

Client Services

Infant Care Classes

Classes provide parents with an understanding of the infant's world along with basic skills necessary to care for the infant.

Parenting Classes

Classes provide "hands on" information for parents to make informed, responsible decisions about their toddlers and young children.

Referrals

Assistance with information and referrals can be provided to help you find the appropriate military and community services to meet your family's needs.

Playmorning

Playmorning is an interactive playgroup designed to teach parents developmentally appropriate play and to help children improve their social cognitive and motor skills.

Home Visits

This is a chance to form a warm, caring bond with a professional who can talk about your concerns as a parent or parent-to-be in the privacy of your home.

(785) 239-5693

Why Get Involved?

- ☺ To become more confident as a parent
- ☺ To understand the ages and stages of your child's development in order to make wise choices
- ☺ To develop a support system
- ☺ To lessen stress
- ☺ To improve communication between you and your spouse
- ☺ To learn why kids do what they do
- ☺ To develop common ground with your spouse in the area of parenting
- ☺ To improve your relationship with your children
- ☺ To develop new friendships
- ☺ To make parenting fun
- ☺ To be a better parent to your children
- ☺ To feel more at home in the military community



**NEW
PARENT
SUPPORT
PROGRAM**



785-239-5693



Who Are We?

A The New Parent Support Program (NPSP) is a team of Social Workers who provide supportive and caring services to military families with children from pregnancy to six years of age.

These professional home visitors are sensitive to the unique challenges and stressors facing military families today.

Through a variety of services, including Home visits, support groups, parenting classes, and playmornings, the New Parent Support Program (NPSP) will help you learn to cope with stress, isolation, deployments, post-deployment reunions and the everyday demands of parenthood.

This voluntary participation program was developed to assist military families in many ways that family and friends often do when you're back home.



Who is eligible for this program?

A Army families and other military families expecting a child or with children from birth to six years of age are eligible to participate free of charge in all available services.



What can the New Parent Support Program do for me?



A This program offers expectant Parents and parents of newborns, toddlers and young children the opportunity to learn new skills as parents and to improve old ones. There are often many questions about the needs of infants, toddlers and young children. The New Parent Support Program (NPSP) is a reliable source for answers to your questions in the privacy of your own home.



What if we're not new parents?



A Even if you've been raising your Family for a few years, new ages and stages bring different challenges. The New Parent Support Program (NPSP) offers you an opportunity to express your concerns and ask questions about babies, toddlers and young children.



So how do we enroll?



A It's as easy as dialing your phone. Just give the New Parent Support Program a call during regular business hours, Monday – Friday 7:30 a.m. – 4:30 p.m. at 785-239-5693. We are located in the Soldier & Family Support Center, building 7264, on Custer Hill.



What if this isn't our first baby?



A Often adding a brother or sister to The family presents a real change in the family. Demands on your time are different with more than one child in your house.

The New Parent Support Program (NPSP) helps develop support networks and answers questions while your family experiences these changes. Sometimes even the marital relationship is stressed. We can help you to address some of the issues and open the lines of communication.



When will you come to our home?



A Home visits are arranged, at your Convenience. Visits can range from weekly to monthly based on family needs. Visits can be scheduled so that both parents can be present. Becoming a parent involves constant learning and skill building to care for the needs of your growing family.