



# WIC WANTS YOU TO ENJOY THE REWARDS OF GOOD NUTRITION

Who: Pregnant/Postpartum Women  
Infants and Children under 5 years

What: Nutrition Education and Monthly Vouchers for Nutritious Foods

You May be ELIGIBLE if you:

- ✓ Live in Kansas
- ✓ Meet the income guidelines below:



Family Size	Income*
1	\$16,613
2	\$22,422
3	\$28,231
4	\$34,040

For each additional family member, add \$ 5,809.  
Pregnant women may count their unborn child in the family size.  
*\*Guidelines effective 5/03-05/04*

- ✓ Are determined by WIC Staff to have a medical or nutritional need.

To see if you qualify, call now for YOUR appointment

Riley and Pottawatomie Counties  
 (785) 776-4779 ext. 247 or 248  
 Riley County Manhattan Health Department  
 2030 Tecumseh Road  
 Manhattan, KS 66502

Fort Riley  
 (785) 239-5730  
 Soldier and Family Support/WIC  
 Building #7264  
 Ft. Riley, KS 66442