I didn't close down

was I wanted to give my support to deploying Soldiers' families.

"One child sat at my door crying because his father got on the bus to deploy to the Middle East," she said. "There was actually three kids whose fathers deployed, and they just didn't understand. I decided they needed to know I was going to be there

for them."
To help the children through those tough times, Miss Emma had the children work on a lot of activities, including sending pictures and notes thanking the deployed Soldiers for their service.

"When the deployed fathers came back from Iraq, they said, 'thank you for taking care of my baby,'" she said. "I was all choked up because I could see just how important my daycare was to these Soldiers. I felt special that I could have so much impact on Soldiers' lives."

Like Miss Emma, many FCC daycare providers have their own children at home. She said she understood there might be initial problems merging daycare children with her own. Still, she decided to open her doors from 6:30 a.m. to 6:30 p.m. to parents in need of child daycare. She even accommodated a single Soldier's need for extended daycare services while he pulled 24-hour duty.

"My children respected the fact that this was my job at home," she said of her three sons, Milton, 25, Jerry Jr., 22, and Emanuel, 11, "and kudos to my husband who not one time has complained about all of the children I looked after as a daycare provider."

"While my children may have initially been jealous with more kids in the house, I started watching smaller children and never had the problem recur," she said.

"It took all of us to make this work," Miss Emma said of her family being there through the years while she operated her day-

care.
"I couldn't have done this without Jerry's support," she said of her husband, who helped by doing the grocery shopping, helping make lunches and doing other things that helped her business run a little smoother.

Running her home-based business was "economically worthwhile," Miss Emma said.

"My FCC provider income always depended on the number of children I had, and that can fluctuate," she said. Still, she managed to pay tuition for her three children to attend a private school.

"I was able to help my husband financially as we bought a second car," she said.

She also put money back into her business, affording her the opportunity to buy for my daycare children," she said.

"There is not one time in my 12 years that I have regretted becoming an FCC provider," she said.

"We both love kids," her husband said. "I know it was her business, I just did what I could to help. She has done an excellent job and I am proud of her."

Child care continued from page 11

don't work for Child and Youth Service, Helton said. The providers work for themselves, but Child and Youth Services provides a support structure that help them learn how to operate their own daycare business. "We give them the tools and training needed for them to start their family childcare career," she said.

Some of the support Child and Youth Services offers FCC providers include subsidy programs for food, extended care, infant care and emergency care.

"We invest a lot in training family childcare providers," said Victoria Carvalho, a training and curriculum specialist for the program. "Through the credentialing and certification process, our providers may earn an equivalent to an associates degree (from Central Texas College)."

Childcare providers are provisionally certified after initial training, Carvalho said. The final phase for certification is a three-phase process that results in a provider home being accredited. Certification is made through the National Association of Family Child Care.

Professional growth and development training is required on an ongoing basis, Carvalho said.

Beyond certification and extra family income, there are additional benefits. "Parents with children will learn more about child development," Carvalho said. "And child care providers receive the knowledge and skills of a future marketable skill."

The advantages of running a home-based FCC provider business include:

- Additional income

- U.S. Department of Agriculture monetary reimbursement for some food costs

- Home-based business that transfers from installation to installation

- Free liability insurance
- A lending library with toys, program equipment and books available free of charge

- FCC staff available for support and guidance
- Free training.

Emma Cockrell, a retiring child care provider, has run her own business for 12 years, nine of which she has taken care of children on Fort Riley.

Kay Foreman, director of the family childcare program for Child and Youth Services, said, "Many of our family child care providers, like Cockrell, work from installation to installation."

Childcare needs at Fort Riley resulted in a waiting list for providers begun 18 months ago. The need grew with Soldier deployments, Foreman said.

Child and Youth Services also will refer parents to providers off-post, but Foreman said, with increases demands for child care services, "some Soldiers' families are using unauthorized care."

Foreman emphasized that it is illegal to offer unauthorized childcare on post. She said families

could lose their on-post housing if they are baby-sitting a child for more than 10 hours per week per child or offering childcare on a regular basis.

"The child care program helps Soldiers meet their mission because they don't have to worry if their children are being properly looked after," she said. "Nearly one-third of provider homes on post have been through accreditation and others are going through the accreditation process."

Helton said a special needs resource team reviews child care needs monthly for such child care issues as exceptional family member programs, special medical or physical needs programs and programs for autism and developmentally delayed children.

Those interested in becoming FCC providers must meet certain requirements:

- Must be at least 18 years old
- Must successfully complete a background clearance on all family members over the age of 12 living in the house
- Must be able to read, write and speak effectively in English
- Must be able to interact with children in a loving, positive and developmentally appropriate manner
- Must continually maintain a clean safe home environment

COLLEGE HEIGHTS BAPTIST CHURCH
2 x 2"
Black Only
2X2COLLEGEHEI03543468 (TF)

BANK OF AMERICA
2 x 2"
Black Only
Post. ad/10-8-04

GLOBAL SECURITY LLC
2 x 2"
Black Only
2X2 GLOBAL SECURITY

UPPER IOWA UNIVERSITY
3 x 10.5"
Black Only
3x10.5UPPERIOWA03543181





Fort Riley Sports & Recreation

Thursday, October 7, 2004

America's Warfighting Center

Page 15

Sports news in brief

Unit boxing tourney slated

The Fort Riley Sports Office has scheduled a battalion level boxing tournament for Oct. 13-16.

For more information, call the Sports Office at 239-2813.

Swim staff offers lessons

Sign-up for swimming lessons at Eyster pool began Oct. 4.

For more information, call the pool at 239-9441.

Eyster Pool opened Sept. 8 with normal operational hours.

The pool will be closed Mondays and Tuesdays. It will open from 11 a.m. to 1 p.m.

Wednesday through Friday for lap swimming and from 1 to 6 p.m. the same days for open swimming.

It will be open from 11 a.m. to 6 p.m. Saturdays and Sundays for open swimming.

Quarterly pool passes cost \$35 for one person or \$50 for a family. Semi-annual pool passes cost \$60 for one person or \$80 for a family and annual pool passes are \$110 for one person or for a family.

Daily entry fees are \$1.50 for ID card holders, \$2 for guests and free for children 5 years old and younger.

K-State slates military salute

A Kansas State University Volleyball Military Salute is scheduled when the Wildcats play Baylor at 7 p.m. Oct. 20 at Ahearn Field House on the K-State campus. Tickets cost \$2.

ITR offers Chiefs tickets

Kansas City Chiefs tickets are available for games Oct. 31 against the Indianapolis Colts, Nov. 28 against the San Diego Chargers, Dec. 19 against the Denver Broncos and Dec. 25 against the Oakland Raiders. Tickets are \$60 or \$80, including coach bus transportation.

For tickets, stop by the ITR office across the parking lot from the Main Post Exchange in the same building as the Arts and Crafts Center.

Speedway offers tickets

Thunderhill Speedway in Mayetta, Kan., is offering complimentary admission tickets to Soldiers and their families the remainder of the season.

For tickets, stop by the ITR office across the parking lot from the Main Post Exchange in the same building as the Arts and Crafts Center.

Aerobics classes offered

An aerobics class will be offered at King Field House from 5:30 to 6:30 p.m. Oct. 14.

Aerobics classes cost \$2 per class if paid in advance. October and November classes will cost a total of \$10.50.

No classes will be conducted Oct. 11, Nov. 11 or Nov. 25 because of holidays.

For more information, call 239-2813.

Headquarters wins artillery battle

By April Blackmon
Staff writer

Members of 4th Battalion, 1st Field Artillery, battled each other Sept. 28 with Headquarters and Headquarters Battery defeating

Battery C, 28-12.

Btry. C came out of the first quarter with an interception and a touchdown on the books.

Early in the second quarter, HHB put their first touchdown and extra points on the board.

Three plays later, Btry. C responded with another touchdown. On the following drive, HHB ran one play in for the score. Both teams' extra points attempts failed.

Btry. C made it to the 40-yard line to end the second quarter and

then scored a touchdown on the first drive of the third quarter.

The HHB team answered with a 35-yard gain off two passes. Two plays later, the team scored a touchdown and tacked on two extra points.

In the last play of the third quarter, Btry. C snagged an interception but lost the ball after a pass was intercepted by HHB in the first play of the fourth quarter.

See *Flaggers*, Page 16

Into the fray



Post/Hardesty

Fort Riley Middle School Troopers fullback Calvin Boston (42) strains for extra yardage against Manhattan Eisenhower defenders Sept. 30. Boston carried nine times for 31 yards in the eighth-grade win over the visiting Manhattan team.

8th-grade Troopers even season at 3-3

By J.D. Hardesty
Staff writer

Chris Toombs scored his second first-quarter touchdown on an 85-yard punt return to help the Fort Riley Middle School Troopers squeak by Manhattan Eisenhower's Eagles 14-12 on post Sept. 30.

Manhattan started the game from the Eagles' 20-yard line and drove the ball 52 yards in the last 56 seconds of the game. Aided by a defensive personal foul penalty as time expired, Andy Birchmeier, Colin Reese and Jacob Nangle stopped Eagles quarterback C.J. Wright at the 17-yard line to ensure the victory.

"This is the first time we have beaten

the Eagles in my four years of coaching here," said Mark Ellner, the Troopers' head coach. "Our players aren't intimidated anymore by teams that have had perennially strong football programs."

The victory evened the Troopers' season record at 3-3.

"This is a big win for our kids and our program," Ellner said. "After starting the season 1-3, we have molded as a team and improved our won-loss record to 3-3 with the win over Manhattan Eisenhower."

Birchmeier connected with Toombs on a 25-yard scoring strike on Fort Riley's first possession. Following the eight-play scoring drive, Birchmeier hit Nangle with a pass for the two-point conversion and an 8-

0 lead. "Making the two-point conversion in middle school football is huge," Ellner said. "It puts pressure on our opponents."

"For the past two games we have emphasized playing well in the first quarter," Ellner said. "We scored on our first possession, stopped them and scored again to get off to a great start. Our pass protection was good, so we started throwing the ball early to open the game up."

The Trooper defense forced the Eagles to punt. The football bounced off Toombs' chest when he tried to field the kick, but picked up the loose ball, shook off three

See *Troopers*, Page 16

Comment S.C. fans applaud walk-on retiree

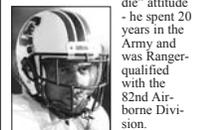
By Chris Waltz
Army News Service

FORT MYER, Va. — It's not 1975. It's not Notre Dame and the crowd is not chanting, "Ru-dy! Ru-dy! Ru-dy!" A "Touchdown Jesus" is nowhere in sight. But, there's an underdog story to be told.

It's 2004. It's Columbia, S.C., and the crowd is chanting, "Fris-bee! Fris-bee! Fris-bee!"

South Carolina Gamecocks wide receiver Tim Frisby played flanker for four snaps. Why is that noteworthy? He's a 39-year-old walk-on.

Frisby, whose locker room nickname is "Pops," received the loudest cheers Sept. 25 and he didn't even touch the pigskin. No catches, no touchdowns. But, the crowd recognized his unwavering perseverance. There's no doubt where Frisby got his "never say die" attitude



Tim 'Pops' Frisby

- he spent 20 years in the Army and was Ranger-qualified with the 82nd Airborne Division.

There is an unquestionable age difference between Frisby and his teammates. Every now and again, you see some kid try to make it in baseball, but he can't handle an AA curveball. Quarterbacks Chris Weinke and Matt Mauck each led their team to National Championships after dabbling in baseball. Weinke was 28 years old and Mauck was 25.

Frisby, however, graduated high school before most of his teammates were born. He defended the United States against Saddam Hussein in Desert Storm before some of his teammates entered elementary school. He also served in Kosovo before most of his teammates hit puberty. He's older than many of his coaches and 1988 Heisman Trophy winner Tim Brown. No wonder why they call him "Pops."

See *Frisby*, Page 17

Fall begins to paint colorful portrait of nature

By Monte Metzger
DES, Conservation Division

Busy schools and raucous football crowds hint that autumn colors are not far away. The lower temperatures becoming more frequent forecast brilliant displays of fall foliage.

The change in tree leaf color during the fall is a complicated process not yet fully understood by scientists. It is known that leaf color change is related to basic tree metabolism.

Green pigments called chlorophylls convert sunlight, nutrients and water into the energy required by trees to survive and grow.

Leaves also contain yellow, orange or brown pigments called carotenoids throughout the summer. However, the green pigment chlorophyll masks these colors because chlorophyll dominates leaves throughout the growing season.

During the fall, chlorophyll production ceases, and its green color fades away. Then the yellows, oranges and browns that were hidden all summer emerge.

The brilliant pinks, reds and purples associated with fall color originate from another source. Pigments called anthocyanins form in the cell sap of a few

On the Wildside: News About Nature

species during the late summer and early fall. Declining chlorophyll production, the resulting sugar breakdown, nutrient transfer and weather conditions combine to produce these pink, red and purple pigments.

Sweetgum and maples are trees that produce this type of pigment and exhibit fantastic fall coloration.

Year to year, the quality of fall color varies widely in any region. Peak fall colors occur when the weather is warm and sunny during the day and cool, but not freezing,

at night. Early freezes often kill the leaves and cause them to turn brown to black.

Yellow and brown leaf colors are less affected by weather, but red shades are heavily influenced by sun exposure and air temperature during the day and night. Other factors that affect fall color include moisture, day length, tree genetics, site characteristics, latitude and altitude.

Areas famous for fall color, like New England, contain trees like sugar and red maples that display

play breathtaking pinks, reds and purples in great abundance. Most of the native trees in Kansas, like the oaks, elms, hackberry, cottonwood and black walnut, exhibit fall colors that are generally yellow, orange or brown.

Brilliant reds and purples can be found locally in shrubs and vines like smooth sumac, Virginia creeper and poison ivy. When combined with the yellows and oranges of local trees, the effect is quite striking.

Visitors to Fort Riley's woodlands and prairies this fall can expect a hazy landscape splashed with a dramatic rainbow of color.



Flaggers

continued from page 15

Two penalties set HHB back 30 yards, but they managed to run the ball to the 1-yard line, then punching across the final stripe for another touchdown. One last shot, a Hail, Mary pass by Btry. C, was intercepted by HHB.

Members of the Btry. C team said that lack of teamwork was their main problem in the game. "We need to work together more as a team. We don't seem to be reading each other," said team member Derick Thompson. "We beat ourselves," said teammate Rubin Benford. "We need to improve on our defense and work together more."

Teamwork, on the other hand, was the key to HHB's success, said Coach Andrew Jaworski. "We finally played together. Our offense communicated with each other, and the defense was holding their zone," he said.

Touchdowns

HHB, 4th Bn., 1st FA
George Dady (1)
Jeffrey Rini (2)
Carlos Maniguatt (1)

Btry. C, 4th Bn., 1st FA
Anthony Mayfield (1)
Rubin Benford (1)

Editor's note: No games were scheduled in the Southern League until Oct. 4. Those games will appear in next week's Post.

The 977th MPs have dropped from the Southern League and the 24th Transportation Company has joined.

Northern League Standings

(as of Sept. 28)

Team	W	L
A-1-41 Inf.	1	1
HHB, 125th PSB	4	0
C-4-1 FA	1	3
HHC, 2-70 AR	0	4
A-2-34 AR	3	1
HHB, 4-1 FA	1	2
342nd MP	2	1

Southern League Standings

(as of Sept. 22)

Team	W	L
10th ASOS	2	0
596th Signal	1	1
HHB, 24th ID	2	0
USA MEDDAC	2	0
Det D, 15th PSB	0	2
568th CSE	0	2
523rd MP Co	1	2
300th MP Co	1	1
977th MP Co	0	1



Fort Riley Middle School defensive coach Lem James talks strategy with the Troopers' defensive squad between the first and second quarters.

Troopers

continued from page 15

would-be Eagle tacklers and sprinted along the left sideline to score and push the Troopers' lead to 14-0 at the end of the first quarter.

The Eagles owned the second quarter. The visitors rallied behind Taylor Hawk's 2-yard touchdown run and Wright's 38-yard sweep around left end to close within two points of the Troopers' lead at halftime.

The Troopers overcame a second half riddled with penalties and turnovers. Referees flagged Fort Riley eight times and penalized the Troopers 50 yards while the Eagles were whistled for five penalties costing them 30 yards.

After showing an aerial attack in the first half, the Troopers kept the ball on the ground and the clock running during the second half. Fullback Calvin Boston, Birchmeier and Toombs teamed

for 16 carries during their three positions after halftime to lead the Troopers' offensive attack.

Boston led Fort Riley's rushing attack, carrying nine times for 31 yards. Toombs led the Troopers with 160 total yards with an 85-yard punt return combined with six rushes for 19 yards and three receptions for 56 yards and two touchdowns.

Birchmeier completed five of 13 passes for 66 yards, one touchdown and two interceptions.

Wright led Manhattan with 95 yards on the ground on nine carries. He also completed three of eight passes for 33 yards and one interception. Eagles' speedster Ricco Hall amassed 177 total yards for the game. He rushed for 61 yards on 13 carries and had 116 return yards for the Eagles.

"Coaching football at this level is great," Elnor said. "Fort Riley

coaches like Lem James, Chad Plummer, Vic Garcia and Mike Whaley understand every game is Superbowl Sunday for these young players."

Scoreboard

Eisenhower	0	12	0	0	12
Fort Riley	14	0	0	0	14

First Quarter

FR - Toombs, 25-yard pass from Birchmeier (2-point conversion, Nangle pass from Birchmeier), 3:46

FR - Toombs, 85-yard punt return (extra points run failed), 0:29

Second Quarter

ME - Hawk, 2-yard run (extra points run failed), 5:16
ME - Wright, 38-yard run (extra points run failed), 1:13

The Troopers' multi-purpose back, Chris Toombs, returns an Eagle punt 85 yards Sept. 30 to give the Fort Riley Middle School team a 14-0 lead in the first quarter of their home game. Toombs amassed 160 total offensive yards in the game.

Post/Hardesty



Sports fitness

Injury prevention key to healthy running

Physical Therapy Staff
IACH

The weather is beautiful, and the Army Physical Fitness Test is looming. Runners appear in increasing numbers outside once again. Whether it is due to the impending Army Physical Fitness Test or just the beautiful weather, many of us feel compelled to run in the great outdoors.

Running injuries are commonly caused by training errors.

Training errors come in many forms, including undergoing a significantly new or changing exercise program, rapidly increasing the training program (frequency, distance, duration, or intensity), insufficient rest periods between bouts of running (over-training) and inappropriate footwear.

Rapidly increasing a physical training program and taking insufficient rest periods between exercise bouts, or over-training, overwhelm the body tissues' ability to repair. The result is inflammation and pain.

In order to avoid complications from such training errors, runners should gradually increase frequency, distance, duration and intensity of their running program. Those who have not run for a period of time because of lack of motivation or injury should not immediately return to running at the same pace and distance they were running before the hiatus from the jogging trail.

Also, the body needs a recovery period between bouts of high-impact exercise, such as running. Those who must exercise every day should alternate between a high- and low-impact activity, such as biking, swimming, ski machine or stair stepper machine. Running every day all too often results in overuse injuries.

Inappropriate footwear ranges from wearing court shoes for jogging to wearing jogging shoes that are kept beyond their usefulness.

Only jogging shoes should be used for jogging. They are designed to support and cushion the foot throughout the thousands of impacts the foot makes while jogging.

Although the materials used in many jogging shoes today are almost indestructible, this does not hold true for the midsole of the shoe (the main component to absorb shock). Even though the shoe may hold together and look relatively decent for a year or much longer, the midsole loses its shock-absorbing capacity as the miles accumulate.

Generally, if you run two to three miles three days per week, it is wise to change shoes every six to nine months. Many individuals just make it a habit to get a new pair of shoes after each semi-

annual Army Physical Fitness Test.

The most common running injuries include stress fractures, Achilles tendonitis, patellar tendonitis, patellofemoral pain syndrome (pain around and under the kneecap), and iliotibial band syndrome (pain along the outside of the knee).

Running three to four days a week is sufficient to maintain cardiovascular fitness. Exercise on days between running should be low impact (swim, bike, ski machine, stair machine, etc).

How long a person runs is up to the individual runner, but research shows that, as the distance and duration increases, injury rates increase.

Deciding which is the best jogging shoe to buy depends on the individual's foot type. An individual with a flat foot/excessive pronation needs a "motion-control" shoe, while an individual with a neutral or "normal" arch needs a "stability" or "cushioned" shoe. An individual with a "high" arch/excessive supination needs a "cushioned" shoe.

A good source for information about selecting the right shoe can be found on the Web at <http://www.runnersworld.com> under the "Shoes & Gear" tab and then selecting the "Shoe Finder" section.

Also, the Main Post Exchange shoe department has information on running shoes for different foot types, and the shoes are marked by type with a tag ("M" - Motion Control, "C" - Cushioned, "S" - Stability).

Anyone who develops a running injury should not try to run or work through the pain. An injured runner should take 10 days to two weeks off from running, use ice, and definitely evaluate their shoes to see if it is time to get a new pair. Sometimes just changing shoes makes all the difference.

To prevent injuries, always warm-up and stretch before running. To warm-up, walk at a brisk pace or a very slow jog for five minutes. Stretch the major muscle groups (calf, hamstring, quadriceps and hip flexors) 30 seconds each.

Latest research shows that a stretch should be held 30 seconds and repeated several times in order to increase flexibility. Stretches held 15 seconds do not improve flexibility.

Runners must also remember to adhere to post regulations. Those regulations require runners to wear reflective material during hours of darkness or reduced visibility, to run on sidewalks when they are available and not wear headphones or earphones when crossing streets or when running in the street.

PRAIRIE HAWK CYCLE & LEATHER,
1 x 1.5"
Black Only
1X1.5 OCT '04 TF

COTTONWOOD THEATERS
1 x 3"
Black Only
1X3 COTTONWOOD TF
03543614 SR

Blank advertisement space.

KANSAS PRESS
2 x 2"
Black Only
CFI/10-5, 10-6 & 10-8

KANSAS PRESS
2 x 2"
Black Only
Plant: Mech/10-5, 10-6 & 10-8

FIRST BANK
2 x 5"
Black Only
2X5 LOAN SPECIAL

KANSAS PRESS
3 x 5"
Black Only
FOOT/Click it



Post/Blackmon

Kansas State University midfielder Andrew Brautijam wards off an attack from Kansas University midfielder Adam Kaba during the Tillar Class Oct. 1 at K-State. K-State lost to the Jayhawks, 8-3.

Frisby

continued from page 15

So, there's little doubt why "The Legend of Frisby" is growing by the minute. "Pops" has six children - the oldest is 16 years old, the youngest is 6 months - and he carries a 3.8 grade point average in broadcast journalism. Depending on which Gamecocks fan you talk to, Frisby can also leap tall buildings in a single bound. He has X-ray vision and can run faster than a speeding bullet. Of course, Frisby can also fly and dogs love catching him in the air. Well...I made that last one up.

Despite the blurring line between fact and fiction, the Gamecocks have an inspirational leader. He's a great example of mind over matter and can help teach the young guys - even the

seniors - what it's really like in the real world. No football game will ever teach them that.

This story should bring a tear to the Army's collective eye. This is not about free publicity; it's about raising a 19-year-old young man into a leader. He may inspire an Army unit or a 105-man football team. Isn't that what the Army is all about?

Not surprisingly, movie producers have already started knocking on his door to discuss a script. "Fris-bee! Fris-bee! Fris-bee!"

Oh yeah, by the way, the Gamecocks beat Troy, 17-7, Sept. 25.

Chris Walz is a staff writer for the Pentagram newspaper at Fort Myer, Va.

K-State sports



K-State (2-2, 0-1) at KU (2-2, 0-1)

When: Oct. 9
Kickoff: 6:20 p.m.
TV: none

Radio: Mid America Sports Network, 29 affiliate stations; Junction City on 1420 AM, 102.5 FM; Manhattan on 1350 AM, 101.5 FM, 102.5 FM

Internet: www.k-state-sports.com. Click the "Live" button at the top of the page and mouse down to "Live Football."

This is the 102nd Sunflower Showdown, one of the longest-played rivalries in college football. In the series, the Jayhawks

hold a 61-35-5 all-time edge. The Cats bring an 11-game winning streak into this year's showdown and have outscored KU by a combined total of 460-97 during the streak.

K-State lost to Texas A&M last week, 42-30, while the Jayhawks come off a 14-8 loss against Nebraska. Both teams are looking for their first conference win of the season.

All volleyball games will be played at Ahearn Field House. Rugby games will be played at K-State's Old Stadium.

Oct. 9 - Volleyball vs. Texas, 7 p.m.

Oct. 13 - Volleyball vs. Nebraska, 7 p.m.

Oct. 16 - Rugby vs. Kansas, 1:30 p.m.

Volleyball tickets are available by calling 1-800-221-CATS, or may be purchased at the door. Tickets are \$5 for adults and \$2 for children.

Rugby games are free to the public.

Lieutenant leaves legacy

K-Staters keep Tillar's passion alive with annual 'Classic'

By April Blackmon
Staff writer

While stationed at Fort Riley in 1990, 1st Lt. Donaldson Tillar III revolutionized K-State lacrosse. As K-State's first lacrosse coach, he had a passion for the sport and helped the infant team blossom. More than a decade later, lacrosse players past and present are still influenced by his teachings.

"Donnie was a true hero. He has inspired people to dig deep and find a fire they were unaware of," said former team member Jed Dunham.

A former West Point lacrosse player, Tillar's expertise was a strong asset to the team.

"He knew so much more about the game than any of us. He transformed K-State lacrosse into the program it is today. He taught us the sport that we love, and we honor him for that," said former team member Brandon Aslin.

Playing lacrosse under Tillar's wing was an honor for team members, said former K-State player Jay Sweet.

"We played our hearts out for him. It brings a tear to my eye when I remember how hard we

played for him. When Donnie was behind you pushing, you did more, you pushed harder. He was the stuff legends are made of. He just had it. He was just unbelievable as a leader," he said.

Duty called Tillar into action in December 1990 to support the Gulf War efforts. He was killed when his Black Hawk was shot down Feb. 27, 1991 - the day Kuwait was declared liberated.

"We all thought that he was on his way home because of the truce," Aslin said.

"We were devastated, he was the father figure of the team. We lost the person that we all respected and aspired to be like. I think a lot of us are still waiting for him to come home," he said.

Determined to never forget Tillar's efforts to the lacrosse team, the team established the annual Donnie Tillar Lacrosse Classic tournament in 1993.

"We wanted to establish an annual tournament in his honor to recognize what he brought to us and K-State. Kansas is not a hot bed for lacrosse, but the sport is starting to take off and this tournament helps in promoting lacrosse," Aslin said.

The tournament, now 11 years

old, has become a part of K-State lacrosse tradition, just as the name Donnie Tillar has.

"Coach Donnie Tillar is K-State lacrosse. We want his name associated with K-State lacrosse forever. We want to be able to tell every new player to KSU about our history and what a significant part of it is credited to Coach Tillar - the Tillar tournament helps to do this," Aslin said.

In addition to the tournament, various alumni, including Dunham, have become coaches and are dedicated to spreading the messages of Tillar's teachings - patriotism, team, dedication and honor.

While teaching at a lacrosse camp in July in Virginia, Dunham said he met a boy whose mother went to school with Tillar at West Point.

"We were able to share some good moments after the session about Donnie and I was struck by how small the world is and how it all comes back around," he said.

"I was coaching in large part because of the experiences I had while playing for Donnie, and this 12-year-old was playing lacrosse because his mother had proud memories of Donnie, and on a

AMERICAN LEGION POST #17
1 x 2"
Black Only
1X2 AM LEGION BINGO A D

SCREEN MACHINE
2 x 2"
Black Only
2x2SCRNMACHINE03543496 (TF)

KSU DIVISION OF CONTIN. EDUCAT
3 x 9"
Black Only
3X9 KSU CONT ED A D

HOMESTEAD AUTO
1 x 1"
Black Only
1x1HMSTDAUTO03543482 (TF)

DESIGNING WOMEN'S WEIGHT LOSS
2 x 3"
Black Only
2X3DESIGNINGWOMNO3543541

FIRST PRESBYTERIAN CHURCH
1 x 2.5"
Black Only
1X2.5 1ST PRES 03541982

ACTION TIRE
2 x 5"
Black Only
2x5ACTIONTIRE03543449 (TF)

MAIN STREET CAFE
1 x 3"
Black Only
1x3mainStcafe03543789





AFPS/Miller

Sgt. 1st Class Surce Valenzuela, supply sergeant for HHC, 1st Cavalry Division, casts a line at Camp al-Tahreer in Baghdad. The man-made lake was once part of Saddam Hussein's private hunting reservation. It has since become one of the largest overseas American military bases built since the Vietnam War. Sporting goods companies from Alabama donated more than 500 pounds of fishing equipment to Soldiers stationed there.

Donated tackle helps Soldiers fish in Iraq

Saddam's private lake yields large catch

By Andy Miller
AFPS

BAGHDAD, Iraq — The large man-made lake between Camp al-Tahreer and Camp al-Nasr in Baghdad was once stocked with fish as part of Saddam Hussein's private hunting reservation. It has become one of the largest overseas American military bases built since the Vietnam War.

Though the lake is no longer stocked, the 1st Cavalry Division soldiers stationed in the area have found that fishing season is still open. The division's fishing fanatics and amateurs who fish this lake received a boost recently when an Alabama sporting goods company collected hundreds of rod and reel combos and thousands of fishing accessories for donation to the Soldiers.

The gear started arriving last June when the parents of 1st Lt. Kevin Black, executive officer for 1st Cavalry Division's Headquarters Company, contacted Simmons Sporting Goods Co. of their hometown of Birmingham. When company officials heard Soldiers in Iraq had a place to fish, they immediately donated about 20 rod and reel combos with about 200 lures from their shop, Black said.

Simmons then went on to contact equipment distributors and other fishing supply companies that, in turn, donated more than 200 rod and reel combos and more than 1,000 lures with hooks, line, tackle boxes and other fishing equipment. The store also designed a custom "Fishing Iraq" T-shirt and donated 450 of them for the Soldiers.

All told, more than 500 pounds of fishing equipment and paraphernalia valued at several thousand dollars was shipped from Birmingham to 1st Cavalry Division Soldiers. "It really shows that the folks back home really support what we're doing over here," Black said.

Sgt. 1st Class Stephen Sanders, a 1st Cavalry Division headquarters platoon sergeant, fished the lake every day when he first arrived at al-Tahreer. He said the fishing equipment donation is a tremendous morale booster for the troops.

"I was highly impressed that they sent so much. They didn't send just 10 fishing poles — they sent 200 fishing poles, thousands of hooks and lures. It was awesome," Sanders said. "You know they're not sending all those supplies for publicity. You know they're actually doing it for dedication and support of the troops."

Black and other Soldiers from Headquarters Co. devised a system where Soldiers can borrow the fishing gear by signing it out from the company's supply room. The Soldiers plan to expand the equipment sign-out system to the nearby Morale, Welfare and Recreation tent and might sponsor a fishing tournament where participants can receive a "Fishing Iraq" T-shirt.

"(The donation) gives all the Soldiers the opportunity to fish on their time off," Sanders said. "You can't go find hooks and lures at

(the post exchange). They don't have the supplies that you need to go fishing. Being right beside the nicest lake, probably in Iraq, it's hard to know the fish are there and not be able to fish."

Black said he encourages Soldiers to try their hand at the Iraqi lake, even if they've never fished before. "We had a sergeant in here today who had never gone," Black said. "He went out there and caught a crab. He just had a few minutes after he got off shift last night. There's no telling what you'll catch out of that lake."

Black himself caught a 38-inch long fish of unknown species a few months ago.

Spc. Andy Miller is assigned to the 122nd Mobile Public Affairs Detachment.



AFPS/Miller

1st Lt. Kevin Black shows off a fish he caught at Camp al-Tahreer in Baghdad, Iraq.

KANSAS PRESS
2 x 2'
Black Only
Barricade/10-5, 10-6 & 10-8

TIME OUTLOUNGE
2 x 4'
Black Only
2x4 time out 10/3 03543773 m

KANSAS PRESS
2 x 4'
Black Only
Barricade/10-5, 10-6 & 10-8

Custer Hill Lanes Bowling Results

(As of Sept. 29)

Friday Night Mixed League			High Series Handicap-To Date	
Team	Points Won	Points Lost	Team	Score
Red Dog Express	9.0	3.0	Team 9	2,401
Team 10	9.0	3.0	Team 10	2,390
OSIMA	8.0	4.0	Officers' Wives Club League	
Team 9	7.0	5.0	Queen Pins	6.0 2.0
TGIF	6.0	6.0	Team 8	5.0 3.0
Only On Fridays	6.0	6.0	The Hot Flashes	4.0 4.0
More Alcohol Please	5.0	7.0	Babes With Balls	4.0 4.0
Crazy Eights	5.0	7.0	Granmas On A Roll	3.0 5.0
SE Strike Force	5.0	7.0	Strike Force	3.0 5.0
Team 1	4.0	8.0	Bowidacious Babes	2.0 2.0
Team 5	4.0	8.0	Team 4	1.0 3.0
Team On A Mission	4.0	8.0	High Game Handicap-To Date	
Team 13	2.5	1.5	Babes With Balls	618
Team 14	1.2	2.5	Queen Pins	618
High Game Handicap-To Date		Score	High Series Handicap-To Date	
		946	Granmas On A Roll	
		862	The Hot Flashes	
			1,700	
			1,686	

MILITARY OUTLET

3 x 3"
Black Only
3X3MILTYOUTLT03543488(TF)

FAITH FURNITURE

3 x 14"
Black Only
3x14 Faith Furniture ad







Travel & Fun in Kansas

Leisuretime ideas

Jewell:

Corn Show — Annual event for 50-plus years; exhibits of flowers, crafts, quilts, crops, soup supper, football game, fun run, parade, BBQ, road rally, and talent show; 3:30 to 8:30 p.m. Oct. 7 and 9, 1 to 5:30 p.m. Oct. 8; downtown.
For more information, (785) 428-3600 or visit www.kwsa.org/towns/jewell on the Web.

Ellsworth:

C.O.W.B.O.Y.S. Fall Roundup — Old West Cowboy camp at the End of the Trail in Ellsworth; 6 to 11 p.m. Oct. 8 and 8 a.m. to 11 p.m. Oct. 9; Kansas Highway 14 and W. Douglas.
For more information, (785) 472-4071 or visit www.kwsa.org/towns/Ellsworth on the Web.

Junction City:

Kansas State Red Power Roundup and International Harvesters Reunion — Annual event; International Harvester tractors, equipment, collectibles, trucks, Scouts on display, swap meet, arts, crafts, antiques and vendors; 8 a.m. Oct. 9 and 3 p.m. Oct. 10; Geary County Fairgrounds.
For more information, call (316) 746-2593.

Salina:

Show and Tractor Pull — 25th annual, demonstrations of rural and agricultural lifestyle, including running sawmill, wheat and corn harvesting, antique tractor pull and re-enactments; 7 a.m. to 5 p.m. Oct. 9-10; 1100 W. Diamond Drive, Yesteryear.
For more information, call (785) 825-8473 or visit www.yesteryearmuseum.com on the Web.

Arkansas City:

Stone Bridges of Cowley County Tour — Visit historic stone bridges, chuckwagon dinner, artwork, and photo opportunities with Gary and Shannon Gackstatter. Occasionally barns included; 9:30 a.m. to 3:30 p.m. Oct. 9-11; 525 N. Fourth, Denton Art Center.
For more information, call (620) 442-5895.

Newton:

Taste of Newton — Kick-off event to Bethel College Fall Festival with more than 70 food vendors and entertainment; 6 to 9 p.m. Oct. 7; downtown.
For more information, call (316) 283-2560 or (800) 868-2560 or visit www.mfnetwork-towns.org on the Web.

Bethel College Fall Festival — Entertainment, arts and crafts, lectures, college booths, sports, food, children's activities, and alumni events; 9 a.m. to 4 p.m. Oct. 9; 300 E. 27th St., Bethel College Campus.
For more information, call (316) 284-5252 or visit www.bethelks.edu/alumni/fallfest/ on the Web.

Wichita:

Tallgrass Film Festival — Independent filmmakers from around the world showcase their work along with local and regional filmmakers; 5 p.m. to midnight Oct. 7-8, 11 a.m. to 11 p.m. Oct. 9 and 11 a.m. to 7 p.m. Oct. 10; various locations.
For more information, call (316) 650-6431 or visit

www.tallgrassfilmfest.com on the Web.

Mulvane:

Octoberfest at the Winery — Wines, cheeses, and celebration; 10 a.m. to 9 p.m. Oct. 9; 951 E. 119th St., Wyldewood Cellars Winery, Peck.
For more information, call (316) 554-9463 or (800) 711-9748 or visit www.wyldewood-cellars.com on the Web.

Fairway:

Fall Festival — Living history re-enactments, 1880s music, craft booths, children's activities, quilt show and building tours; 10 a.m. to 5 p.m. Oct. 9, campfire 7 p.m. Oct. 9 and 10 a.m. to 4 p.m. Oct. 10; 3403 W. 53rd Shawnee Indian Mission State Historic Site.
For more information, (913) 262-0867 or visit www.kshs.org on the Web.

Paxico:

Polka Fest — Crafts and live entertainment all day; Oct. 10; downtown.
For more information, call (785) 636-5544.

Columbus:

Hot Air Balloon Regatta — Enjoy being up close to 20 hot air balloons, balloon glow and three races, weather permitting; evening glow Oct. 8, dawn and 5 p.m. Oct. 9 and 10; U.S. Highway 69 and Merl Evans Drive, Industrial Park.
For more information, call (620) 429-1492 or visit www.columbus-ks.com on the Web.

Columbus Day Festival — 1880s square with arts and craft fair, antique appraisal fair, car show, quilt show and entertainment; 9 a.m. to 4 p.m. Oct. 9, downtown square.
For more information, call (620) 429-1492 or visit www.columbus-ks.com on the Web.

Bonner Springs:

Kansas City Renaissance Festival — Enchanting outdoor fall festival depicting 16th century European village complete with 13 stages of entertainment, food and 500 costumed characters; 10 a.m. to 7 p.m. on weekends, and Columbus Day through Oct. 17; 628 N. 126th St.
For more information, call (913) 721-2110 or (800) 373-0357 or visit www.kcrenfest.com on the Web.

Lawrence:

Indian Art Show — Juried competition featuring two- and three-dimensional artwork by contemporary American Indian artists from across the United States; works include pottery, paintings, drawings, jewelry, dolls, baskets and textiles; 1 to 5 p.m. Oct. 10 and 9 a.m. to 5 p.m. Oct. 11; 940 New Hampshire, Lawrence Arts Center.
For more information, call (785) 843-2787 or visit www.visitlawrence.com on the Web.

Grantville:

Fall Festival — Corn mazes, corn cannons, bonfire, pumpkin patch, bands, pumpkin painting, Halloween hay rides; 8 a.m. to 10 p.m. Oct. 13 through Nov. 7; 8 miles east of Topeka Boulevard on U.S. Highway 24, south on Decator Road.
For more information, call (785) 863-3072 or (800) 896-3198.

Stay In Step with Fort Riley

See what's happening on Fort Riley cable Channel 2 every day at 6:30 a.m., 8 a.m., noon, 6 p.m. and 10 p.m.

Local concert to honor troops

Country star Sean Locke, other Kansas artist to perform

Special to the Post

Nashville recording artist and Jola, Kan., native Sean Locke will perform at the PROJECT COMFORT U.S. Soldier Appreciation Concert in Manhattan Oct. 8. The event will be from 5 to 8 p.m. at Anneberg Park and is free and open to the public. Sean

Locke and his guitarist, Chris Frame, will perform an acoustic set from 6 to 6:30 p.m. Other scheduled performers include Kansas artists Pete Gile and Robert Hildreth. Complimentary food and drinks provided by a local steakhouse will be offered to all event attendees. Sean Locke is on a radio tour

supporting his debut single, "Don't Look Away," which is beginning to attract national attention with airplay on more than 100 country stations, including several stations in Kansas. His previous writing credits include the hit "Barbed Wire & Roses" and songs recorded by Gary Allan, Bruce Robison and

Kieran Kane. Sean Locke is finishing work on his full-length CD release, produced by five-time Grammy-winning producer Brent Maher (The Judds, Kenny Rogers, Shelby Lynne). For more information on Sean Locke, please visit his Web site, www.seanlocke.com.

Capitol idea



William C. Mathia (at podium), a pro-slavery legislator played by John Triplett, counters a protest from free-stater Judge Wakefield (standing at left), played by Ron Harris, during a June 5 re-enactment of a legislative session at the First Territorial Capitol of Kansas on Fort Riley. The meeting included free-staters S.D. Huston (left), played by Doug Engstrom and John Hutchinson (second from left), played by Brian Stoddard, the speaker of the house (seated center), played by Eric Childs, and Gov. Reeder (seated right), played by Eric Stahl. The old capitol building features a museum of era artifacts on the ground floor and the meeting room on the top floor where the re-enactment was staged. Some re-enactors repeated the session during Fort Riley's open house Oct. 2.

Museum offers anti-slavery era history

By Amanda Wiltse
KSU intern

If you go:

Where: The First Territorial Capitol is located on Huebner Road between the Main Post of Fort Riley and the Ogden gate.
When: The museum is open on weekends.
Admission: No admission is charged, but donations are accepted.
Tours: For information about tours, call 784-5335 or 238-1666.

Although once envisioned as the site for Kansas' permanent capitol, the small and isolated stone structure on Fort Riley's Huebner Road near the Ogden gate might seem more like abandoned building than a historical treasure. However, the fully restored building that temporarily served as the state's first capitol is a popular stop for tourists.

Some early legislators thought Kansas' first capitol would better serve the state if it were located on the site of the now extinct town of Pawnee. Pawnee was situated in a heavily populated area with the fort nearby. A two-story native limestone building was built in Pawnee to be Kansas' first capitol.

The first and last Kansas Legislature meeting to take place in the capitol building convened before the building was finished. Carpenters worked around the clock to finish it, but the building's floors were not nailed down and the tables and chairs consisted of converted kegs and boxes. Although the capitol was only partially finished, the Legislature convened, said Fort Riley Regimental Museum Curator

William McKale.

The main topic of the meeting pertained to slavery. Although most Kansas citizens wanted to remain free from slavery, some Missourians crossed the border into Kansas to vote for pro-slavery issues. Most of the men attending that first meeting of the Legislature were sympathetic to the pro-slavery movement and were interested in advancing slavery farther into Kansas.

Once Jefferson Davis, the secretary of war, learned the circumstances of the meeting, he quickly halted all activities in the

capitol and ordered it to be moved, McKale said.

"He was concerned that this was an anti-slavery center," McKale said, so the capitol was temporarily moved to the Shawnee Methodist Mission in Johnson County. The capitol's site experienced a few other changes before finding permanent residence in Topeka.

After the capitol's relocation, Fort Riley annexed the Pawnee site during an expansion in October 1855. The Army gave the remaining citizens their notice of evacuation and by Oct. 10, Pawnee was vacated and the state's first capitol building was left empty.

The old capitol was left unused until 1928 when the Pacific Railroad restored the deteriorated building. In 1957, the building was slated to be demolished because of budget cuts, but was saved by activists and supporters of the building.

The next narrow miss came in 1996 when another round of budget cuts once again slated the capitol to be closed. Again, fans of the site came to the building's rescue, and it now stands as it did more than a century before. It also houses historic exhibits on the ground floor and offers a unique meeting hall on the top floor.

Russian company to present opera

The Stanislavsky Opera Company brings Verdi's tragedy, "La Traviata," to life at 7:30 p.m. Oct. 7 as part of the McCain Performance Series at Kansas State University. "La Traviata" is one of the most frequently produced operas of all time. Translated as "The

Fallen Woman," it is set in Paris and contains some of opera's all-time favorites arias. Tickets for the performance can be purchased on the Web at www.k-state.edu/mccain or by calling the McCain box office at (785) 532-6428 weekdays between noon and 5 p.m.

ITR offers special deals

Halloweenkends at Worlds of Fun run through Oct. 31. Trick-or-Treat Town promises a bag full of goodies for children. Plus, there are live shows for all ages. Get details at ITR.

McCain Auditorium will admit military families to the 8 p.m., Nov. 20 performance of "Grease" for \$7 when showing an ID card.

